



**This Week at BJBE - UPDATE**

**February 1, 2016**

Dear Friends,

Today marks the first voting day in the 2016 election cycle with the Iowa Caucuses. BJBE offers the opportunity to be an informed voter by attending a debate Tuesday evening for the candidates running in the 10th Congressional District Democratic primary election.

Worship with a beat! Friday night our fabulous T'fillah band will be on the bimah.

Enjoy a fun evening of dinner and Bingo sponsored by Sisterhood this Saturday.

Support the OSRUI Camp Scholarship Fund by attending a concert featuring Israeli performer Noa on Saturday, February 13 at the North Shore Center for Performing Arts.

*Please see sections below for information on these and other upcoming programs*

UPDATED: We look forward to celebrating the B'nai Mitzvah of Jesse Reicin and Erin Weiss at the morning service this Saturday. Mazel tov to Jesse, Erin and their families.

L'shalom,  
Arlene

Arlene Mayzel  
Executive Director  
847-940-7575, ext. 118  
amayzel@bjbe.org

## **UPCOMING PROGRAMS**

**Tuesday Symposium, Israel and the Media, Tuesday, February 2 & 9,  
10:00 - 11:30am**, Instructor: Rabbi Jonathan Greenberg, Sr. Vice  
President, Haym Salomon Center for American Jewish Thought

**Quick Links**  
BJBE Website

BJBE Calendar

## **Sunday Morning Adult Learning - Sacred Relationships & the Power of Words, 9:45 - 10:45 am**

Words can be comforting and healing or they can be harsh and abusive. Though we may rarely think about it, the way we speak and the words we use in our relationships do make a difference. Our speakers will provide spiritual and practical guidance for how to use words thoughtfully, so as to help elevate our relationships to the level of the sacred.

**February 7** - *How We Speak in Our Marriage* - Dr. Ruth Kraus, Ph.D.

**February 14** - *How We Speak to Our Children* - Amy Hertzberg, MSSA, CPC

You are invited to attend a **Debate for the 10th Congressional Seat Democratic Candidates, Tuesday, February 2, 7:30pm** at BJBE. Meet Hon. Nancy Rotering and Hon. Brad Schneider along with moderator Lynn Sweet, Chicago Sun Times Washington Bureau Chief. Sponsored by the Jewish community of the North Shore. Please contact [Scott Schreiber](#) for more information.

Please join your Sisterhood friends for an adult night out for **dinner and Bingo on Feb. 6 at 7:30pm**. The cost is \$25 which includes dinner, dessert, 1 drink and 1 Bingo card. [Click here](#) for more information. Contact [Bonnie Koss](#) to RSVP.

**Wednesday, February 10, 7:30pm, Sisterhood Annual Interfaith Program: Kids Talking About How It Is to be Part of an Interfaith Family** - a panel discussion with teens from our BJBE community. This evening is an opportunity to heighten our awareness and expand our knowledge of the blessings and challenges of interfaith family life. Please support the ARK's healthy eating initiative by bringing canned *Kosher* soup and low sodium or reduced fat *Kosher* crackers to the meeting for donation to the ARK Food Pantry. There will also be a box in the Tzedakah Nook to drop off your soup and crackers prior to the Sisterhood meeting. For further information, [click here](#) or contact [Leslie Outten](#), Sisterhood Interfaith Chair or by phone at 847 948-5737.

Can you remember the name of your second grade teacher, but not the person you just met a few minutes ago? Learn how to make your memory a potent business tool at **All You Need is Love** – the next **BJBE Stars for Business** event – **Wednesday, February 17, 7:30 pm** at BJBE. Please contact [Paul Stepankovskiy](#) with any questions or to RSVP.

Israeli international artist, **Noa** and her collaborator and guitarist, **Gil Dor**, possibly the best in the world, will be performing at the **North Shore Center for Performing Arts** in Skokie on **Saturday, February 13, 8:00pm**. They are an awesome blend of Israeli, jazz, contemporary,

BJBE Judaica Shop

Video Streaming Archive

### **In This Issue**

Worship Services  
Mornings at BJBE  
Social Action/Tzedakah

### **Clergy Team**

Rabbi Karyn D.Kedar

Rabbi A. Brian Stoller

Cantor Jennifer L. Frost

Cantor Rayna D. Green

### **Education Team**

Sandy Robbins  
(Director of Education)

Kelly Judge Goldberg  
(Director of Youth and Family  
Engagement)

Susie Wexler  
(Director of Preschool)

Steven Sacks  
(Hebrew School Principal)

Eddie Simon  
(JYG & SYG Advisor)

Lauren Sandoval  
(KYG Advisor)

### **Administrative Team**

Arlene Mayzel  
(Executive Director)

Larisa Rozman  
(Accounting Manager)

international and eclectic music. This performance will benefit the **OSRUI Camp Scholarship Fund**. [Click here](#) for more information.

Please join us for **Board Game Bonanza** family game night sponsored by BJBE Sisterhood on **Sunday, February 28, 4:00-6:00pm** and come for an evening of unplugged fun! Register for the event using the [attached flyer](#). For questions about donations contact [Carlee Londo](#) and about the event [Ronna Belinky](#).

**AIPAC Policy Conference, March 20-22 in Washington DC.**

Registration is open to join Rabbi Stoller and the 50+ members of the BJBE delegation. [Click here](#) for information and registration. For questions, please contact [Howard Schneider](#).

**Save the Date.....BJBE's Gala, Saturday, May 14.**

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**Shabbat Torah Study: Leviticus & Numbers, Saturdays, 11:00am - 12:00pm**, Instructors: Rabbi Karyn Kedar and Rabbi Brian Stoller

**Talmud Study, Wednesdays, 7:45 - 9:00am**; Instructor Rabbi Brian Stoller

*For more information about the Center for Adult Learning, contact [Karyn Benson](#).*

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**YOUTH PROGRAMS**

**KYG**

KYG goes to **Rockin' Jump** in Buffalo Grove, **Saturday, February 21, 3:00-5:30pm**. To learn more, here's the [flyer](#). Contact [Lauren Sandoval](#) with questions.

Volunteer at **Bernie's Book Bank, Saturday, March 5, 2:30-4:30pm**. To learn more, here's the [flyer](#). Contact [Lauren Sandoval](#) with questions.

**JYG**

**NFTY 678** Junior Youth Group weekend Kallah, **February 26-28** at OSRUI. Contact [Eddie Simon](#) with questions.

Volunteer at **Chicago's Habitat for Humanity, Sunday, March 6, 3:00-5:00pm**. To learn more, here's the flyer. Contact [Eddie Simon](#) with questions.

Volunteer at **Just Harvest** and enjoy dinner at Cheesies in Evanston, **Saturday, March 12, 5:00-9:00pm**. To learn more, here's the [flyer](#). Contact [Eddie Simon](#) with questions.

James Ellis  
(Facility Manager)

(Rabbi's Assistant)

Sarah Duffin  
(Reception/Administrative Assistant)

Debbie Heywood  
(Education Assistant)

Leslie Block  
(Cantors' Assistant)

Elaine Wexler  
(Executive Director's Assistant)

Dianna Scott  
Event Coordinator

**Lay Leaders**

Gary Schaffel  
(President)

Sherri Wolff  
(Sisterhood President)

**DONATE TO**  
**BJBE NOW**

Why supporting the Sustaining Gifts Program - *Sustain, Support, Imagine* makes a difference -

"I am excited to share our warm and vibrant community with others. BJBE is a place where everyone can access Judaism while solidifying friendships and creating a strong sense of family." Lynn

## **SYG**

**January 22-24, SYG Retreat!** Join high school students from BJBE, Beth Am and Temple Chai for a fun-filled, meaningful and unforgettable weekend at **OSRUI** in Oconomowac, WI. Contact [Eddie Simon](#) with questions. [Click here](#) for a link to the flyer.

**Lounge Night! Thursday, February 11,** Come for free dinner! Let [Eddie](#) know you'll be joining!

**PADS** volunteering, **Sunday, February 28, 5:30-9:00pm** at **First Presbyterian Church**. Contact [Eddie Simon](#) to RSVP.

Volunteer at Chicago's **Habitat for Humanity, Sunday, March 6, 3:00-5:00pm**. To learn more, contact [Eddie Simon](#).

For questions or information about youth programs, please contact [Kelly Goldberg](#).

## **SERVICES**

**Mizmor L'Shabbat Service, Friday, February 5, 7:30 p.m.** featuring our fabulous T'fillah Band.

Shabbat mornings feature our **Kol Shabbat** service at **9:30am** followed by **Torah Study at 11:00am**.

**Wednesday Morning Minyan:** Begin your day in a beautiful and powerful way by attending our Wednesday morning Minyan from **6:45am to 7:15am**. Each week we pray in the intimate space of the Chapel with Rabbi Stoller and a supportive, welcoming group. Experience a prayer service grounded in communal song, thought-provoking liturgy, and deep silence, followed by camaraderie over bagels and coffee. Morning Minyan participants have commented that this worship has connected to their lives in many unexpected and transformative ways. For more information, contact Rabbi Stoller. The weekday prayer melodies are [available here](#), although all are welcome to attend regardless of musical or prayerbook knowledge.

Join us on the **3rd Wednesday of the month** for **Music Minyan and Supper Club**. The amazing **Soul Zimra**, featuring Andy Dennen, Marcus Newman and Gary Schaffel will lead the Music Minyan at **6:45pm**. Supper Club will precede minyan at 5:45pm. The next Music Minyan is February 17. Mark your calendars,

*Services in both the Sacred Hall and Sanctuary are now streamed.. To view our live or recorded streams, [please click here](#). You may have to watch an initial commercial before the stream begins, but this is a free and open program accessible to anyone. To access: <http://www.ustream.tv/channel/bibelive>. Questions? [Click here](#) to contact Arlene Mayzel.*

## **MORNINGS AT BJBE**

**Wednesday Morning Minyan:** Our weekday morning Minyan meets in the BJBE Chapel from **6:45 - 7:15am**. Contact [Rabbi Stoller](#) for an audio CD of the weekday prayer melodies.

**Thursday T'ai Chi Ch'uan:** We offer a weekly Thursday morning T'ai Chi class led by Dr. Drew Serlin at 7:30am. There is no charge for these classes.

## **SOCIAL ACTION NETWORK**

Help continue our work in New Orleans! Join Cantor Green, Kelly Goldberg, and fellow BJBE congregants in our **eighth annual social action mission to New Orleans, March 10-13, 2016**. We will continue to strengthen interfaith relationships with Christian and Jewish groups in the Crescent City, form new friendships within our BJBE community, and help rebuild communities in need. Together, we will also explore and enjoy the unique city of New Orleans. For more information, please contact [Lara Kirts](#) or [Mike Goldberg](#).

We are collecting toiletries, batteries, hearing aids, eyeglasses, ink cartridges, and cell phones. Thank you for your generous donations. **We are NOT collecting used clothing at this time.**

### **February Tzedakah Project Nourish**

BJBE has provided lunches to those in need in Chicago and Lake County for many years. The lunches are packed in the BJBE kitchen and then delivered by a group of dedicated volunteers the 4th Sunday of each month. Please support this important BJBE social action effort by donating to the [Bob Terry Project Nourish Fund](#).

## **CARING COMMUNITY**

**Mitzvah Opportunity: Bikur Cholim!** In partnership with the **Jewish Healing Network of Chicago**, BJBE is hosting a training program on **February 8, 18 and 22 (7:30pm - 10:00pm)** and welcomes new and returning volunteers, as well as those interested in improving their visiting skills in support of family and friends. Attendance at all three sessions is recommended but not required. For more information, or to register,

contact [michael.erdman@hotmail.com](mailto:michael.erdman@hotmail.com) or BJBE - (847) 940-7575.

The Caring Community and CJE Senior Life are pleased to offer individual appointments at no charge with **Senior Health Insurance Counselor Esther Craven**. Esther has over 25 years of experience at CJE. As a benefits specialist, she offers assistance and advocacy in areas of Medicare, health insurance and resources for retirement. Individual appointments with Esther are available at BJBE on **Monday, March 14 and Monday, May 16 from 5:00 - 7:00 pm**. Please email [Elaine Wexler](mailto:Elaine.Wexler@bjbe.org) or call her in the temple office at 847.940.7575, ext. 135.

*BJBE's Caring Community is a team of volunteers who can act as your extended family when your family needs additional support. Caring Community provides the following services: home delivered meals in times of need, transportation to/from temple or a medical appointment, phone support for people who are ill or lonely, senior education and caregiver support, chicken or vegetable soups (always available in the kitchen!) and a virtual food pantry. To access these services confidentially, please call Gloria Kaiz at 847-945-3741.*

*BJBE is certified as a Safer Synagogue by Jewish Community Abuse Resources, Education & Solutions (JCARES). Our leadership has been trained in understanding the impact of abuse across the lifespan and improving access to support for congregants experiencing abusive situations. For more information, please contact the clergy at 847-940-7575.*

## **ANNOUNCEMENTS**

BJBE Sisterhood wants you to know...Whatever you are celebrating.....whether it is a special birthday, anniversary, baby naming, auf ruf, new job, retirement, special trip or any life cycle occasion that you want to share with your temple family, consider sponsoring an oneg to share your simcha! BJBE Sisterhood will help you share your joy at the Friday night oneg shabbat after the service honoring your event. The fee is \$150 which includes our generous dessert trays as well as your name in the Shabbat Bulletin and a thank you at the end of services. You may contact [Sharon Silver](mailto:Sharon.Silver@bjbe.org) with any questions. Checks payable to BJBE Sisterhood. Thank You and Mazel Tov!

**Book BJBE for your upcoming celebration!!** Your spiritual home is also a premier venue with beautiful reception space in the Village Center, Sacred Hall and Courtyard. With completion of the Sanctuary, we have new opportunities available for you to celebrate your special events at BJBE. For information and reservations, contact [Arlene Mayzel](mailto:Arlene.Mayzel@bjbe.org) or by phone at 847.940.7575.

Stay connected to BJBE through the [BJBE Community Facebook Page!](#)  
Just click on the the link above to join BJBE Community and get access to our fun, informative page.

### **JUDAICA (GIFT) SHOP**

**Hours for the Judaica Shop** are Tuesdays and Thursdays from 4:30pm to 6:30pm, Sundays 9:30am to 11:30am, always after Friday night services and by special appointment. For information contact Lynne Kleiman, 847-215-1357 or Irene Schatz 847-729-8812.

**Looking for a fun and easy way to meet other BJBE members?** How about helping out in the Judaica Shop? Don't worry -- we will train you. For information, please call Arlene Wineberg, 224-676-1112.

#### **Contact Information**

[Arlene Mayzel](#), Executive Director  
Congregation B'nai Jehoshua Beth Elohim  
1201 Lake Cook Road  
Deerfield, IL 60015  
(847) 940-7575

BJBE, 1201 Lake Cook Road, Deerfield, IL 60015

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