



**This Week at BJBE**

**May 23, 2016**

Dear Friends,

We are so proud and pleased to announce that the 2016 Gala raised close to \$45,000 that directly supports programming and services provided by Congregation BJBE. Congratulations and thank you to Gala co-chairs Jenn Dubinsky and Todd Cohan, and to the members of the Gala Committee: Liz and Andrew Abrams, Terri Argentar, Ted Belinky, Carole Klein-Alexander, Lara Kunz, Steffanie Pinsky, Ellyn Shapiro, Sid Siegel, Maureen Wener and Lisa Wilson.

After a successful and delicious run, Supper Club's last gathering was this past Wednesday. My sincerest thanks to Susie Diamond for the many mouthwatering meals she cooked and arranged, and for bringing people together on Wednesday evenings before Music Minyan.

*We'd like to invite all of our members who have graduated from college this spring to attend the Shabbat Service this Friday, May 27 at 7:30pm for a blessing on the bimah. Congratulations and best of luck on this important achievement.*

Please mark your calendars for Wednesday, June 8 at 7:00pm to attend the 2016 Annual Meeting. The congregation will vote to approve the renovation of the 1141 building to house our school, the Jewish Learning Center (JLC). **We need 250 adult congregants present to have a quorum.**

*Please see sections below for information on these and other upcoming programs*

Now that the school year is over, it is time to clean out our Lost & Found, located in the office workroom. We will donate any unclaimed items on June 2, so please come take a look in the Lost & Found if you think you or your family members have left something here.

**We look forward to celebrating the B'not Mitzvah of Ava Leipzig and Ava Selbst at the morning service and the Bar Mitzvah of Seth Cohen at the evening service this Saturday. We will celebrate the Bar Mitzvah of Joshua Radis on Monday. Mazel tov to Ava, Ava, Seth, Joshua and their families.**

Please note: the building will be closed Sunday and the temple office will be closed next Monday in observance of Memorial Day.

L'shalom  
Arlene

Arlene Mayzel  
Executive Director  
847-940-7575, ext. 118  
amayzel@bjbe.org

## UPCOMING PROGRAMS

Do you find that life sometimes feels like a dizzying, stressful balancing act? Is the constant busyness occasionally overwhelming? Join us for **Zen on the Highwire** at the next **BJBE Stars** event tonight at **7:30pm** as we learn from a professional how to refocus and revitalize. Our guest is **Paul Weitz**, who holds a master's in psychology and certifications in yoga. Follow this path to start your journey: Step 1 - [Click here](#) to RSVP. Step 2 - breathe. Step 3 - extend the effects by asking your spouse/partner to join you. Hosted by [BJBE Stars for Business](#), [Margo Schwartz-Newton](#), and [Joel Newton](#); please contact them with any questions.

**Tuesday Symposium, May 24, 10:00-11:30am.** Symposium Year in Review, Speaker: Rabbi Brian Stoller

***Mishkan Ha-Nefesh: An Introduction to Our New High Holiday Prayer Book.*** Please join our clergy in Shabbat morning Torah study to explore *Mishkan Ha-Nefesh*, the Reform Movement's new High Holiday prayer books that BJBE will begin using for the upcoming High Holidays. **Because you asked...we're adding two more learning sessions!** Remaining sessions, which meet from 11:00am - 12:00pm, include:

- May 28 with Rabbi Stoller
- June 4 with Rabbi Stoller
- June 11 with Rabbi Kedar

Remember to bring your copy of the new *Mishkan Ha-Nefesh* to the Torah Study session.

**The Greater Chicago Jewish Festival** brings the **Maccabeats** and **Shuly Nathan** to its stages on **Sunday, June 5, 2016, 11:00am to 6:00pm, St. Paul Woods, Oakton and Lehigh in Morton Grove.** This year's Greater Chicago Jewish Festival will host over 30 performers from around the

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## Clergy Team

[Rabbi Karyn D. Kedar](#)

[Rabbi A. Brian Stoller](#)

[Cantor Jennifer L. Frost](#)

[Cantor Rayna D. Green](#)

## Education Team

[Sandy Robbins](#)  
(Director of Education)

[Kelly Judge Goldberg](#)  
(Director of Youth and Family  
Engagement)

[Susie Wexler](#)  
(Director of Preschool)

United States and a juried art show with artists from around the world. There will also be delicious food from Chicagoland's Kosher restaurants. The Festival grounds have plenty of free and accessible parking. Admission is \$5. [Click here](#) for more information or call 847-933-3000.

We mark the end of our programming/fiscal year with the **Annual Meeting on Wednesday, June 8 and Leadership Shabbat on Friday, June 10.**

We need a quorum at the Annual Meeting to approve the renovation of the 1141 building to house our school, the JLC (Jewish Learning Center). We will also vote on proposed constitutional amendments that change the size and make up of our Board of Trustees. At Leadership Shabbat, please share the celebration as we install the 2016-17 Board of Trustees and Sisterhood Board.

**Tikkun Leil Shavuot, Saturday, June 11, 7:00 - 11:00pm.** Celebrate the tradition of studying Torah late into the night on Shavuot with BJBE clergy and lay teachers. [Click here](#) for more information.

**Post Carpool Club Brunch and a Movie, Sunday, June 26, 11:00am.**

Join our merry band of "mature" members and friends of BJBE for Brunch and a special showing of *Woman in Gold* with a lively discussion lead by our own Steve Eaton and Sharon Silver, who will share the story of their family's experiences seeking justice and peace post Holocaust. Come enjoy the food, fellowship, movie & discussion. Please invite your friends to join us. Cost is \$18 for BJBE Members and \$20 for guests. Reservations are due to Carol Berger. 4552 Lindenwood Lane. Northbrook, IL 60062 by June 15. For further information see the flyer in the mid-month mailing, or call Carol at 847 205-9793. Summer schedule for Post Carpool is **Botanic Garden for Hot Summer Nights program, Thursday, July 21** and **Ravinia, Saturday, August 20** for Itzak Perlman. Details to follow.

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**Shabbat Torah Study: Leviticus & Numbers, Saturdays, 11:00am - 12:00pm,** Instructors: Rabbi Karyn Kedar and Rabbi Brian Stoller

**Talmud Study, Wednesdays, 7:45 - 9:00am;** Instructor Rabbi Brian Stoller  
*For more information about the Center for Adult Learning, contact [Karyn Benson](#).*

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## YOUTH PROGRAMS

**KYG, JYG and SYG**

**Babysitters wanted.** You asked for it, you got! We are putting together the names and contact information of BJBE teens who are interested in babysitting. Contact [Kelly Goldberg](#) if you would like to be included on a list that will be shared with Temple members in search of babysitters.

Steven Sacks  
(Hebrew School Principal)

Eddie Simon  
(JYG & SYG Advisor)

Lauren Sandoval  
(KYG Advisor)

## Administrative Team

Arlene Mayzel  
(Executive Director)

Larisa Rozman  
(Accounting Manager)

James Ellis  
(Facility Manager)

Chime Costello  
(Rabbi's Assistant)

Sarah Duffin  
(Reception/Administrative Assistant)

Debbie Heywood  
(Education Assistant)

Leslie Block  
(Cantors' Assistant)

Elaine Wexler  
(Executive Director's Assistant)

Dianna Scott  
Event Coordinator

## Lay Leaders

Gary Schaffel  
(President)

Sherri Wolff  
(Sisterhood President)

**DONATE TO**  
**BJBE NOW**

For questions or information about youth programs, please contact [Kelly Goldberg](#).

Want to uphold Jewish ideals  
from generation to  
generation.....Donate to the  
Sustaining Gifts Program. Click  
"DONATE" above or contact  
[Elaine](#) in the BJBE office to  
make a gift..

## SERVICES

**Shabbat Service, Friday, May 27, 7:30pm.**

**Shabbat mornings feature our Kol Shabbat service at 9:30am followed by Torah Study at 11:00am.**

Perform a **mitzvah** and become a **Shabbat Buddy!** There are BJBE members who are unable to drive at night but would like to attend **Friday Night Services**. If you are able to provide rides to and from Shabbat services for BJBE members that live close to you, please become a Shabbat Buddy by sending an email to the [BJBE office](#).

**Wednesday Morning Minyan:** Begin your day in a beautiful and powerful way by attending our Wednesday morning Minyan from **6:45am to 7:15am**. Each week we pray in the intimate space of the Chapel with Rabbi Stoller and a supportive, welcoming group. Experience a prayer service grounded in communal song, thought-provoking liturgy, and deep silence, followed by camaraderie over bagels and coffee. Morning Minyan participants have commented that this worship has connected to their lives in many unexpected and transformative ways. For more information, contact Rabbi Stoller. The weekday prayer melodies are [available here](#), although all are welcome to attend regardless of musical or prayerbook knowledge.

Join us on the **3rd Wednesday of the month** for **Music Minyan**. The amazing **Soul Zimra**, featuring Andy Dennen, Marcus Newman and Gary Schaffel will lead the Music Minyan at **6:45pm**.

*Services in both the Sacred Hall and Sanctuary are streamed.. To view our live or recorded streams, [please click here](#). You may have to watch an initial commercial before the stream begins, but this is a free and open program accessible to anyone. To access: <http://www.ustream.tv/channel/bibelive>. Questions? [Click here](#) to contact Arlene Mayzel.*

## DAYTIME AT BJBE

**Wednesday Morning Minyan:** Our weekday morning Minyan meets in the BJBE Chapel from **6:45 - 7:15am**. Contact [Rabbi Stoller](#) for an audio CD of the weekday prayer melodies.

**Jewish Mindfulness Meditation** is a practice of cultivating an honest (emet) and loving (chesed) orientation towards our lived, present moment experience. Our clergy and Rabbis Jordan Bendat-Appel and Sam Feinsmith from Orot Chicago will draw upon the richness within Jewish tradition, as well as effective techniques of contemporary approaches to mindfulness meditation, to teach and offer this spiritual practice. Feel free to drop in or join us weekly, **Wednesdays 1:00-2:00 pm**; Weekly fee \$10.00. Please call Margot Andersen for information, 847-525-1710.

**Thursday T'ai Chi Ch'uan:** We offer a weekly Thursday morning T'ai Chi class led by Dr. Drew Serlin at 7:30am. There is no charge for these classes. **Please Note:** There will be no T'ai Chi Ch'uan class on 3/3/2016. Class will resume as usual on 3/10/2016.

### **SOCIAL ACTION NETWORK**

We are collecting toiletries, batteries, hearing aids, eyeglasses, ink cartridges, and cell phones. Thank you for your generous donations. **We are NOT collecting used clothing at this time.**

#### **May Tzedakah**

##### **[Keshet](#)**

Keshet is the premier provider of educational, recreational, vocational and social programs for individuals with intellectual disabilities operating according to traditional Jewish values. Their mission is to enhance independence and integration to optimize personal potential.

### **CARING COMMUNITY**

*BJBE's Caring Community is a team of volunteers who can act as your extended family when your family needs additional support. Caring Community provides the following services: home delivered meals in times of need, transportation to/from temple or a medical appointment, phone support for people who are ill or lonely, senior education and caregiver support, chicken or vegetable soups (always available in the kitchen!) and a virtual food pantry. To access these services confidentially, please call Gloria Kaiz at 847-945-3741.*

*BJBE is certified as a Safer Synagogue by Jewish Community Abuse Resources, Education & Solutions (JCARES). Our leadership has been trained in understanding the impact of abuse across the lifespan and improving access to support for congregants experiencing abusive situations. For more information, please contact the clergy at 847-940-7575.*

## ANNOUNCEMENTS

Now that the school year is over, it is time to clean out our **Lost & Found**. On **Thursday, June 2**, we will donate any items left, so please check the Lost & Found if you think you may have left something here at BJBE.

**View the mid-month mailer online** and help us be more green! You may now **opt-out of the paper version of the mid-month mailer**. Beginning in April, we will be offering the mid-month mailers online via the BJBE website. [Send us an email](#) with your name, email address and phone letting us know you would like to opt out of the paper version of the mid-month mailer. Note: If you do not choose to opt-out, you will continue to receive your paper version of the mid-month mailer via the US Mail.

**Coming to BJBE for High Holy Days 2016 - *Mishkan HaNefesh, Machzor for the Days of Awe***. Please stop by the BJBE office to pick up pre-ordered books. **We also have books for sale in the office**. Payment is required at the time of purchase: regular print = \$38/set; large print = \$86/set.

BJBE Sisterhood wants you to know...Whatever you are celebrating.....whether it is a special birthday, anniversary, baby naming, auf ruf, new job, retirement, special trip or any life cycle occasion that you want to share with your temple family, consider sponsoring an oneg to share your simcha! BJBE Sisterhood will help you share your joy at the Friday night oneg shabbat after the service honoring your event. The fee is \$150 which includes our generous dessert trays as well as your name in the Shabbat Bulletin and a thank you at the end of services. You may contact [Sharon Silver](#) with any questions. Checks payable to BJBE Sisterhood. Thank You and Mazel Tov!

**Book BJBE for your upcoming celebration!!** Your spiritual home is also a premier venue with beautiful reception space in the Village Center, Sacred Hall and Courtyard. With completion of the Sanctuary, we have new opportunities available for you to celebrate your special events at BJBE. For information and reservations, contact [Arlene Mayzel](#) or by phone at 847.940.7575.

## JUDAICA (GIFT) SHOP

**Hours for the Judaica Shop** are Sundays only if lecture or special event, Wednesdays 3 PM to 5 PM, Fridays after Services and always by special appointment by calling Audrey 847-788-9084 or Lynne 847-215-1357.

**Looking for a fun and easy way to meet other BJBE members?** How about helping out in the Judaica Shop? Don't worry – we will train you. For

information, please call Arlene Wineberg, 224-676-1112.

**Contact Information**

[Arlene Mayzel](#), Executive Director  
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