

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|---|---|--|--|
| 1 New Year's Day <i>Building Closed</i> <i>JLC Winter Break</i> | 2 Federal Holiday <i>Building Closed</i> <i>ECC Winter Break</i> | 3 7:30pm Shabbat Shirah Choir Rehearsal <i>ECC Winter Break</i> <i>JLC Winter Break</i> | 4 6:45am-Morning Minyan 7:45am-Talmud Study 1:00pm-Jewish Mindfulness Meditation <i>JLC Winter Break</i> 6:30pm-SYG Alumni Lounge Night 7:30pm-Executive Board Mtg 7:30pm-Sisterhood Evening Book Club | 5 7:30am-Tai Chi | 6 7:30pm-Mizmor L'Shabbat Service | 7 9:10am-Meditation 9:30am-Kol Shabbat 10:45am-Mall/Mall B/M 11:00am-Torah Study 5:00pm-Radis B/M |
| 8 <i>JLC Winter Break</i> 9:30am Adult B'nai <i>Mitzvah Class - 1st Day</i> | 9 1:00pm-Mah Jongg & Canasta 7:30pm Shabbat Shirah Choir Rehearsal | 10 10:00am-Symposium with Rabbi Brian Stoller 4:30pm-JLC Tuesday | 11 6:45am-Morning Minyan 7:45am-Talmud Study 1:00pm-Jewish Mindfulness Meditation 4:30pm-JLC Wednesday 7:30pm-Sisterhood Women's Self-Defense Class | 12 7:30am-Tai Chi 7:15pm-PFLAG Meeting | 13 7:30pm-Shabbat Service followed by Social Action Oneg | 14 9:10am-Meditation 9:30am-Kol Shabbat 9:30am-Tot Shabbat 10:45am-Lesser/Prober B/M 11:00am-Torah Study 5:00pm-Peck/Podbelsek B/M |
| 15 9:30am-JLC Sunday 9:45am-Adult Ed: Jewish Spirituality & Mindfulness with Rabbi Jordan Bendat- Appell & Margot Andersen 12:00pm-Chai School | 16 MLK Day <i>ECC Closed</i> <i>Temple Office Closed</i> 12:30pm- MLK Day of Service | 17 10:00am-Symposium with Rabbi Brian Stoller 4:30pm-JLC Tuesday 7:00pm Wise Aging | 18 6:45am-Morning Minyan 7:45am-Talmud Study 1pm-Jewish Mindfulness Meditation 4:30pm-JLC Wednesday 6:30pm-SYG Board Meeting 7:30pm-Board Meeting | 19 7:30am-Tai Chi | 20 5:15pm-Matzah Ball Oneg 6:00pm-Family Shabbat Service 7:30pm-SYG 24-Hr Retreat | 21 SYG 24-Hr Retreat 9:10am-Meditation 9:30am-Kol Shabbat 10:45am-Feldman B/M 11:00am-Torah Study 4:30pm-ECC PJ Havdalah 5:00pm-Brodson/Goldberg B/M |
| 22 9:00am-Project Nourish 9:30am-6th Grade Family Program 9:30am-JLC Sunday 9:45am-Adult Ed: Murder & Morality with Rabbi Brian Stoller & Dick Adler 12:00pm-Chai School 2:00pm-JYG & SYG PADS Cooking | 23 1:00pm-Mah Jongg & Canasta 7:00pm-Sisterhood Executive Board Meeting 7:30pm-Shabbat Shirah Choir Rehearsal | 24 10:00am-Symposium with Rabbi Richard Prass 4:30pm-JLC Tuesday 7:30pm-ECC Adult Ed: Nurture the Wow | 25 6:45am-Morning Minyan 7:45am-Talmud Study 1pm-Jewish Mindfulness Meditation 4:30pm-JLC Wednesday 7:30pm-Sisterhood Board Meeting | 26 7:30am-Tai Chi | 27 Family Kallah @OSRUI 7:30pm-Shabbat Service | 28 Family Kallah @ OSRUI 9:10am-Meditation 9:30am-Kol Shabbat 10:45am-Karel/Slater B/M 11:00am-Torah Study 5:00pm-Marino B/M |
| 29 Family Kallah @ OSRUI 9:30am-JLC Sunday 9:45am-Adult Ed: Understanding Islam with Tahera Ahmad 12:00pm-Chai School | 30 7:30pm-Shabbat Shirah Choir Rehearsal | 31 10:00am-Symposium with Rabbi Richard Prass 4:30pm-JLC Tuesday 7:00pm-Wise Aging | | | | |

**Note: For the most up-to-date
information, please visit: www.bjbe.org**



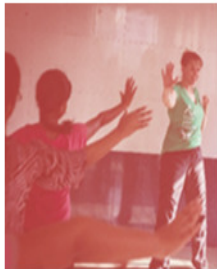
BJBE Sisterhood Presents

Women's Self-Defense Class Wed. Jan. 11 7:30-9:30 p.m.

Learn

How to identify predators & predatory behaviors
How to use four striking techniques & two escapes

There will be open discussion as well as a participation-based lesson.



Meet Belle Staurowsky martial arts instructor and founder of the "Green Tara Project," a non-profit organization whose mission is to help in the fight against violence and human trafficking of girls and women in third world countries.



Yes! - I will attend this potentially life-saving event

Mail this portion and \$5.00 donation to Sisterhood: Gloria Marron 3936 Chester Drive, Glenview, IL 60026 by January 1.

Name _____

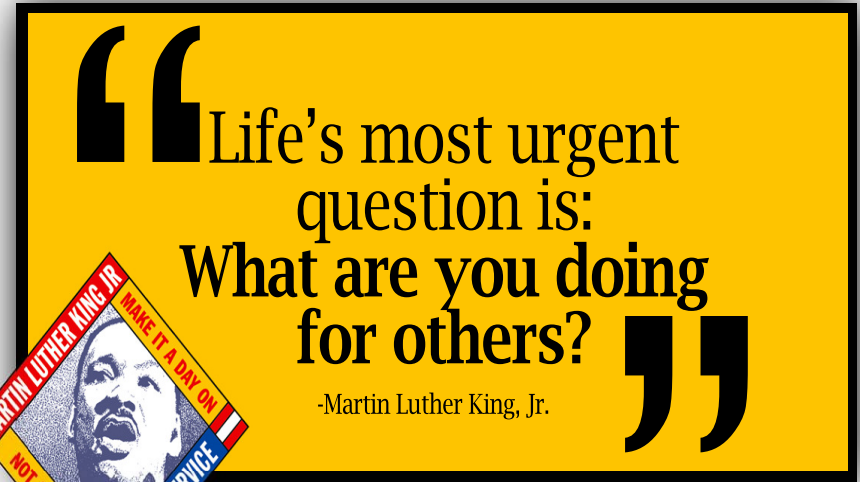
Phone _____

Yes ____ No ____ Sisterhood member _____ # attending _____ Amt enclosed

*Wear comfortable clothing to this event. Registration is required. **Questions?**
Contact Gloria Marron at gloria.r.marron@gmail.com*



MARTIN LUTHER KING, JR DAY OF SERVICE MONDAY, JANUARY 16, 2017



Make it a DAY ON, not a DAY OFF!

Honor the memory of Dr. Martin Luther King, Jr. by helping to repair the world with families and friends, old and new.

Who: Adults and children of all ages (some locations may have age restrictions)

What: Hands-on volunteer work at BJBE and other locations

When: Kick off at BJBE at 12:30pm, then remain at BJBE or head to nearby projects until approximately 3:30pm (project end times will vary)

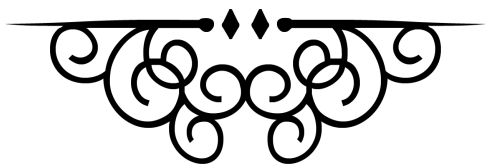
Please bring canned and paper goods to BJBE from December 22nd-January 16th to support sites we'll be visiting.

Register online at bjbe.org, click on *MLK Day of Service*

Please note that projects will close as the limit for each is reached.



THE
BEIT CAFE
POWERED BY GLENKIRK



Open Sundays*
9am-12pm



ABOUT THE BEIT CAFE

The Beit Cafe is a collaborative effort between BJBE and Glenkirk designed to foster fellowship and giving between these two communities. This cafe offers individuals with intellectual disabilities the opportunity to work in their community. The Beit Cafe is made possible by a generous donation from Gerry & Olivia Shapiro.

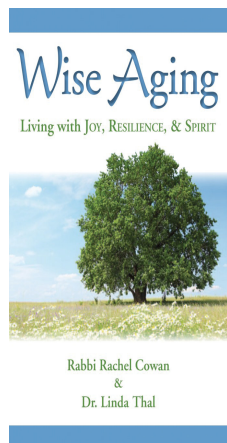
ABOUT GLENKIRK

Glenkirk provides quality, lifetime supports and services that empower individuals with intellectual disabilities to participate fully in all areas of community life.

*The Beit Cafe is open on Sundays when JLC is in session.

Good News for members ages 50+ years

Nationally acclaimed “Wise Aging” Workshop comes to
BJBE!



Trained BJBE lay leaders are facilitating small peer groups on innovative ways to approach growing older

Join us for this transformative journey based on research and Jewish wisdom that will shape your future

No charge for BJBE members to participate!

Group size is limited

Nationally recognized program from the Institute for Jewish Spirituality

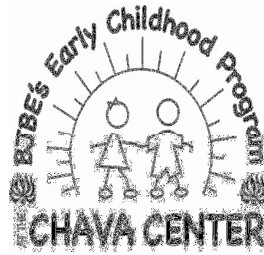
8-session series held Tuesday evenings beginning in January 2017

Enrich your life as you grow older by addressing issues, including:

- Relationships with adult children and spouses
- Romance and sexuality
- Body, heart, mind, and spirit
- Living with loss
- Shaping your legacy

**** Group size is limited****

For more information or if you would like to participate, contact:
Julie Webb at: jwebb@mstinnovations.com



Put on your softest pajamas and grab your favorite teddy bear!
Children of all ages are invited to join us for

PJ Havdalah

Saturday, January 21, 2017

4:30-6:00pm

Experience Havdalah the way we celebrate at school. A short, multi-sensory service, Havdalah is held every week to say good-bye to Shabbat and usher in the new week with sweetness and light.



We will cuddle up to a story,
make a spice box to take home,
& enjoy a special snack.



Please RSVP so we know how many to expect.

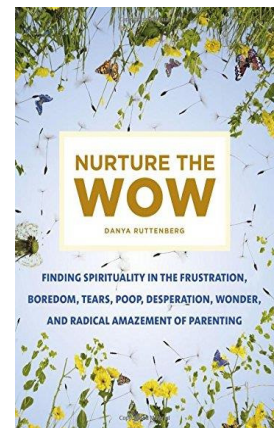
SWexler@BJBE.org

Nurture the Wow: Finding Spirituality in the Frustration, Boredom, Tears, Poop, Desperation, Wonder, and Radical Amazement of Parenting

*Wine, Cheese & Book Discussion
with Author Rabbi Danya Ruttenberg*

**Tuesday January 24, 7:30 p.m.
at Congregation BJBE**

Described as "deeply affecting, funny, and insightful," this book by a Chicago Rabbi and parent of young children teaches us that, if we can learn to approach the demanding and draining work of parenting with a different mindset, then perhaps parenting itself can satisfy our inner spiritual longings and provide the solace we seek. Rabbi Ruttenberg will join us for an evening of thoughtful conversation about raising children, maintaining our sanity, and finding inner balance.



BJBE Family Kallah 2017:

*Renewing our Covenant with
Family, Community, and God*

January 27-29, 2017 at OSRUI

Led by Rabbi Stoller, Cantor Green, & Anne Robbin



Through fun family activities, thought-provoking adult study, and engaging programs for children, we will explore what it means to live by the Covenant in our daily lives, by being a devoted family member, a responsible community member, and a thoughtful partner with God.

Cost

\$215 for adults & \$90 for children

Registration & \$100 deposit due
Friday, December 16th

Final payment due
Friday, January 6th

Questions and to register
Contact Sarah Duffin at sduffin@bjbe.org



BINGO NIGHT



prizes galore!

BJBE SISTERHOOD
1201 Lake Cook
Deerfield

**6:30 PM
Saturday
February 4
2017**

Please join us for BINGO
drinks, salad, pizza & dessert

\$25 pp: 1 card, 1 drink, & food
Additional cards available for \$2



I/We will be there!
Send check and rsvp to Bonnie Koss, 1405 Bob O Link Highland Park IL 60035
Name(s) attending:

Mother
Author
Professional
Rabbi

Come learn from
Rabbi Kedar's Wisdom

Monday, February 13th
7:30 - 9:00pm
at BJBE

Open to all BJBE Members
RSVP to Lara Kunz: rsvp@bjbestars.org

**Education & Collaboration for all:
BJBE Stars for Business**



CONGREGATION BJB SISTERHOOD presents



Rabbi Karyn Kedar

Tuesday, February 21st **

7:30PM at BJBE

beholden photography

WOMEN IN THE TALMUD



Learn the often untold stories of the Women of our Heritage. Some were pious and respectful, others were less passive and filled with questions and often outspoken on issues of the day including divorce, land ownership, and more. Their history is our legacy. Listen, learn, and carry their spirit.

** Please note this is a date change for February programming. For questions or ideas for future Sisterhood programs, contact Gloria Marron, Program Vice President gloria.r.marron@gmail.com



BJBE Sisterhood presents:

Board Game Bonanza

UNPLUG for an evening of family board game fun!

February 26th 2017

4-6PM

BJBE



Hey Kids! Grab your Parents, Grandparents, Brothers, Sisters, Cousins & Friends and come to BJBE for an evening of UNPLUGGED family fun.

\$6 per person includes dinner, treats, tons of games to play & a take-home activity for each family to continue the UNPLUGGED fun at home. There will also be a family-friendly raffle at the event with prizes for all ages.

Checks made payable to BJBE Sisterhood should be mailed to:
Ronna Belinky 1242 Green Knolls Drive, Buffalo Grove, IL 60089

Questions? Contact ronnabelinky@hotmail.com

RSVP by February 19th

Family Name _____ Ages of children _____

#of people attending _____ x \$6 (per person) = Total \$ _____





CONGREGATION BJBE SISTERHOOD



Join us for...
appetizers and desserts

Parade of Fashion

Sunday March 5, 2017

2-5:00 pm

BJBE
1201 Lake Cook
Deerfield, IL



Fashions by Bett's, Just Between Friends
Rock N Rags, Ross Cosmetics & More

Questions?

Marilyn Friedman
847.537.1034

Kimberly Friedman
773.727.5350

RESERVATION FORM

name email phone

Reserve _____ \$18 adult Reserve _____ \$10 child under 13

Make checks payable to BJBE Sisterhood, mail by Feb. 23
Marcia Patt 1622 S. Harvard Arlington Hts IL 60005



SAVE THE DATE!!!
MARCH 8, 2017, 7:30 PM

Have you wondered what has become of our former home,
901 Milwaukee Ave. in Glenview?



Join us for a trip down memory lane. Enjoy a guided tour of the Holy Apostolic Catholic Assyrrian Church of the East, St. Andrew Parish. See the inside structural changes, the happy faces of this parish and hear about the commonalities of the two faiths.

Refreshments provided by St. Andrew Parish following the tour.

All are welcome to participate in this special trip. RSVP's are required. Please RSVP to Leslie Outten, Sisterhood Interfaith Chairperson LHO4art@aol.com.



Nurture our Northshore Neighbors

Help children get the food they need



There are families right here in our community that are struggling to get enough food at each meal. BJBE is joining with other area synagogues, churches and community groups to support the Moraine Township Monthly Food Bag program.

Each month during the school year, students who qualify for free or reduced lunch will receive a grocery bag filled with non-perishable items and supplemented with fresh produce.

Perfect for young children, B'nai Mitzvah and volunteers of all ages

Each sponsor will provide food to 5 families in need. The Moraine Township Food Pantry will provide a list of ingredients to shop for, and you will deliver your groceries to the Food Pantry in Highland Park. Your total monetary commitment is approximately \$100.

Volunteers are needed for multiple dates throughout the school year.

To volunteer please contact:

Laurie Egert Weissler lweissler@senecastrategy.com 847-921-6047 or

Susie Selbst sselbst1@comcast.net

LOOKING FOR AN AMAZING B'NAI MITZVAH OPPORTUNITY

- or -

JUST LOOKING TO VOLUNTEER FOR A GREAT CAUSE?

SPEND A NIGHT SERVING AT THE INSPIRATION CAFE



In an atmosphere of dignity and respect, Inspiration Corporation (Café) has grown to serve 3,000 individuals a year affected by homelessness and poverty to improve their lives by providing: meals, supportive social services, housing, employment preparation and vocational training – serving as a catalyst for self-reliance.

Congregants and B'nai Mitzvah students have the opportunity to plan a menu, shop for groceries, cook and serve a nutritious dinner with a dash of hope served in a restaurant-style setting to individuals who are on their journey from homelessness toward self-sufficiency.

BE A PART OF A 20+ YEAR CONGREGATION BJBE
TRADITION & COMMITMENT

Multiple Dates available for 2017

Contact Joey Waldman via email: jwaldman@fishercohen.com
or call: 312-804-0886





Café Mocha...Carmel Macchiato...Spicy Chai Latte...

How can you put the cost of your daily caffeine fix into a monthly 'pick me up'?

Join Sisterhood!

Yes, for \$44/year (or \$3.67/month) when you join **BJBE Sisterhood**, you get all these great things:

- * *Meet new people and make friends*
- * *Participate in Social Action projects*
- * *Support our new Jewish Learning Center (JLC) and the Chava Center (ECC); the programs and our great teachers*
- * *Give a gift to every B'nai Mitzvah student and each Confirmation student*
- * *Support our youth groups and college students*
- * *Be a part of Women of Reform Judaism (WRJ), representing Sisterhoods in the US, Canada & 13 other countries*
- * *Enjoy sweets and schmoozing after services on Friday nights with the Sisterhood Sponsored Onegs each week*
- * *Participate in monthly programs and book clubs, enjoy game nights, and all our special events.*

We would love to see you at any one of the great programs we have scheduled this year. So, please join us and become a Sisterhood member today!

Carol Berger-President

Susi Goldstein-Membership Vice President

2016-17 BJBE Sisterhood Dues.....\$ 44.00

Optional (Chai \$18 or Double Chai \$36).....\$ _____

Total Enclosed:.....\$ _____

MAIL YOUR DUES TO: TERRY SACHSEL, 9386 LANDINGS LANE, UNIT 105, DES PLAINES, IL 60016

Name _____ Spouse/Partner Name _____

Address _____ City _____ Zip Code _____

Phone Number _____ Cell Phone Number _____

Email Address _____ Are you a Member of BJBE? _____



TELL US WHAT YOU LIKE TO DO...WE'LL MAKE IT HAPPEN!!

_____ **I LOVE TO BAKE AND COOK!** There is a bake sale at the **HOLIDAY BOUTIQUE** and many other **EVENTS** during the year that need sweets and/or appetizers;

_____ **I LOVE TO ENTERTAIN!** The **WOMEN'S SEDER, FASHION SHOW, CIRCLE OF SERVICE, THANK YOU LUNCHEON** and many other programs are coming up. We always need help with planning, hosting, set up, and clean up.

_____ **I AM SOCIALLY CONSCIOUS!** We have an **80's+ LUNCHEON**; correspond with **ISRAELI SOLDIERS**; collect **TOYS** and **SCHOOL SUPPLIES** for **JCFS**; contribute to the **ARK**; we have **MADE PILLOWS** for cancer patients, and all of these activities need your help in many ways.

_____ **I LOVE TO SELL!** We have opportunities to sell at the **HOLIDAY BOUTIQUE, GIFT SHOP, RAFFLE TICKETS, RESALE** and other events.

_____ **I'D LIKE TO DO A MITZVAH!** We deliver **SHABBAT BAGS** to new families; help in the **CHAVA CENTER AND HEBREW SCHOOLS**; we send treats to our **COLLEGE STUDENTS**, and we present gifts to **B'NAI MITZVAH** and **CONFIRMATION STUDENTS**.

_____ **I AM CAPABLE ON THE COMPUTER! POST IT, SHARE IT, TRENDING...** We need your help with the internet and Facebook as well as data entry and mailings.

_____ **I AM CREATIVE!** Every event needs **FLYERS, POSTERS, CENTERPIECES, and DECORATIONS**; we like to get together and create things for all of our events and we're looking for creative people who can share their ideas.

_____ **I WANT TO BRING MY FAMILY!** We have a **FAMILY EVENT** during the year and our **KID'S CLUB EVENT** for 0-5 year olds.

_____ **I ENJOY SOCIAL EVENTS!** Every Friday night we are the hostesses for **ONEG SHABBAT**; we have **AFTERNOON** and **EVENING BOOK CLUBS**, we have **MAH JONGG, BINGO, CANASTA** and much more!

_____ **I AM GOOD AT** _____

AND I'D BE DELIGHTED TO SHARE MY TALENTS WITH OTHERS!

NAME: _____ **EMAIL:** _____ **PHONE:** _____



Summer Mahonick/CIT Program

Looking for a fun
opportunity this summer?



Fun in the Sun with Friends, BJBEE's Early Childhood Camp is accepting applications for our summer mahonick/CIT program. A great way to spend time with young children while enjoying summer fun. Full and partial summer options.

For more information, contact Susie Wexler, ECC Director at swexler@bjbe.org or by calling the temple office.



Mid-Month Mailer Opt-Out

We hope you enjoy receiving the Mid-Month Mailer each month detailing the fun and informative events happening here at Congregation BJBE. Because we don't want you to miss out on anything, we continue to update and streamline our congregational communications to best fit your needs.

Since last May, we have been offering the Mid-Month flyers online on the BJBE website. There is a link on our website at www.bjbe.org that you can click to view the most up-to-date version of the Mid-Month flyers. In addition, we will send an email reminder to those who have opted out of the paper version.

This change not only gives you access to the latest BJBE information when you want it, but also cuts down on paper usage and postage. We can save a few trees and a few dollars each month. It is a win-win situation!

You can *Opt-Out* of the paper Mid-Month Mailer by calling or emailing Elaine Wexler at ewexler@bjbe.org or 847-940-7575.

NOTE: If you do not choose to *opt-out*, you will continue to receive your paper version of the Mid-Month Mailer via the US Mail.

Thank you for your continued support.



Congregation B'nai Jehoshua Beth Elohim
1201 Lake Cook Road
Deerfield, IL 60015

BJBE: Where Community Matters

**Or Current
Occupant**

Non-Profit Organization
U.S. Postage
PAID
Permit No. 269
Skokie, IL

Dated Material

First there was **Woodstock** ...

Then there was **Lolapalooza** ...

Where will you be March 11?

Purimpalooza at BJBE!

Not Your Kids' Purim Party!