



This Week at BJBE November 28, 2016

Dear Friends.

Please support the Sisterhood Holiday Boutique this Sunday, where you will find unique gift items for everyone on your list from returning and new vendors.

We hope you will join us Sunday, December 11 for the launch of *Close Your Books: Selected Sermons and Writings of Rabbi Mark S. Shapiro*. Rabbi Shapiro will read passages from his new book and sign copies.

Please see sections below for information on these and other upcoming programs.

Tomorrow is #GivingTuesday - a chance to come together with the BJBE community and donate to help furnish the JLC! Our new school building is nearly complete. Now is the time for us to fill this building with inspiration for our children: to furnish this space in a way that creates a living learning environment for Judaism, a space that nurtures ideas and fosters creativity. By using <a href="this link">this link</a>, you can help purchase tables, chairs, bulletin boards, and more so that our students can have the best educational experience possible. Every gift is needed and appreciated, whether you're donating \$18 or \$1800. And tomorrow only, on GivingTuesday, the website's fee will be donated back to us! Your contribution will work in concert with the gifts of other BJBE members to complete our Jewish Learning Center.

We look forward to celebrating the Bar Mitzvah of Noah Shapiro at the morning service and the Bat Mitzvah of Haley Isaacs at the afternoon service on Saturday. Mazel tov to Noah, Haley and their families.

L'Shalom, Arlene

Arlene Mayzel Executive Director 847-940-7575, ext. 118 amayzel@bjbe.org

# **Upcoming Programs**

Symposium, Tuesdays, November 29 & December 6, 10:00-11:30am, Rabbi Leo Baeck: Philosopher & Holocaust Survivor, Instruction: Rabbi Ellen Dreyfus, B'nai Yehuda Beth Sholom

Join us on **Sunday, December 4, 9:45 - 10:45 am,** for the Adult Education session, *"Festivals of Lights: The Common Roots of Hanukkah & Christmas,"* led by Rabbi Stoller, and sponsored by BJBE's Endowment Committee. The Endowment Fund is our lifeline to BJBE's future. Through gifts and bequests from our members, the Endowment Fund is vital to maintaining our congregation's religious, educational, cultural, and philanthropic activities for years to come. Please join us for a presentation at the beginning of the program. \*\*The **December 4th** session will be held at Weinberg Community for Senior Living - 1601 Lake Cook Road. It is the first building off Wilmot Road, just South of Lake Cook Road.\*\* The session scheduled for December 11 has been cancelled.

Quick Links
BJBE Website

BJBE Calendar

BJBF Judaica Shop

Video Streaming Archive

In This Issue

Worship Services Mornings at BJBE

**Clergy Team** 

Rabbi Karyn D.Kedar

Sisterhood's Chanukah Boutique, Sunday, December 4, 9:00am - 3:00pm. With over 30 vendors there is something for everyone on your list including Judaica, clothing, jewelry, purses, scarves, home accessories and art. You can do all of your holiday shopping in one place and stay for lunch, raffle prizes and a bake sale. Volunteers are needed! Email Jennifer Kaiz with questions or to volunteer. Bakers are needed for the bake sale. Your delicious baked goods (nut free) will help us help our community. Bring all treats to the temple kitchen by 8:30 on December 4 or deliver them earlier to the BJBE kitchen. Please be sure to mark them for "Chanukah Boutique." Email or call Susan Beslow at 847-272-7359 with questions or to sign up to bake.

Can You Work and Chew Gum at the Same Time? Does your job or family life require you to endlessly juggle calls, emails, travel and work? Does multi-tasking work for you, or is it a multi-headache? Join us as we debate the pros and cons of multi-tasking at our next fun, fast-paced, BJBE Stars event — Monday, December 5, 7:30pm. Free to all BJBE members. Please RSVP to Allan Kaufman or Ira Singer.

Join us for a book release celebration for *Close Your Books: Selected Sermons and Writings of Rabbi Mark S. Shapiro*, Sunday, December 11, 4:00pm. This book is a collection of sermons, delivered over 45 years by our own Rabbi Shapiro. The short program will include a reading by Rabbi Shapiro and an opportunity to purchase the book and have it signed by him. Light refreshments will be served. <u>Click here</u> to RSVP.

Caregiving for the Uninitiated: What You Need to Know Monday, December 12, 2016 7:30-9:00pm in the BJBE Chapel. Are you ready to assume a caregiving role for your loved one? This presentation will touch on getting organized, addressing legal issues, and building a care team. Learn how to plan for yours and your loved one's care. Presenter: Sheryl Rubel, M.S.W., L.S.W., advocate and counselor for seniors and their families at CJE SeniorLife. Presented by the BJBE Caring Community. For further information, contact Carol Berger.

Adult B'nai Mitzvah/Confirmation Class, new class begins January 2017, Sundays, 9:30 - 11:30am. Instructor: Phyllis Steiner. This year-long course meets weekly and is open to all adults whether or not you celebrated becoming a Bar/Bat Mitzvah when you were 13! Learn to read Hebrew and chant the basic Shabbat prayers, study the Jewish calendar and holidays, and read and discuss Tanakh together. The class culminates with a group B/nai Mitzvah/Confirmation ceremony. Limited number of spaces left. To enroll, contact Phyllis Steiner.

Cantors Frost and Green invite you to participate in *Ladorot Habaim - For Generations to Come*, a Shabbat Shirah service on *Friday*, *February 10*, with 23 newly composed musical pieces. To prepare for the service, Cantors Frost and Green will hold rehearsals from 7:30 - 9:30pm on the following dates to prepare the choir:

Tuesday, January 3 Monday, January 9 Monday, January 23 Monday, January 30 Monday, February 6

Thursday, February 9

All ages are welcome! Please contact <u>Leslie Block</u> if you are available to participate.

**2017 Family Retreat - January 27-29 at OSRUI.** Join Rabbi Stoller, Cantor Green, Membership Director Anne Robbin, and their families for a fun, spiritual, relaxing, and educational family weekend at OSRUI camp in Wisconsin! The theme of the weekend is "Renewing our Covenant with Family, Community, and God." Together, we will explore what it means to be a devoted family member, a responsible community member, and a

Cantor Jennifer L. Frost

Rabbi A. Brian Stoller

Cantor Rayna D. Green

#### **Education Team**

Sandy Robbins (Director of Education)

Kelly Judge Goldberg (Chai School Principal)

Susie Wexler (Director of Preschool)

Steven Sacks (Hebrew School Principa;)

Eddie Simon (JYG & SYG Advisor)

Lauren Sandoval (KYG Advisor)

#### **Administrative Team**

Arlene Mayzel (Executive Director)

Anne Robbin (Membership & Communications Director)

Larisa Rozman (Accounting Manager)

Jose Parra (Facility Manager)

Chime Costello (Rabbi's Assistant)

Sarah Duffin (Reception/Administrative Assistant)

Debbie Heywood (Education Assistant)

Leslie Block (Cantors' Assistant)

Elaine Wexler (Executive Director's Assistant)

Erica Stone Interim Event Coordinator

## Lay Leaders

Gary Schaffel (President)

Carol Berger (Sisterhood President)



thoughtful partner with God. Cost is \$215/adult and \$90/child. To register, email <u>Sarah Duffin</u> by December 16.

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Shabbat Torah Study: Numbers, Saturdays, 11:00am - 12:00pm; Instructors Rabbi Karyn Kedar and Rabbi Brian Stoller

**Talmud Study, Wednesdays, 7:45 - 9:00am**; Instructor Rabbi Brian Stoller. For more information about the Center for Adult Learning, contact <u>Andrew Abrams</u>

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### **YOUTH PROGRAMS**

**Babysitters wanted.** We are putting together the names and contact information of BJBE teens who are interested in babysitting. Contact <u>Sarah Duffin</u> if you would like to be included on a list that will be shared with Temple members in search of babysitters.

All events take place at BJBE unless otherwise stated. For questions or information about youth programs, please contact Cantor Rayna Green.

## **SERVICES**

**Mizmor L'Shabbat, Friday, December 2, 7:30pm.** Enjoy the uplifting music of our T'filah Band at this inspirational Shabbat service.

Shabbat mornings feature our **Kol Shabbat service** at **9:30am** followed by **Torah Study** at **11:00am** led by BJBE clergy.

Prepare for Prayer—Open Your Heart. Please join us for 15 minutes of **silent meditation** from **9:10-9:25am Saturdays** before Kol Shabbat in the Sanctuary. This ancient custom is meant to help you transition from busy life, settle your mind and open your heart prior to your prayer practice. No meditation experience necessary! Margot Andersen, 847-525-1710.

#### **Wednesday Morning Minyan:**

Begin your day in a beautiful and powerful way by attending our Wednesday morning Minyan from **6:45am to 7:15am.** Each week we pray in the intimate space of the Chapel with Rabbi Stoller and a supportive, welcoming group. Experience a prayer service grounded in communal song, thought-provoking liturgy, and deep silence, followed by camaraderie over bagels and coffee. Morning Minyan participants have commented that this worship has connected to their lives in many unexpected and transformative ways. For more information, contact Rabbi Stoller. The weekday prayer melodies are <u>available here</u>, although all are welcome to attend regardless of musical or prayerbook knowledge.

Services in both the Sacred Hall and Sanctuary are streamed.. To view our live or recorded streams, <u>please click here</u>. You may have to watch an initial commercial before the stream begins, but this is a free and open program accessible to anyone. To access: <a href="http://www.ustream.tv/channel/bjbelive">http://www.ustream.tv/channel/bjbelive</a>. Questions? <a href="Click here">Click here</a> to contact Arlene Mayzel.

## DAYTIME AT BJBE

**Wednesday Morning Minyan:** Our weekday morning Minyan meets in the BJBE Chapel from **6:45 - 7:15am**. Contact <u>Rabbi Stoller</u> for an audio CD of the weekday prayer melodies.

**Mishkan Shalom - Jewish Mindfulness and Meditation Group**. Join us for this drop in group to learn more about how mindfulness can help you stay present and calm in the midst of frantic living. We will explore the weekly Torah portion and other readings with a spiritual sense of love

Want to uphold Jewish ideals from generation to generation.....Donate to the Sustaining Gifts Program. Click "DONATE" above or contact Elaine in the BJBE office to make a gift...

(chesed) and acceptance (emet). **Wednesdays**, **12:00-1:00 pm**. New meditators welcome! For more information, call Margot Andersen 847-525-1710

Monday Canasta/Mahjong: Beginning Monday, November 28, the Sisterhood will host Canasta and Mahjong games on the 2nd and 4th Mondays of each month at 1:00 pm. All are welcome to join in on the fun. To participate, RSVP to Sharon Krivitsky and let her know which game you will be playing, and if you can bring supplies.

**Thursday T'ai Chi Ch'uan:** We offer a weekly **Thursday** morning T'ai Chi class led by Dr. Drew Serlin at **7:30am**. There is no charge for these classes. Note: There will be no T'ai Chi Ch'uan on Thursday, December 29.

#### SOCIAL ACTION NETWORK

The BJBE Early Childhood Center and Sisterhood are once again partnering to sponsor the **Jewish Child & Family Services (JCFS) & Jewish Vocational Service (JVS) Holiday Toy Drive.** Each year, JCFS & JVS provide holiday gifts for over 500 needy children. To participate, please donate a new, unwrapped toy, wrapping paper and tape, or gift cards. Cash donations are also welcome. There is a collection box in the Tzedakah Nook. The **deadline** for all donations is **Monday, December 5**. Contact **Sharon Sabin** with your questions.

BJBE Volunteers in NOLA. Help continue our work in New Orleans! Join Cantor Green and fellow congregants on our 9th Annual Social Action Mission to New Orleans, March 23-26, 2017. We will continue to strengthen interfaith relationships with Christian and Jewish groups in the Crescent City, form new friendships within our BJBE community, and help rebuild communities in need. Together, we will also explore and enjoy the unique city of New Orleans! For more information, please contact Lara Kirts and Mike Goldberg.

We are collecting toiletries, batteries, hearing aids, eyeglasses, ink cartridges, and cell phones. Thank you for your generous donations. **We are NOT collecting used clothing at this time.** 

#### **November Tzedakah**

JUF - Hurricane Matthew Fund

The Jewish Federation of Metropolitan Chicago has opened a fund to rush humanitarian aid to the survivors of Hurricane Matthew. The JUF is working with the Red Cross, Jewish Federations of North America, NECHAMA: Jewish Response to Disaster, and local Jewish communities to quickly address specific needs of the Jewish and general communities. As always, the Jewish Federation will absorb all administrative costs, so that 100 percent of funds collected will go to meeting needs on the ground.

#### CARING COMMUNITY

BJBE's Caring Community is a team of volunteers who can act as your extended family when your family needs additional support. Caring Community provides the following services: home delivered meals in times of need, transportation to/from temple or a medical appointment, phone support for people who are ill or lonely, senior education and caregiver support, chicken or vegetable soups (always available in the kitchen!) and a virtual food pantry. To access these services confidentially, please call Gloria Kaiz at 847-945-3741.

BJBE is certified as a Safer Synagogue by Jewish Community Abuse Resources, Education & Solutions (JCARES). Our leadership has been trained in understanding the impact of abuse across the lifespan and improving access to support for congregants experiencing abusive situations. For more information, please contact the clergy at 847-940-7575.

### **ANNOUNCEMENTS**

**AIPAC Conference:** Join Rabbi Karyn Kedar at the AIPAC conference in Washington D.C. from March 26 - 28, 2017. <u>Click here</u> for registration or email <u>Howard Schneider</u> with your questions.

BJBE Sisterhood wants you to know...Whatever you are celebrating..... whether it is a special birthday, anniversary, baby naming, auf ruf, new job, retirement, special trip or any life cycle occasion that you want to share with your temple family, consider sponsoring an oneg to share your simcha! BJBE Sisterhood will help you share your joy at the Friday night oneg shabbat after the service honoring your event. The fee is \$150 which includes our generous dessert trays as well as your name in the Shabbat Bulletin and a thank you at the end of services. You may contact <a href="Sharon Silver">Sharon Silver</a> with any questions. Checks payable to BJBE Sisterhood. Thank You and Mazel Tov!

**Book BJBE for your upcoming celebration!!** Your spiritual home is also a premier venue with beautiful reception space in the Village Center, Sacred Hall and Courtyard. With completion of the Sanctuary, we have new opportunities available for you to celebrate your special events at BJBE. For information and reservations, contact <u>Arlene Mayzel</u> or by phone at 847.940.7575.

# **JUDAICA (GIFT) SHOP**

Looking for that very special gift? Stop in and see the new merchandise at BJBE's Judaica-Gift Shop. We have unique imported hand crafted purses and jewelry. And, always free gift wrapping.

**Hours for the Judaica Shop** are Fridays 30 minutes prior to and following Shabbat Services, Wednesdays 4:30pm-6:30pm, Sundays 9:30am-11:30am, and always by special appointment by calling Lynne 847-215-1357.

**Looking for a fun and easy way to meet other BJBE members?** How about helping out in the Judaica Shop? Don't worry — we will train you. For information, please call Arlene Wineberg, 224-676-1112.

Contact Information
Arlene Mayzel, Executive Director
Congregation B'nai Jehoshua Beth Elohim
1201 Lake Cook Road
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