



This Week at BJBE

March 27, 2017

Dear Friends,

Please plan on joining us to honor Rabbi Brian Stoller at a musical shabbat service followed by a festive oneg on Friday, April 7.

Last chance to sign up for the Sisterhood Women's Seder, Monday, April 3.

Mark your calendars to have breakfast with Congressman Brad Schneider on Sunday, April 9 at 8:30am.

The program, *Resolving Fears About Aging Parents*, scheduled for this evening has been cancelled.
Please see sections below for information on these and other upcoming programs.

Spring cleaning is underway. Please claim your items in our Lost and Found in the BJBE office by Friday, April 7 when we will be donating what remains.

JLC is on spring break. Classes resume Tuesday, April 4.
The building will be closed Sunday, April 2.

L'shalom,
Arlene

Arlene Mayzel
Executive Director
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amayzel@bjbe.org

Upcoming Programs

As we prepare to say "l'hitraot" - see you later - to two beloved members of our BJBE staff, Sandy Robbins and Rabbi Brian Stoller, we are putting together a memory/picture book for each of them. Please send in any letters, memories, and pictures to be included in the book by April 3. Please send letters for Sandy Robbins to [Marim Schwartz](#). Please send letters for Rabbi Stoller to [Mami Cooper](#). OR drop them off in the BJBE office.

Tuesday Symposium, March 28, 10:00-11:30 am; *Debbie Friedman: Musical Pioneer*, Instructor: Cantor Rayna Green
(Next Tuesday Symposium is April 18)

Still time to reserve your spot for the **BJBE Sisterhood Women's Seder, Monday, April 3**, from **5:30-8:30 p.m.**

- 1) [Click here](#) for a registration form and more information.
- 2) Tell us your favorite memory from our past Women's Seders, or tell us what you are looking forward to most this year!
- 3) Mail in the form with your check!

The Women's Seder is a celebration filled with worship, song, and a traditional meal shared with interesting women of multiple generations

Breakfast with Congressman Brad Schneider, April 9, 8:30am. Hear a report on the first three months of this new session of Congress. [Click here](#) for more information.

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[Rabbi Karyn D.Kedar](#)

[Cantor Jennifer L. Frost](#)

[Rabbi A. Brian Stoller](#)

[Cantor Rayna D. Green](#)

Calling all **children 5 and under**, grab an adult and let's get messy! Join us for BJB Sisterhood's annual **Messploration, Sunday, April 9** from **9:45am-10:45am**. RSVP required by **March 31**. [Click here](#) for more information.

Passover Second Seder, Tuesday, April 11, 5:30pm. Join **Rabbi Brian Stoller** and **Cantor Rayna Green** as they lead BJB's congregational seder. Experience the spiritual freedom of Pesach surrounded by family and our multi-generational community. Together we will sing, pray and enjoy the wonderful tradition of our heritage. Register by **Monday, April 3**. [Click here](#) for more information.

Tuesday Symposium, April 18 & 25, 10:00-11:30m, *Beruriah: Talmudic Heroine*, Instructor: Rabbi Wendi Geffen, North Shore Congregation Israel

Sunday Adult Learning, Holocaust Stories, In Their Own Words; April 23, 9:45-11:45am, screening of *Regina, The World's First Female Rabbi* followed by discussion led by Rabbi Karyn Kedar
April 30, 9:45-11:00am, Fritzie Fritzhall
May 7, 9:45-11:00am, Barney Sidler

Community-wide Tikun Leil Shavuot, Standing on the Edge of Sinai, Tuesday, May 30, 7:00pm at Am Shalom, 840 Vernon Avenue, Glencoe. Join BJB clergy and 11 other area congregations as we celebrate an evening of music, poetry and prayer featuring Neshama Carelbach. [Click here](#) for information or call 847.835.4800.

Shabbat Torah Study: Numbers, Saturdays, 11:00am-12:00pm;
Instructors Rabbi Karyn Kedar and Rabbi Brian Stoller

Talmud Study, Wednesdays, 7:45-9:00am; Instructor Rabbi Brian Stoller.
For more information about the Center for Adult Learning, contact [Andrew Abrams](#)

YOUTH PROGRAMS

All Youth Groups

Join the Youth Groups for their sweetest event of the year at the All Youth Group Chocolate Seder on **April 9 from 2:00-3:30pm**. RSVP to [Eddie Simon](#) or [Lauren Sandoval](#) by April 5th.

SYG and KYG

Do a mitzvah! On **Sunday, April 23, 8-12th graders** have the opportunity to help serve meals to the homeless, through the PADS program. All 8-12th graders are invited to serve food from **6:00-9:00pm** at **1st Presbyterian Church, 824 Waukegan Rd, Deerfield**. Please contact JYG & SYG advisor [Eddie Simon](#) to RSVP and fill out emergency contact form.

Love to sing? You don't have to be in choir to attend the **Chicago Area Youth Choir retreat at OSRUI**. This year's Youth Choir Retreat will take place the weekend of **April 21-23** at Olin-Sang-Ruby Union Institute (OSRUI) in Oconomowoc, WI. All **children in grades 2-7 are invited to participate** in this special weekend! A talented faculty of cantors and song leaders make this choir weekend a memorable experience. Learn new music, make new friends, perform in concert, and, above all, have fun! You will have the opportunity to compose new melodies based on our theme, Tikun Olam, Repairing the World. On Sunday, these original songs will be presented as we perform a mitzvah in singing at a senior home in our area. Contact [Cantor Green](#) if you are interested in your child attending and/or learning more.

All events take place at BJB unless otherwise stated. For questions or information about youth programs, please contact [Cantor Rayna Green](#).

Education Team

[Sandy Robbins](#)
(Director of Education)

[Kelly Judge Goldberg](#)
(Chai School Principal)

[Susie Wexler](#)
(Director of Preschool)

[Steven Sacks](#)
(Hebrew School Principal)

[Eddie Simon](#)
(JYG & SYG Advisor)

[Lauren Sandoval](#)
(KYG Advisor)

Administrative Team

[Arlene Mayzel](#)
(Executive Director)

[Anne Robbin](#)
(Membership & Communications Director)

[Larisa Rozman](#)
(Accounting Manager)

[Jose Parra](#)
(Facility Manager)

[Chime Costello](#)
(Rabbi's Assistant)

[Sarah Duffin](#)
(Reception/Administrative Assistant)

[Debbie Heywood](#)
(Education Assistant)

[Leslie Block](#)
(Cantors' Assistant)

[Phyllis Pearlman](#)
(Executive Director's Assistant)

[Erica Stone](#)
Event Coordinator

Lay Leaders

[Gary Schaffel](#)
(President)

[Carol Berger](#)
(Sisterhood President)

[DONATE TO BJB NOW](#)

SERVICES

Shabbat Service, Friday, March 31, 7:30pm

Musical Shabbat Service honoring Rabbi Stoller, Friday, April 7, 7:30pm followed by a festive oneg

Shabbat mornings feature our **Kol Shabbat service** at **9:30am** followed by **Torah Study** at **11:00am** led by BJBE clergy.

Please join us for 15 minutes of silent **meditation** from **9:10-9:25am** in the Sanctuary before Kol Shabbat.

Wednesday Morning Minyan: Begin your day in a beautiful and powerful way by attending our Wednesday morning Minyan from **6:45am to 7:15am**. Each week we pray in the intimate space of the Chapel with Rabbi Stoller and a supportive, welcoming group. Experience a prayer service grounded in communal song, thought-provoking liturgy, and deep silence, followed by camaraderie over bagels and coffee. Morning Minyan participants have commented that this worship has connected to their lives in many unexpected and transformative ways. For more information, contact Rabbi Stoller. The weekday prayer melodies are [available here](#), although all are welcome to attend regardless of musical or prayerbook knowledge.

Services in both the Sacred Hall and Sanctuary are streamed.. To view our live or recorded streams, [please click here](#). You may have to watch an initial commercial before the stream begins, but this is a free and open program accessible to anyone. To access: <http://www.ustream.tv/channel/bjbelive>. Questions? [Click here](#) to contact Arlene Mayzel.

DAYTIME AT BJBE

Monday Canasta/Mahjong: The Sisterhood will host Canasta and Mahjong games on the **2nd and 4th Mondays** of each month at **1:00pm**. All are welcome to join in the fun. To participate, RSVP to [Sharon Krivitzky](#) and let her know which game you will be playing and if you can bring supplies.

Wednesday Morning Minyan: Our weekday morning Minyan meets in the BJBE Chapel from **6:45 - 7:15am**. Contact [Rabbi Stoller](#) for an audio CD of the weekday prayer melodies.

Note: no class 3/29. Mishkan Shalom - Jewish Mindfulness and Meditation Group. Join us for this drop in group to learn more about how mindfulness can help you stay present and calm in the midst of frantic living. We will explore the weekly Torah portion and other readings with a spiritual sense of love (chesed) and acceptance (emet).

Wednesdays, 1:00-2:00 pm. New meditators welcome! For more information, call Margot Andersen 847-525-1710.

Thursday Tai Chi Chu'an: We offer a weekly Thursday morning Tai Chi class led by Dr. Drew Serlin at **7:30am**. There is no charge for these classes.

Prepare for Prayer-Open Your Heart. Please join us for 15 minutes of **silent meditation** from **9:10-9:25am** in the Sanctuary, **Saturdays** before Kol Shabbat. This ancient custom is meant to help you transition from busy life, settle your mind and open your heart prior to your prayer practice. No meditation experience necessary! Margot Andersen, 847-525-1710.

SOCIAL ACTION NETWORK

We the People, Making our Voices Heard:

Participate in the democratic process and learn about important current issues and how to make your voice heard. Christ Methodist Church, 600 Deerfield Road, Deerfield is hosting the following non-partisan presentations followed by Q&A:

Education, Tuesday, April 18, 7:00pm, Speaker: *State Representative Scott Drury and Representatives from the League of Women Voters*

generation.....Donate to the Sustaining Gifts Program. Click "DONATE" above or contact [Elaine](#) in the BJBE office to make a gift..

Environment, Monday, May 8, 7:00pm, Speaker: *U.S. Congressman Brad Schneider and The Sierra Club*
[Click here](#) to register or call 847-945-3040. [Click here](#) to see information on the BJBE website.

Maot Chitim 2017 Passover Delivery: Please help our community by packing and providing traditional Kosher food to help those in need to celebrate Passover in a traditional and dignified manner. **Warehouse Location: 7100 North McCormick Blvd, Lincolnwood. Sunday, April 2, Passover Delivery Packaging of perishable items begins at 6am.** Participants must be 12 years or older. Deliveries to recipient's homes begins at **9:00 am** at the warehouse. Use your own vehicle. Open to everyone. No sign up required.

HUGS Chocolate Seder at Congregation Beth Shalom in Northbrook for families with special needs. Bring the whole family for this very sweet twist on celebrating Passover! **Sunday, April 2, 2:00-3:30pm.** Please RSVP to [Eli](#) by **March 27**. [Click here](#) for more information about HUGS, a part of BJBE's commitment to inclusion.

We are collecting toiletries, batteries, hearing aids, eyeglasses, ink cartridges, and cell phones. Thank you for your generous donations. **We are NOT collecting used clothing at this time.**

March Tzedakah [CJE Senior Life](#)

For over 40 years, CJE SeniorLife has been helping older adults pursue lives of meaning, independence and good health. Today, CJE has over 700 employees who provide 23,000 older adults and family members annually with a myriad of programs and services including independent housing, assisted living, home delivered meals, transportation, long and short-term skilled nursing care, adult day services, geriatric care management, health and wellness activities, support groups for clients and caregivers, and numerous lifelong learning opportunities.

CARING COMMUNITY

BJBE's Caring Community is a team of volunteers who can act as your extended family when your family needs additional support. Caring Community provides the following services: home delivered meals in times of need, transportation to/from temple or a medical appointment, phone support for people who are ill or lonely, senior education and caregiver support, chicken or vegetable soups (always available in the kitchen!) and a virtual food pantry. To access these services confidentially, please call Gloria Kaiz at 847-945-3741.

The Caring Community and CJE Senior Life are pleased to offer individual appointments at no charge with **Senior Health Insurance Counselor Esther Craven**. Esther has over 25 years of experience at CJE. As a benefits specialist, she offers assistance and advocacy in areas of Medicare, health insurance and resources for retirement. Individual appointments with Esther are available at BJBE on **Mondays, April 24 and June 12, 3:00 - 6:30pm**. Please email [Debbie Heywood](#) or call her in the temple office at 847.940.7575.

This program has been cancelled. Resolving Fears About the Future of Aging Parents, Monday, March 27, 7:30pm in the BJBE chapel.

BJBE is certified as a Safer Synagogue by Jewish Community Abuse Resources, Education & Solutions (JCARES). Our leadership has been trained in understanding the impact of abuse across the lifespan and improving access to support for congregants experiencing abusive situations. For more information, please contact the clergy at 847-940-7575.

ANNOUNCEMENTS

The next **Family Trip to Israel** will take place from December 23 - January

1. This trip is geared to families who have at least one child within one year of becoming a Bar/Bat Mitzvah. This trip includes educational experiences, as well as once-in-a-lifetime adventures. Please contact [Chime Costello](#) for more information.

Help BJBE while you shop! AmazonSmile is a simple and automatic way for you to support BJBE every time you shop, at no cost to you. When you shop at [AmazonSmile](#) (using either your Amazon or AmazonPrime account), you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price back to BJBE. *Once you've selected **Congregation B'nai Jehoshua Beth Elohim**, every eligible purchase you make at [smile.amazon.com](#) will result in a donation.* For more information about **AmazonSmile**, [click here](#).

BJBE Sisterhood wants you to know...Whatever you are celebrating.....whether it is a special birthday, anniversary, baby naming, auf ruf, new job, retirement, special trip or any life cycle occasion that you want to share with your temple family, consider sponsoring an oneg to share your simcha! BJBE Sisterhood will help you share your joy at the Friday night oneg shabbat after the service honoring your event. The fee is \$150 which includes our generous dessert trays as well as your name in the Shabbat Bulletin and a thank you at the end of services. You may contact [Sharon Silver](#) with any questions. Checks payable to BJBE Sisterhood. Thank You and Mazel Tov!

Book BJBE for your upcoming celebration!! Your spiritual home is also a premier venue with beautiful reception space in the Village Center, Sacred Hall and Courtyard. With completion of the Sanctuary, we have new opportunities available for you to celebrate your special events at BJBE. For information and reservations, contact [Arlene Mayzel](#) or by phone at 847-940-7575.

JUDAICA (GIFT) SHOP

Are you having kids at your family seder? The Judaica Shop has jumping frogs, coloring placemats, a Tic Tac Toad wooden game, and a brand-new children's Passover storybook called *Roasted Eggs and Lamb*, beautifully illustrated in eye-catching colors to simply explain the Passover story. Need a gift? We have acrylic matzo boxes, silicone spatulas, soft collapsible matzo trays, and horseradish, saltwater, and charoses bowls in varying sizes and prices. Not to mention beautiful seder plates and those little glass dishes you use on top of your plate to hold the symbolic foods.

Hours for the Judaica Shop are Fridays 30 minutes prior to and following Friday Night Services, Wednesdays 4:30pm-6:30pm, Sundays 9:30am-11:30am, and always by special appointment by calling Lynne 847-215-1357.

Looking for a fun and easy way to meet other BJBE members? How about helping out in the Judaica Shop? Don't worry -- we will train you. For information, please call Arlene Wineberg, 224-676-1112.

Contact Information

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