

BJBE HIGH HOLY DAYS 2023/5784

HIGH HOLY DAYS FOOD DRIVE

Every year during the High Holy Days, BJBE collects food for The ARK, an organization that helps thousands of Chicago area Jews navigate toward self-reliance.

Donations for The ARK can be brought to BJBE between the first day of JLC (September 9th, 2023) and Yom Kippur (September 25th, 2023) and dropped off in the designated pod in our parking lot.

SHOPPING LIST

CANNED GOODS

- Bush's or Heinz Vegetarian Baked Beans
- Canned Tuna
- Dole/Del Monte Peaches, Pineapple, and Pears (regular and sugar free)
- Gefilte Fish
- Goya Canned Beans
- Green Giant Peas, Corn, and Green Beans
- Manischewitz Canned Soup

CONDIMENTS AND SIDES

- Applesauce
- Barilla Pasta Sauce (meat free)
- Canola Oil, Vegetable Oil, and Olive Oil
- Crackers (12/14 oz. boxes)
- Honey
- Hunt's or Red Gold Tomato Sauce
- Jif/Skippy Peanut Butter
- Ketchup
- Mustard

GRAINS

- Cereal
- Couscous
- Quinoa
- Pasta
- Wacky Mac Mac & Cheese
- White Rice

HOUSEHOLD PRODUCTS

- Bath Tissue
- Disinfecting Wipes
- Facial Tissue
- Paper Towels
- Sponges
- Sunscreen

PERSONAL CARE PRODUCTS

- Antiperspirant
- Alcohol-Free Mouthwash
- Baby Wipes
- Children's Diapers sizes 4, 5, 6
- Full-sized Body Wash, Shampoo, and Conditioner
- Toothbrushes
- Toothpaste (full-sized tubes)

The Ark's food pantry distributes kosher food, household essentials, and personal care items. **All food donations must be certified kosher and have six months before expiration.**

Thank you for your generosity!