



**This Week at BJBE**

**October 24, 2016**

Dear Friends,

Shemini Atzeret/Simchat Torah service today at 9:30am

We are pleased to once again be partnering with Glenkirk to run the Beit Cafe on Sunday mornings. Glenkirk provides job training to empower individuals with intellectual disabilities to participate fully in community life. I encourage you to stop by the Beit Cafe for a cup of coffee, pastry or some tasty home-baked items when you bring your children to JLC Sundays. You will enjoy getting to know the Glenkirk individuals and will be supporting this outstanding organization.

Let's come together as a community and build a center for transformational, 21st-century Jewish learning! Our JLC Registry is launching on November 1 - a chance for you to personally help build our Jewish Learning Center. More details coming soon!

We look forward to celebrating the B'nai Mitzvah of Frankie Freeman and Caden Perlman at the morning service and the B'nai Mitzvah of Jared Letwat and Zachary Lofman at the Havdalah service this Saturday. We are pleased to celebrate the Bar Mitzvah of Jeremy Levin on Sunday morning. Mazel tov to Frankie, Caden, Jared, Zachary, Jeremy and their families.

The BJBE office is closed Monday, October 24.

Chag Sameach,  
Arlene

Arlene Mayzel  
Executive Director  
847-940-7575, ext. 118  
[amayzel@bjbe.org](mailto:amayzel@bjbe.org)

### **Upcoming Programs**

**Symposium, Tuesday, October 25, 10:00 - 11:00am, *Jesus & Paul: Their Jewish Roots*.** Instructor: Pastor Jay Moses, Hope Presbyterian Church of Wheaton

**80+ Luncheon, Wednesday, October 26, 11:30, *The China-Judaica Connection*** presented by Beverly Friend. Please RSVP to [Ethel Schmall](#) or by phone at 847.541.2128 by October 21. \$5.00 suggested donation.

**Sunday Morning Adult Learning, *Cultivating True Self-Esteem in a Social Media World*, October 30, 9:45 - 10:45am,** Weinberg Community, Instructors: Kelly Goldberg & Amy Hertzberg. Social media posts that depict how great we are and how we look impact the way our children see themselves and may inadvertently undermine their self-esteem. This session explores practical ways to promote self-esteem in our children and teach them compassion and empathy in a social media world. This series is especially important for parents of teens and pre-teens.

### **Quick Links**

[BJBE Website](#)

[BJBE Calendar](#)

[BJBE Judaica Shop](#)

[Video Streaming Archive](#)

### **In This Issue**

Worship Services  
Mornings at BJBE

### **Clergy Team**

Rabbi Karyn D.Kedar

**Symposium, Tuesdays, November 1 & 8, 10:00 - 11:30am.** *First Female Rabbi Regina Jonas & Nameless Women in the Tanakh.* Instructor: Rabbi Karyn Kedar

**Navigating Medicare, Tuesday, November 1, 7:30 - 9:00pm.** Learn about the latest Medicare updates and how to choose the Medicare plan to best suit your needs. Presented by Esther Craven, CJE SeniorLife.

**Sisterhood's Evening Book Club, Wednesday, November 2, 7:30pm.** We will discuss the NY Times best seller, *A Man Called Ove*, by Fredrik Backman. All are invited to participate in our discussion of this very popular book. No need to RSVP. Just come! Questions? Please contact [Hedda Schless](#).

**StandWithUs 5th Annual Campus Champions Gala, Sunday, November 6, 2016, 5:30 PM at BJBE.** Keynote Speaker: Dumisani Washington, Founder Institute of Black Solidarity with Israel; Honoree: Larry Hochberg, Renowned Philanthropist and Israel Activist; Entertainment: *The Hebrew Project Artists* and Emcee, comedian Elon Gold. [Click here](#) for information and reservations.

Join us for the **Chicago Festival of Israeli Cinema.** BJBE is proud to sponsor a screening of the closing night film *Mr. Gaga* on **Sunday, November 13, 6:00pm** at the Arclight Glenview. Tickets available online. [Click here](#) to order tickets.

**Challapalooza! Monday, November 14, 7:00 pm.** It's all-challah, all-delicious, all-fun! BJBE Sisterhood's very own challah maven, Susie Diamond, will host, bake, demonstrate, and teach you all about the art of challah baking (and eating)! At the end of the evening, you will take home your own handmade challah dough ready to bake. Make it your family tradition! All are welcome to attend. Advance registration is required. \$7 for Sisterhood members/teens, \$10 for non-members. For more information contact [Gloria Marron](#).

Post Carpool Club presents ***The Joy of Yiddish in Stories and Song, Sunday, November 20.*** Join us for a fun filled program as our presenters Cantor David Berger of KAM Isaiah Israel, the Brothers Shapiro (Rabbi Mark and Ben), and pianist Margo Schwartz-Newton share the delicious words and music of Yiddish that reflect the Jewish experience, culture and humor. **Welcome reception at 4:30pm; program at 5:15pm** with deli dinner following. \$20/person BJBE members, \$25 non-members. To attend the reception and program only, the cost is \$10/person BJBE members, \$12 non-members. Full details in the mid-month mailer or contact [Carol Berger](#) at 847.205.9793. Sign-up deadline is Friday, November 11.

**Adult B'nai Mitzvah/Confirmation Class, new class begins January 2017, Sundays, 9:30 - 11:30am.** Instructor: Phyllis Steiner. This year-long course meets weekly and is open to all adults whether or not you celebrated becoming a Bar/Bat Mitzvah when you were 13! Learn to read Hebrew and chant the basic Shabbat prayers, study the Jewish calendar and holidays, and read and discuss Tanakh together. The class culminates with a group B'nai Mitzvah/Confirmation ceremony. *Limited number of spaces left.* To enroll, contact [Phyllis Steiner](#).

\*\*\*\*\*

**Shabbat Torah Study: Numbers, Saturdays, 11:00am - 12:00pm;** Instructors Rabbi Karyn Kedar and Rabbi Brian Stoller

**Talmud Study, Wednesdays, 7:45 - 9:00am;** Instructor Rabbi Brian Stoller. *For more information about the Center for Adult Learning, contact [Andrew Abrams](#)*

\*\*\*\*\*

## YOUTH PROGRAMS

Cantor Jennifer L. Frost

Rabbi A. Brian Stoller

Cantor Rayna D. Green

## Education Team

Sandy Robbins  
(Director of Education)

Kelly Judge Goldberg  
(Chai School Principal)

Susie Wexler  
(Director of Preschool)

Steven Sacks  
(Hebrew School Principa);

Eddie Simon  
(JYG & SYG Advisor)

Lauren Sandoval  
(KYG Advisor)

## Administrative Team

Arlene Mayzel  
(Executive Director)

Anne Robbin  
(Membership &  
Communications Director)

Larisa Rozman  
(Accounting Manager)

Jose Parra  
(Facility Manager)

Chime Costello  
(Rabbi's Assistant)

Sarah Duffin  
(Reception/Administrative  
Assistant)

Debbie Heywood  
(Education Assistant)

Leslie Block  
(Cantors' Assistant)

Elaine Wexler  
(Executive Director's Assistant)

Elaine Wexler  
Interim Event Coordinator

## Lay Leaders

Gary Schaffel  
(President)

Carol Berger  
(Sisterhood President)

**DONATE TO**  
**BJBE NOW**

**Babysitters wanted.** We are putting together the names and contact information of BJBE teens who are interested in babysitting. Contact [Sarah Duffin](#) if you would like to be included on a list that will be shared with Temple members in search of babysitters.

All events take place at BJBE unless otherwise stated. For questions or information about youth programs, please contact [Cantor Rayna Green](#).

Want to uphold Jewish ideals from generation to generation.....Donate to the Sustaining Gifts Program. Click "DONATE" above or contact [Elaine](#) in the BJBE office to make a gift..

## SERVICES

**Shemini Atzeret/Simchat Torah Service, Monday, October 24, 9:30am**

**Shabbat Service, Friday, October 28, 7:30pm**

Shabbat mornings feature our **Kol Shabbat service** at **9:30am** followed by **Torah Study** at **11:00am** led by BJBE clergy.

**Wednesday Morning Minyan:** Begin your day in a beautiful and powerful way by attending our Wednesday morning Minyan from **6:45am to 7:15am**. Each week we pray in the intimate space of the Chapel with Rabbi Stoller and a supportive, welcoming group. Experience a prayer service grounded in communal song, thought-provoking liturgy, and deep silence, followed by camaraderie over bagels and coffee. Morning Minyan participants have commented that this worship has connected to their lives in many unexpected and transformative ways. For more information, contact Rabbi Stoller. The weekday prayer melodies are [available here](#), although all are welcome to attend regardless of musical or prayerbook knowledge.

*Services in both the Sacred Hall and Sanctuary are streamed.. To view our live or recorded streams, [please click here](#). You may have to watch an initial commercial before the stream begins, but this is a free and open program accessible to anyone. To access: <http://www.ustream.tv/channel/bjbelive>. Questions? [Click here](#) to contact Arlene Mayzel.*

## DAYTIME AT BJBE

**Wednesday Morning Minyan:** Our weekday morning Minyan meets in the BJBE Chapel from **6:45 - 7:15am**. Contact [Rabbi Stoller](#) for an audio CD of the weekday prayer melodies.

**Jewish Mindfulness Meditation** is a practice of cultivating an honest (emet) and loving (chesed) orientation towards our lived, present moment experience. Our clergy and Rabbis Jordan Bendat-Appel and Sam Feinsmith from Orot Chicago will draw upon the richness within Jewish tradition, as well as effective techniques of contemporary approaches to mindfulness meditation, to teach and offer this spiritual practice. Feel free to drop in or join us weekly, **Wednesdays 1:00-2:00 pm**; Weekly fee \$10.00. Please call Margot Andersen for information, 847-525-1710.

**Thursday T'ai Chi Ch'uan:** We offer a weekly Thursday morning T'ai Chi class led by Dr. Drew Serlin at 7:30am. There is no charge for these classes.

## SOCIAL ACTION NETWORK

Thanks to all who have volunteered to staff our **PADS** site this season. I am now in need of families or groups of friends to prepare dinner for our guests on **11/27, 12/25, 2/26, 3/26** and **4/23**. Please call or email [Ruth Miller](#) at 224-235-4042.

We are collecting toiletries, batteries, hearing aids, eyeglasses, ink cartridges, and cell phones. Thank you for your generous donations. **We are NOT collecting used clothing at this time.**

### October Tzedakah

#### [American Friends of Magen David Adom](#)

Magen David Adom is Israel's ambulance, blood-services, and disaster-relief organization, serving as emergency medical first responders for the state's more than 8 million people. MDA is the only organization mandated by the Israeli government to serve in this role, but it's not a government agency, so it relies on people like you for funding. Through your gift, you're saving lives.

### CARING COMMUNITY

The Caring Community and CJE Senior Life are pleased to offer individual appointments at no charge with Senior Health Insurance Counselor **Esther Craven**. Esther has over 25 years of experience at CJE. As a benefits specialist, she offers assistance and advocacy in areas of Medicare, health insurance and resources for retirement. Individual appointments with Esther are available at BJBE on **Mondays, November 14, from 3:00pm-6:00pm and November 28, from 3:00pm-6:00pm**. Please email [Elaine Wexler](#) or call her in the temple office at 847.940.7575, ext 135 to make an appointment.

*BJBE's Caring Community is a team of volunteers who can act as your extended family when your family needs additional support. Caring Community provides the following services: home delivered meals in times of need, transportation to/from temple or a medical appointment, phone support for people who are ill or lonely, senior education and caregiver support, chicken or vegetable soups (always available in the kitchen!) and a virtual food pantry. To access these services confidentially, please call Gloria Kaiz at 847-945-3741.*

*BJBE is certified as a Safer Synagogue by Jewish Community Abuse Resources, Education & Solutions (JCARES). Our leadership has been trained in understanding the impact of abuse across the lifespan and improving access to support for congregants experiencing abusive situations. For more information, please contact the clergy at 847-940-7575.*

### ANNOUNCEMENTS

**Sunday, November 6, 7:00pm**, Chicago Master Singers presents a concert featuring Cantor Cory Winter, Bloch: *Avodath Hakodesh: Sacred Service*, Divine Word Chapel, Techny Towers, 2001 Waukegan Rd, Techny. [Click here](#) for information.

**Monday, November 7, JUF Vanguard Dinner** featuring guest speakers Former Secretaries of State Madeleine Albright & Gen. Colin Powell, USA (Ret.). The event will be held at the Hyatt Regency, 151 E. Wacker and begins at **5:30pm**. *BJBE members Elissa and Craig Goldsmith are Vice Chairs for this event.* You may register for the dinner online at [www.juf.org/Vanguard](http://www.juf.org/Vanguard).

**BJBE Goes To College....BJBE Sisterhood** has made **College Boxes** a tradition! Congregants with college-bound children this fall may contact the Sisterhood to have Chanukah and Purim holiday greetings & goodies sent to their college students. (Students and graduate students under age 25 of BJBE congregants are eligible to receive these gifts at no charge.) You can send College Boxes to your grandchildren, nieces, nephews or friends for **\$18**. If interested, send your student's name, college address and your contact information to [Shelley Wax](#) by **November 1**. Questions, contact [Shelley Wax](#) at 847-509-0115 or [Cheryl Kahn](#) at 847-509-1712.

BJBE Sisterhood wants you to know...Whatever you are celebrating.....whether it is a special birthday, anniversary, baby naming, auf ruf, new job, retirement, special trip or any life cycle occasion that you want to share with your temple family, consider sponsoring an oneg to share your simcha! BJBE Sisterhood will help you share your joy at the Friday night oneg shabbat after the service honoring your event. The fee is \$150 which includes our generous dessert trays as well as your name in the Shabbat Bulletin and a thank you at the end of services. You may contact [Sharon Silver](#) with any questions. Checks payable to BJBE Sisterhood. Thank You and Mazel Tov!

**Book BJBE for your upcoming celebration!!** Your spiritual home is also a premier venue with beautiful reception space in the Village Center, Sacred Hall and Courtyard. With completion of the Sanctuary, we have new opportunities available for you to celebrate your special events at BJBE. For information and reservations, contact [Arlene Mayzel](#) or by phone at 847.940.7575.

### **JUDAICA (GIFT) SHOP**

Looking for that very special gift? Stop in and see the new merchandise at BJBE's Judaica-Gift Shop. We have unique imported hand crafted purses and jewelry. And, always free gift wrapping.

**Hours for the Judaica Shop** are Fridays 30 minutes prior to and following Friday Night Services, Wednesdays 4:30pm-6:30pm, Sundays 9:30am-11:30am, and always by special appointment by calling Lynne 847-215-1357.

**Looking for a fun and easy way to meet other BJBE members?** How about helping out in the Judaica Shop? Don't worry – we will train you. For information, please call Arlene Wineberg, 224-676-1112.

#### **Contact Information**

[Arlene Mayzel](#), Executive Director  
Congregation B'nai Jehoshua Beth Elohim  
1201 Lake Cook Road  
Deerfield, IL 60015  
(847) 940-7575



BJBE | 1201 Lake Cook Road | Deerfield | IL | 60015