



This Week at BJBE

September 19, 2016

Dear Friends,

It is my pleasure to welcome two new members to the BJBE team: Anne Robbin, Membership & Communications Director and Jose Parra, Facilities Maintenance Manager.

Anne grew up in Pittsburgh and attended Carnegie Mellon University. Since graduating college, Anne has worked in the Jewish community in Pittsburgh, Washington, D.C., and Chicago. She has a Master of Arts in Jewish Professional Studies from Spertus Institute of Jewish Learning and Leadership. You can reach Anne at arobbin@bjbe.org.

Jose brings a wealth of experience in synagogue facilities management. He previously served Congregation Beth Shalom for twelve year as the Head of Maintenance. He has a valuable combination of strong managerial experience and hands-on maintenance skills. You can reach Jose at maintenance@bjbe.org.

I am delighted to work with such dedicated professionals and encourage you to say hello the next time you are in the building.

Highlights of this week's events:

- Anti-Semitism and the Alt-Right - Monday at 7:30pm
- Sisterhood Membership Dinner - Thursday at 6:00pm
- S'lichot Service & Study - Saturday at 7:00pm
- Candidate Forum - Sunday at 3:00pm

Don't forget to stop by the office to purchase the new High Holy Days machzor, *Mishkan HaNefesh*.

Please see sections below for information on these and other upcoming programs.

We look forward to celebrating the B'nai Mitzvah of Zachary Polisner and Samantha Gordon at the morning service this Saturday. Mazel tov to Zachary, Samantha and their families.

L'shalom
Arlene

Arlene Mayzel
Executive Director
847-940-7575, ext. 118
amayzel@bjbe.org

UPCOMING PROGRAMS

Politics & the Jewish Community: Anti-Semitism and the Alt-Right, Monday, September 19, 7:30 - 8:30pm. Speaker: Lonnie Nasatir, Regional Director, Anti-Defamation League

Symposium, Tuesdays, September 20 & 27, 10:00 - 11:30am, Jonah:

Quick Links
BJBE Website

BJBE Calendar

BJBE Judaica Shop

Video Streaming Archive

The Reluctant Prophet. Instructor: Rabbi Simcha Bob, Congregation Etz Chaim

Women of BJBE: We're starting the new year with Estee Lauder!

Thursday, September 22, at 6:00pm, Sisterhood members will be treated to a fabulous program by Leslie Goddard as she tells the story of Estee Lauder. We'll have a delicious dinner and even more delicious time enjoying each others company. If you haven't already, send in the membership form and say "Yes, I'm coming to the dinner." For more info, [click here](#) or contact [Susi Goldstein](#).

S'lichot, Saturday, September 24

7:00pm - Light Nosh

7:30pm - S'lichot Study Session led by Rabbi Karyn Kedar followed by a Havdalah & S'lichot Service with our High Holy Days Choir.

Help **Maot Chitim** prepare and deliver kosher **Rosh Hashanah food packages** to recipients in the community. Excellent mitzvah opportunity. All functions occur at the **warehouse at 8260 North Austin Avenue, Morton Grove. Delivery Day - Sunday, September 25** - no registration required

(a) Package perishable items- **6:00 - 8:30am**

(b) Recipient Delivery- **9:00am**. Pick up packages at the warehouse and deliver packages to recipient's at their residence in your own vehicle. No age restriction.

Email [Brian Aronson](#) with questions.

Adult Learning, Sunday, September 25, 9:45 - 10:45am, *Preparing Our Hearts for the High Holy Days*. Instructor: Rabbi Brian Stoller. **NOTE: classes take place at Weinberg Community for Senior Living, 1601 Lake Cook Road, Deerfield.**

Candidate Forum: Sunday, September 25, 3:00pm. BJBE is proud to once again host the **North Shore Jewish Community Candidate Forum** in partnership with 18 other Jewish organizations. This event is open to the public and will give attendees a chance to meet and listen to the candidates for contested State and Federal offices in the 9th and 10th Congressional Districts. [Click here](#) for more information and the names of candidates taking part in the Candidate Forum.

Celebrate Sukkot! Join us for **After Hours** food and fun on **Saturday, October 15 at 7:30pm**. This event will be held at the home of BJBE congregants, Margo and Joel and is open to the **parents** of school-age and younger children. (The address will be provided when you RSVP.) There is no fee; just bring a beverage and appetizer or dessert to share. [Click here](#) for the flyer. Email [Beth Sattler](#) to RSVP by October 5. **Eat, relax and enjoy meeting other BJBE adults!**

Talmud Study, Wednesdays, 7:45 - 9:00am; Instructor Rabbi Brian Stoller. *For more information about the Center for Adult Learning, contact [Andrew Abrams](#)*

YOUTH PROGRAMS

Cantor Green is looking for children **grades 2-6** to join **Kol Simchah**, BJBE's Junior Choir. Highlights for the year include singing at monthly Matzah Ball Shabbat Friday services, Hanukkah performances at neighboring Senior Living Homes, as well as a Junior Choir retreat at OSRUI in the spring. Kol Simchah typically meets on **Sundays** when there is Sunday School, from **8:45-9:25am** in the BJBE main sanctuary. Contact [Cantor Rayna Green](#) for more information.

SYG (Senior Youth Group for grades 9-12)

ETGAR 36; 9th, 10th and 11th graders are invited to join **Cantor Rayna Green** on a powerful journey through the South this winter. With Judaism as our lens and social justice as our passion, students will learn how African Americans in the 1950s and 60s stood up to gain equality, and they

In This Issue

Worship Services
Mornings at BJBE

Clergy Team

Rabbi Karyn D. Kedar

Cantor Jennifer L. Frost

Rabbi A. Brian Stoller

Cantor Rayna D. Green

Education Team

Sandy Robbins
(Director of Education)

Kelly Judge Goldberg
(Chai School Principal)

Susie Wexler
(Director of Preschool)

Steven Sacks
(Hebrew School Principa;)

Eddie Simon
(JYG & SYG Advisor)

Lauren Sandoval
(KYG Advisor)

Administrative Team

Arlene Mayzel
(Executive Director)

Anne Robbin
(Membership &
Communications Director)

Larisa Rozman
(Accounting Manager)

Jose Parra
(Facility Manager)

Chime Costello
(Rabbi's Assistant)

Sarah Duffin
(Reception/Administrative
Assistant)

Debbie Heywood
(Education Assistant)

Leslie Block
(Cantors' Assistant)

Elaine Wexler
(Executive Director's Assistant)

Dianna Scott
Event Coordinator

Lay Leaders

Gary Schaffel

will discover the role that Jews played in the Civil Rights Movement. Join Cantor Green for an **informational session for teens and parents** on **Sunday, September 25 at 1:30pm. Final Registration Deadline: October 14, 2016.** [Click here](#) for more information. Contact [Cantor Green](#) with any questions.

Join us **Saturday, October 15, 7:00-9:30pm**, for a fun evening at **Brunswick Zone** in **Buffalo Grove** for an evening filled with bowling, laser tag, pizza, arcade games, new friends and more! **Brunswick Zone in Buffalo Grove, 350 McHenry Road.** \$25 per person. RSVP to JYG & SYG advisor, [Eddie Simon](#).

Join SYG on **Wednesday, October 19** from **6:30-8:30pm** for our monthly **lounge night**. Featuring free **Chipotle** for dinner and chill time.

JYG (Junior Youth Group for Grades 6-8)

Join both the JYG and SYG for our annual Kickoff "Sundae" on Sunday, September 18 from 1:30 pm-3:30 pm. (7th & 8th grade included) We will bond over building our own Sundaes and watching the football game. Contact [Eddie Simon](#) with questions.

Get creative with your culinary skills and join JYG for the popular **Top Chef** event on **Sunday, September 25** from **2-5 pm**. Bring your "A" game to impress our special guest judges.....! Contact [Eddie Simon](#) with questions.

Do a mitzvah! On **October 23**, both **JYG** and **SYG** have the opportunity to help prepare meals to be served to the homeless, through the **PADS** program. **All 6-12th graders** are invited from **2-5pm** to cook in the BJBEE kitchen. RSVP to JYG & SYG advisor, [Eddie Simon](#).

KYG (K'tanim Youth Group for Grades 2-5)

Join us **Friday, October 21** to **Matzah Ball Shabbat** for dinner at **5:15pm** and stay until 10pm for our first **UnderNighter** of the year! It's going to be a night of games, food, laughter and fun. Bring your pajamas and stay a while! Cost \$10. RSVP to KYG Advisor, [Lauren Sandoval](#)

NFTY (National Federation of Temple Youth) There is still time to sign up for the NFTY Kick off event- this year on a boat!! **Third Coast Boat Party, Saturday, October 22, 3:00-7:15pm, Chicago.** Enjoy stellar music and a delicious dinner while we cruise. Experience Havdalah overlooking Lake Michigan. **NFTY and OSRUI's Third Coast Boat Party** is pure fun - you'll get to meet Jewish teenagers from all over Chicago, and did we mention, *we're partying on a boat!?* All Jewish high schoolers are welcome to join us. [Click here](#) to register. Questions? Contact JYG & SYG advisor, [Eddie Simon](#).

Kolin/Israel 2018: It's never too early to start fundraising for the 2018 Kolin/Israel Teen Trip to Israel. Please support our teens and purchase a portable phone charger for \$18. Contact [Sarah Duffin](#) to get yours today!

Babysitters wanted. We are putting together the names and contact information of BJBEE teens who are interested in babysitting. Contact Sarah Duffin if you would like to be included on a list that will be shared with Temple members in search of babysitters.

All events take place at BJBEE unless otherwise stated. For questions or information about youth programs, please contact [Cantor Rayna Green](#).

(President)

Carol Berger
(Sisterhood President)

DONATE TO
BJBE NOW

Want to uphold Jewish ideals
from generation to
generation.....Donate to the
Sustaining Gifts Program. Click
"DONATE" above or contact
[Elaine](#) in the BJBEE office to
make a gift..

SERVICES

Friday, September 23, 7:30pm

Shabbat mornings feature our **Kol Shabbat service** at **9:30am** followed by **Torah Study** at **11:00am** led by BJBE clergy.

Wednesday Morning Minyan: Begin your day in a beautiful and powerful way by attending our Wednesday morning Minyan from **6:45am to 7:15am**. Each week we pray in the intimate space of the Chapel with Rabbi Stoller and a supportive, welcoming group. Experience a prayer service grounded in communal song, thought-provoking liturgy, and deep silence, followed by camaraderie over bagels and coffee. Morning Minyan participants have commented that this worship has connected to their lives in many unexpected and transformative ways. For more information, contact Rabbi Stoller. The weekday prayer melodies are [available here](#), although all are welcome to attend regardless of musical or prayerbook knowledge.

Services in both the Sacred Hall and Sanctuary are streamed.. To view our live or recorded streams, [please click here](#). You may have to watch an initial commercial before the stream begins, but this is a free and open program accessible to anyone. To access: <http://www.ustream.tv/channel/bibelive>. Questions? [Click here](#) to contact Arlene Mayzel.

DAYTIME AT BJBE

Wednesday Morning Minyan: Our weekday morning Minyan meets in the BJBE Chapel from **6:45 - 7:15am**. Contact [Rabbi Stoller](#) for an audio CD of the weekday prayer melodies.

Jewish Mindfulness Meditation is a practice of cultivating an honest (emet) and loving (chesed) orientation towards our lived, present moment experience. Our clergy and Rabbis Jordan Bendat-Appel and Sam Feinsmith from Orot Chicago will draw upon the richness within Jewish tradition, as well as effective techniques of contemporary approaches to mindfulness meditation, to teach and offer this spiritual practice. Feel free to drop in or join us weekly, **Wednesdays 1:00-2:00 pm**; Weekly fee \$10.00. Please call Margot Andersen for information, 847-525-1710.

Thursday T'ai Chi Ch'uan: We offer a weekly Thursday morning T'ai Chi class led by Dr. Drew Serlin at 7:30am. There is no charge for these classes.

SOCIAL ACTION NETWORK

Women Helping Women is a WRJ Midwest District project in association with The Ark, dedicated to helping women build a professional look as they enter or re-enter employment. BJBE Sisterhood is now collecting new, unopened makeup and toiletries for this project. Please drop off your items in the Tzedakah Nook or bring them to the **Sisterhood Membership Dinner on Thursday, September 22**.

Let's help our neighbors! The **PADS** season, at the **First Presbyterian Church of Deerfield**, begins in October. Our dates are: **October 23, November 27, December 25, January 22, February 26, March 26 and April 23**. Volunteers are needed for set up, to staff our site covering 4 shifts and to provide meals. For more information or to volunteer, please contact [Ruth Miller](#). Thank you!

We are collecting toiletries, batteries, hearing aids, eyeglasses, ink cartridges, and cell phones. Thank you for your generous donations. **We are NOT collecting used clothing at this time.**

September Tzedakah
[JVS Chicago](#)

JVS Chicago serves more than 8,000 employees, employers and entrepreneurs annually with programs for adults, youth, seniors and people with disabilities, serving entry level to advanced career job seekers, at locations across Metropolitan Chicago. Services include career counseling, job skills training and customized job training, job placement, credit building, small business development, access to capital and more.

CARING COMMUNITY

The Caring Community and CJE Senior Life are pleased to offer individual appointments at no charge with Senior Health Insurance Counselor **Esther Craven**. Esther has over 25 years of experience at CJE. As a benefits specialist, she offers assistance and advocacy in areas of Medicare, health insurance and resources for retirement. Individual appointments with Esther are available at BJBE on **Mondays, September 26, from 4:00pm-5:00pm, November 14, from 3:00pm-6:00pm and November 28, from 3:00pm-6:00pm**. Please email [Elaine Wexler](#) or call her in the temple office at 847.940.7575, ext 135 to make an appointment.

BJBE's Caring Community is a team of volunteers who can act as your extended family when your family needs additional support. Caring Community provides the following services: home delivered meals in times of need, transportation to/from temple or a medical appointment, phone support for people who are ill or lonely, senior education and caregiver support, chicken or vegetable soups (always available in the kitchen!) and a virtual food pantry. To access these services confidentially, please call Gloria Kaiz at 847-945-3741.

BJBE is certified as a Safer Synagogue by Jewish Community Abuse Resources, Education & Solutions (JCARES). Our leadership has been trained in understanding the impact of abuse across the lifespan and improving access to support for congregants experiencing abusive situations. For more information, please contact the clergy at 847-940-7575.

ANNOUNCEMENTS

Coming to BJBE for High Holy Days 2016 - Mishkan HaNefesh, Machzor for the Days of Awe. Please stop by the BJBE office to pick up pre-ordered books. **We also have books for sale in the office.** Payment is required at the time of purchase: regular print = \$38/set; large print = \$86/set.

BJBE Goes To College....BJBE Sisterhood has made **College Boxes** a tradition! Congregants with college-bound children this fall may contact the Sisterhood to have Chanukah and Purim holiday greetings & goodies sent to their college students. (Students and graduate students under age 25 of BJBE congregants are eligible to receive these gifts at no charge.) You can send College Boxes to your grandchildren, nieces, nephews or friends for **\$18**. If interested, send your student's name, college address and your contact information to [Shelley Wax](#) by **November 1st**. Questions, contact [Shelley Wax](#) at 847-509-0115 or [Cheryl Kahn](#) at 847-509-1712.

BJBE Sisterhood wants you to know...Whatever you are celebrating.....whether it is a special birthday, anniversary, baby naming, auf ruf, new job, retirement, special trip or any life cycle occasion that you want to share with your temple family, consider sponsoring an oneg to share your simcha! BJBE Sisterhood will help you share your joy at the Friday night oneg shabbat after the service honoring your event. The fee is \$150 which includes our generous dessert trays as well as your name in the Shabbat Bulletin and a thank you at the end of services. You may contact [Sharon Silver](#) with any questions. Checks payable to BJBE Sisterhood. Thank You and Mazel Tov!

Book BJBE for your upcoming celebration!! Your spiritual home is also a premier venue with beautiful reception space in the Village Center, Sacred Hall and Courtyard. With completion of the Sanctuary, we have new opportunities available for you to celebrate your special events at BJBE. For information and reservations, contact [Arlene Mayzel](#) or by phone at 847.940.7575.

JUDAICA (GIFT) SHOP

Looking for that very special gift? Stop in and see the new merchandise at BJBE's Judaica-Gift Shop. We have unique imported hand crafted purses and jewelry. And, always free gift wrapping.

Hours for the Judaica Shop are Fridays 30 minutes prior to and following Friday Night Services, Wednesdays 4:30pm-6:30pm, Sundays 9:30am-11:30am, and always by special appointment by calling Lynne 847-215-1357.

Looking for a fun and easy way to meet other BJBE members? How about helping out in the Judaica Shop? Don't worry -- we will train you. For information, please call Arlene Wineberg, 224-676-1112.

Contact Information

[Arlene Mayzel](#), Executive Director
Congregation B'nai Jehoshua Beth Elohim
1201 Lake Cook Road
Deerfield, IL 60015
(847) 940-7575



BJBE | 1201 Lake Cook Road | Deerfield | IL | 60015