

**BJBE is a sacred inclusive community that welcomes the full diversity of our membership. We accept all who seek a place in our congregation.*

**BJBE is certified as a Safer Synagogue by Jewish Community Abuse Resources, Education & Solutions (JCARES). Our leadership has been trained in understanding the impact of abuse across the lifespan and improving access to support for congregants experiencing abusive situations. For more information, please contact the clergy or the temple office at 847-940-7575.*

**BJBE is certified as a GreenFaith Congregation. As God's partners, we strive to positively affect the well-being and future of our planet through education, choice, and action.*

**The information listed in Portals, including dates and times, is subject to change. Please watch your email, temple bulletins and the online community calendar for the most up-to-date information.*

**Please join the "BJBE Community" on Facebook!*



ברוכים הבאים לשערים

WELCOME TO PORTALS!

We welcome you to another inspiring year at BJBE!

All of us are on a quest to discover the meaning and purpose of our lives. We believe that this discovery can come through participation in a sacred Jewish community, and yet we know that each person's Jewish journey will be different. Our mission is to help you find your own special entry point, or Portal, into Jewish life based on your particular passions and interests – so that when you walk through it, your soul will sing, your spirit will soar, and in time, you will come face-to-face with your destiny.

As you continue your quest for meaning and purpose this year, this booklet can be your guide. Here you will find the amazing variety of programs, events, classes, and worship opportunities that will take place at BJBE throughout the coming year.

Our many offerings are organized by Centers, or areas of interest. So, for example, if you are seeking to expand your spiritual horizons, you may find your portal in the Center for Prayer and Spiritual Growth. If you love to challenge and stimulate your mind, you might find your portal in the Center for Adult Learning. If you enjoy exploring your creative side, your portal may be the Center for Artistic Expression. Or you might find your passion in one of the many other Centers within BJBE.

We invite you to peruse this book and find something that sparks your interest. Then, when you're ready, we hope you will walk through the Portal of your choice into the exciting world of meaning, purpose, and destiny.

Enjoy the journey!



RABBI KARYN KEDAR



RABBI BRIAN STOLLER



CANTOR JENNIFER FROST



CANTOR RAYNA GREEN

A LETTER FROM OUR PRESIDENT, GARY SCHAFFEL

Each of us is on a spiritual journey that is an individual and unique experience. Each one of us comes to the synagogue with thoughts, feelings, and questions that drive our participation within the community. Many of us feel a desire to get involved but do not know how or where to start. *PORTALS* is a unique publication that we have created to help us find our way to meaning and purpose.

For me, trying activities in several different areas has been fun and interesting. It has added a richness to my life and to the lives of my family. At BJBE, there is always an opportunity to explore that Jewish spark inside each of us in a way that is both fulfilling and safe.

Participation by our congregants and involvement in our community is the fuel that creates sacred experiences. Our community comes alive as people engage with each other through the vast offerings found in this book. I invite you to jump in and give it a try. We are counting on you to realize the full potential of our community.

Our five Core Values are a starting point by which the different programs and offerings are oriented. As you peruse the pages ahead, you will see that there are emails and phone numbers that make it easy to connect and start your journey.

We are fortunate to have so much at BJBE that motivates us, inspires us, and ultimately helps us understand the meaning and purpose of our lives. Opportunity abounds! I hope you will find your way.

Lshalom,

A handwritten signature in black ink, appearing to read 'Gary Schaffel', written in a cursive style.

Gary E. Schaffel, M.D.

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Lifelong learning that informs us of transition, transforms us by touching our minds and souls and connects us to our community.

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Israel

Israel is not simply a committee at BJBE. We are privileged to recognize the modern miracle of the establishment of the State of Israel. After centuries of dispersion and the Holocaust, we have a state which is a vibrant Jewish center and must be a core component of every Jew's identity.

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Torah

O Adonai, our God, let the words of Torah be sweet in our mouths, and the mouths of Your people Israel, so that we, our descendants and the descendants of all Your people Israel may know You by studying your Torah for its own sake.

Blessed are You, Adonai, who teaches Torah to Your people Israel.

— *Mishkan T'flah*



BJBE

ONGOING PROGRAMS

Shabbat Torah Study: Numbers

Saturdays, 11:00 a.m.-12:00 p.m.

Instructors: Rabbi Karyn Kedar and Rabbi Brian Stoller

Five years ago, we began studying the Torah from the beginning. This year we will begin the Book of Numbers. We explore the Torah verse-by-verse, picking up each week where we left off the week before. For Torah study veterans and beginners alike, this is a meaningful and thought-provoking exploration of our most cherished book. New students are always welcome.

Talmud Study

Wednesdays, 7:45-9:00 a.m.

Instructor: Rabbi Brian Stoller

Reform Jews at BJBE and around the world are rediscovering the study of Talmud and other rich, thought-provoking, and inspiring classical texts. Using English translations of the texts in a casual conversational format, we will continue to explore the wisdom of our Jewish sages and discover insights that constantly change our perspective on modern living, deepen our relationship with God, and transform our way of being in the world. The group meets on an ongoing basis throughout the year and you are welcome to join in at any time.

Adult B'nai Mitzvah/Confirmation

New Class Begins January 2017

Sundays, 9:30-11:30 a.m.

Instructor: Phyllis Steiner

This year-long course meets weekly and is open to all adults whether or not you celebrated becoming a Bar/Bat Mitzvah when you were 13! Learn to read Hebrew and chant the basic Shabbat prayers, study the Jewish calendar and holidays, and read and discuss Tanakh together. The class culminates with a group B'nai Mitzvah/Confirmation ceremony. Registration is limited.

CONTACT: Phyllis Steiner
phyllissteiner@comcast.net

SPECIAL PROGRAMS

Navigating Medicare

Tuesday, November 1, 2016, 7:30 p.m.

Caregiving 101 For The Un-Initiated: What You Need To Know

Monday, December 12, 2016, 7:30 p.m.

Resolving Fears About The Future

Monday, March 27, 2017, 7:30 p.m.

*For more information, refer to *K'hilat Shalom: BJBCE Caring Community* on pages 46-47.

“Nurture the Wow: Finding Spirituality in the Frustration, Boredom, Tears, Poop, Desperation, Wonder, and Radical Amazement of Parenting”

Tuesday, January 24, 2017, 7:30 p.m.

*For more information, refer to *Chinuch: Religious Education for Children* on page 13.

Wise Aging – Living with Joy, Resilience & Spirit

7-Week Session: Dates TBD

*For more information, refer to *T'hillah: The Center for Prayer and Spiritual Growth* on page 32.

Tikkun Leil Shavuot – Shavuot Late-Night Learning

Tuesday, May 30, 2017, 7:00-11:00 p.m.

Participate in the tradition of studying Torah on Erev Shavuot, in celebration of receiving Torah at Mt. Sinai. A set of late-night study sessions will be offered by our BJBCE clergy and volunteer teachers.

CONTACT: Phyllis Steiner
phyllissteiner@comcast.net

Who is a Jew? Israel's Unfinished Saga of Religion, Law, and Politics

Monday, September 12, 2016, 7:30 – 9:00 p.m.

Speaker: Rabbi Uri Regev, President and CEO, Freedom of Religion for Israel

There has been no topic greater than “Who is a Jew?” that brings Israel and the rest of the Jewish people into conflict over recent decades. Rabbi Regev, who has fought and won many of the landmark “Who is a Jew?” cases before Israel’s Supreme Court and has written extensively on the subject, will present a brief history of this ongoing saga. He will discuss the changes that are needed to ensure inclusiveness and religious pluralism...and the role of the American Jewish community in this critical effort.

Anti-Semitism and the Alt-Right

Monday, September 19, 2016, 7:30-8:30 p.m.

Speaker: Lonnie Nasatir, Regional Director, Anti-Defamation League

In the midst of the 2016 election campaign, the old scourge of anti-Semitism has again raised its ugly head. Trolling on Twitter, Facebook, and other social media, adherents of the so-called “Alt-Right” are poisoning our political discourse with anti-Jewish hatred in a way not seen in our country for many years. Who is the Alt-Right and what does their emergence mean for American Jews?

North Shore Jewish Community Candidate Forum

Sunday, September 25, 2016, 3:00-4:30 p.m.

The 2016 elections are just around the corner, so now is the time to learn what they mean for you. As we prepare to go to the polls on November 8, BJBE is partnering with area synagogues, Jewish communal groups and day schools to host a Candidate Forum at BJBE. Come meet and hear from the federal and state legislative candidates in our area, including the candidates for Congress in the Ninth and Tenth congressional districts, as they address the hottest issues facing our country, our neighborhoods, and our Jewish community.

SUNDAY MORNING ADULT LEARNING

Programs taking place in September-December 2016 will be held at Weinberg Community for Senior Living, 1601 Lake Cook Road, Deerfield (the first building off Wilmot Road, just South of Lake Cook Road).

Beginning January 2017, bring your kids to JLC, get coffee and a bagel at the Beit Cafe, and learn something new about Judaism with congregants of all ages at the temple.

Preparing Our Hearts for the High Holy Days

Sundays, September 18 & 25, 2016, 9:45-10:45 a.m.

Weinberg Community Location

Instructors: Rabbi Karyn Kedar & Rabbi Brian Stoller

As we prepare to enter the High Holy Day season, Rabbi Kedar and Rabbi Stoller will guide us in exploring the themes of forgiveness, atonement, and renewal, and help us ready our hearts and minds to come before God in *t'shuvah*. Please bring your new High Holiday machzors with you to these sessions.

Cultivating True Self-Esteem in a Social Media World

Sundays, October 23 & 30, 2016, 9:45-10:45 a.m.

Weinberg Community Location

Instructors: Kelly Goldberg and Amy Hertzberg

Social media posts that depict how great we are and how we look impact the way our children see themselves and may inadvertently undermine their self-esteem. Led by parenting experts Amy Hertzberg and Kelly Goldberg, we will explore practical ways to promote self-esteem in our children and teach them compassion and empathy in a social media world. This series is especially important for parents of teens and pre-teens.

Saying “No” to Abusive Relationships, and “Yes” to Healthy Ones

Sundays, November 6, 13 & 20, 2016, 9:45-10:45 a.m.

Weinberg Community Location

*Facilitators: Deborah Zionts, SHALVA Education and Outreach Coordinator
& Naomi Senser, SHALVA Board Member*

Everyone deserves the right to healthy, happy, and safe relationships whether at home, in our families, or at work. We will hear from expert panelists on how to identify when someone we love is being abused, who to turn to, and how to advocate for healthy relationships for our loved ones and ourselves.

- NOVEMBER 6 – **ABUSE IN THE HOME** – Barbara Siegel, LCPC, Illinois Certified Domestic Violence Professional and Clinical Director SHALVA; Donna Fishman, Co-Chair Jewish Coalition Against Sex Trafficking Chicago (JCAST); Natalie Juarez, Prevention Specialist Zacharias Sexual Abuse Center
- NOVEMBER 13 – **ABUSE IN THE WORKPLACE** – Brenda Feis, Employment Law Attorney and Loyola Law School professor; Darshini Brown, Senior Vice President of Human Resources, Trustwave
- NOVEMBER 20 – **ABUSE OF ELDERS** – Sharon Dornberg-Lee, Clinical Supervisor CJE SeniorLife, Instructor, University of Chicago School of Social Service Administration; Marcia Spira, PhD, Loyola University Chicago School of Social Work Associate Dean for Academics, Professor and Director for the Institute for Intergenerational Study and Practice

Festivals of Lights: The Common Roots of Hanukkah & Christmas

Sundays, December 4 & 11, 2016, 9:45-10:45 a.m.

Weinberg Community Location

Instructor: Rabbi Brian Stoller

Is it just a coincidence that both Hanukkah and Christmas are celebrated in December and by lighting lights? The truth is that these two holidays have much more in common than you might think. Looking both at ancient Jewish sources and the New Testament, we will uncover the hidden stories and common roots of Hanukkah and Christmas.

Jewish Spirituality & Mindfulness

Sunday, January 15, 2017, 9:45-10:45 a.m.

Instructors: Rabbi Jordan Bendat-Appell, Institute for Jewish Spirituality and Margot Andersen, MSW, Jewish Mindfulness Meditation Teacher Trainee

Jewish Spirituality joins our ancient texts and wisdom with the modern neuroscience of Mindfulness. Join us to learn how to be more receptive to the fullness of each moment in your life with grace and ease, while exploring your personal sense of being Jewish.

Murder & Morality

Sunday, January 22, 2017, 9:45-10:45 a.m.

Instructors: Rabbi Brian Stoller & Dick Adler

Harvard ethicist Dr. Michael Sandel poses the following ethical dilemma: “If you had to choose between (1) killing one person to save the lives of others and (2) doing nothing, even though you knew that five people would be murdered right before your eyes if you did nothing – what would you do?” Integrating Jewish text with Dr. Sandel’s brilliant teaching, we will explore the key principles underpinning the ethics of life and death.

Understanding Islam: An Introduction to Basic Beliefs & Practices

Sunday, January 29, 2017, 9:45-10:45 a.m.

Instructor: Tahera Ahmad, Director of Interfaith Engagement, Northwestern University

Islam is one of the world’s great religions with more than a billion followers around the world. It is a constant topic of discussion in the news and in our culture, but most of us have little to no understanding of the religion. Tahera Ahmad will give us an introduction to the basic beliefs and practices of Islam and talk about what it is like to be a Muslim in America.

Jewish Ethical Wills: Crafting a Values-Based Legacy for Yourself & Your Family

Sundays, February 5 & 19, 2017, 9:45-10:45 a.m.

Instructor: Rabbi Karyn Kedar

What are the core values that define who you are, how you want your children to live, and how you want to be remembered? Rabbi Kedar will lead us in exploring our most deeply held convictions and aspirations and, drawing on the wisdom of Jewish tradition, help us think about the legacy we want to transmit to the next generation.

“In God’s Image”: Including People with Disabilities in Jewish Life

Sunday, February 12, 2017, 9:45-10:45 a.m.

Instructor: Dr. Jennifer Gendel, Kesbet Inspire Center Director & Chairman of the BJBE Inclusion Task Force

Inclusion is about enabling all Jews to feel that they belong, contribute, and can participate fully in Jewish life. Inclusion expert Dr. Jennifer Gendel will lead a panel of individuals with disabilities and their parents in a discussion about their experiences with synagogue life, Jewish summer camp, and the B’nai Mitzvah social scene. Together we will explore the success and challenges of Jewish communal inclusion efforts, and think about how we can continue to make BJBE an ever-more welcoming and accessible community for people with disabilities and their families.

Defining the Line Between Parenthood & Friendship

Sundays, February 26 & March 5, 2017, 9:45-10:45 a.m.

Instructors: Amy Hertzberg & Kelly Goldberg

We may enjoy the same music, use the same social media, and wear the same clothes, but how do we remain our children's parent and not their BFF? Parenting experts Amy Hertzberg and Kelly Goldberg will talk to us about how to establish appropriate and enforceable boundaries while maintaining a healthy relationship with our children, how to maintain open but appropriate communication, and how to guide children in a firm but loving way that promotes independence and confidence. We will also explore the philosophies and impacts of "Helicopter Parenting" and "Tiger Parenting."

Jewish Wisdom for Growing Older

Sunday, March 19, 2017, 9:45-10:45 a.m.

Instructor: Julie Webb

At each new stage of maturity, changing life situations present different challenges and opportunities. We will explore growing older from both practical and spiritual perspectives, and learn to live each day with intention. Jewish wisdom, guided exercises, and engaging discussion will help us mindfully reflect on the past, better understand present needs and interests, and re-envision the next stage of the journey.

Passover & Easter: Two Stories of Redemption

Sunday, April 9, 2017, 9:45-10:45 a.m.

Instructor: Rabbi Brian Stoller

Passover and Easter are, in many ways, Judaism's and Christianity's most theologically important holidays. Both tell stories of redemption: the redemption of the Jewish people from Egyptian slavery by God, and the redemption of believers from sin by the death and resurrection of Jesus. Looking at passages from the Torah and from the New Testament, we will examine the meaning of redemption in the Jewish and Christian traditions and apply insights from both faiths to our own lives.

Holocaust Survivor Stories, In Their Own Words

Sundays, April 23 & 30 and May 7, 2017, 9:45-11:00 a.m.

As the world commemorates Yom HaShoah (Holocaust Remembrance Day), BJBE is honored to welcome survivors of the Holocaust to share their stories of heroism, survival, and renewal. It is a privilege and a sacred duty to bear witness to their stories.

- APRIL 23 – **SCREENING OF “REGINA: THE WORLD’S FIRST FEMALE RABBI”** – This documentary film tells the story of Regina Jonas (1902-1944), a strong woman who made history by becoming the first properly ordained woman rabbi in the world. During the Nazi era, her sermons and her unparalleled dedication brought encouragement to the persecuted German Jews. Regina Jonas was murdered in Auschwitz in 1944. Using amazing archival footage, this remarkable film paints a vivid picture of early-20th-century Jewish life in Berlin and brings us a story of a person whose image is known through one photograph alone.
- APRIL 30 – **FRITZIE FRITZSHALL** – Born in Czechoslovakia, Fritzie was taken at age 13 to Auschwitz-Birkenau, where she lost her mother, her brothers, and her aunt. She has vivid memories of the notorious Dr. Joseph Mengele, known as “The Angel of Death,” surveying prisoners and choosing some for his diabolical human experiments. Fritzie has been an active voice against anti-semitism in the Chicago area for many years and currently serves as president of the Illinois Holocaust Museum in Skokie.
- MAY 7 – **BARNEY SIDLER** – After the Nazis conquered Poland when Barney was a child, he spent years moving from Jewish ghettos to labor camps before being liberated in 1945. Arriving in the U.S. with virtually no education, Barney worked hard and eventually became a successful, self-made businessman. He speaks frequently to children around Chicagoland, encouraging them to take advantage of the amazing educational opportunities available to them.

Sisterhood YES Fund Event

Sunday, May 21, 2017, 10:00-11:30 a.m.

*For more information, refer to *Kol Isha: BJBE Sisterhood* on page 57.

THE SYMPOSIUM: JEWISH HEROES, HEROINES & PERSONALITIES

Through study of their writings, speeches, and music, along with biblical and historical sources, we will learn about some of the most fascinating personalities who have shaped the Jewish experience from ancient times to the modern day. As always, our Symposium will be taught by some of Chicagoland's leading rabbis and teachers, along with our own BJBE clergy.

Jewish Vaudeville & Music Heroes

Tuesdays, September 6 & 13, 2016, 10:00-11:30 a.m.

Instructor: Yuri Lane

Jonah: The Reluctant Prophet

Tuesdays, September 20 & 27, 2016, 10:00-11:30 a.m.

Instructor: Rabbi Simcha Bob, Congregation Etz Chaim

Jesus & Paul: Their Jewish Roots

Tuesdays, October 18 & 25, 2016, 10:00-11:30 a.m.

Instructor: Pastor Jay Moses, Hope Presbyterian Church of Wheaton

First Female Rabbi Regina Jonas & Nameless Women in the Tanakh

Tuesdays, November 1 & 8, 2016, 10:00-11:30 a.m.

Instructor: Rabbi Karyn Kedar

Samson & Yiftakh: Stories from the Book of Judges

Tuesdays, November 15 & 22, 2016, 10:00-11:30 a.m.

Instructor: Rabbi Yehiel Poupko, Judaic Scholar, Jewish United Fund of the Jewish Federation of Metropolitan Chicago

Rabbi Leo Baeck: Philosopher & Holocaust Survivor

Tuesdays, November 29 & December 6, 2016, 10:00-11:30 a.m.

Instructor: Rabbi Ellen Dreyfus, B'nai Yehuda Beth Shalom

Korach, Balaam & Other Self-Proclaimed Biblical Heroes Who Never Made It

Tuesdays, December 13 & 20, 2016, 10:00-11:30 a.m.

Instructor: Rabbi Michael Balinsky, Executive Vice President, Chicago Board of Rabbis

Rashi

Tuesdays, January 10 & 17, 2017, 10:00-11:30 a.m.

Instructor: Rabbi Brian Stoller

Golda Meir & Deborah: Jewish Female Leaders
Yitzchak Rabin & Aaron: Leading Jews Towards Peace

Tuesdays, January 24 & 31, 2017, 10:00-11:30 a.m.

Instructor: Rabbi Richard Prass, Congregation Beth Am

Menachem Begin: Freedom Fighter & Prime Minister

Tuesdays, February 7 & 14, 2017, 10:00-11:30 a.m.

Instructor: Rabbi Jonathan Greenberg, Senior Vice President, Haym Salomon Center

Rabbi Akiva

Tuesdays, February 21 & 28, 2017, 10:00-11:30 a.m.

Instructor: Rabbi Ilana Baden, Temple Chai

Bialik, Rachel, Zelda & Amichai: Modern Hebrew Poets

Tuesdays, March 7 & 14, 2017, 10:00-11:30 a.m.

Instructor: Rabbi Debra Newman Kamin, Am Yisrael Congregation

Molly Picon & Debbie Friedman: Musical Pioneers

Tuesdays, March 21 & 28, 2017, 10:00-11:30 a.m.

Instructor: Cantor Rayna Green

Beruriah: Talmudic Heroine

Tuesdays, April 18 & 25, 2017, 10:00-11:30 a.m.

Instructor: Rabbi Wendi Geffen, North Shore Congregation Israel

Miriam: The Prophetess

Tuesdays, May 2 & 9, 2017, 10:00-11:30 a.m.

Instructor: Cantor Jennifer Frost

King Solomon

Tuesday, May 16, 2017, 10:00-11:30 a.m.

Instructor: Rabbi Seth Limmer, Chicago Sinai Congregation

BJBE HEBREW CLASSES

Hebrew classes for adults are taught by Ezra Kedar at BJBE. For a list of schedules and fees, please contact the temple office: 847-940-7575.

Advanced Beginning Conversational Hebrew

This class is for adults who have mastered Hebrew reading and are ready to learn how to comfortably carry on a simple Hebrew conversation.

Intermediate Conversational Hebrew

Amaze yourself with how much fun you'll have speaking Hebrew!

Prerequisites: Prior knowledge of basic conversational Hebrew and ability to write Hebrew script.

Advanced Conversational Hebrew

This class is for people who can begin to hold a full conversation in Hebrew and who write Hebrew script competently. Prerequisite: Intermediate Conversational Hebrew.

LEARNING TOGETHER...WHEREVER

Spiritual Seekers Discussion Group

Day & Time TBD

Omer Study Group

Spring 2017 Dates TBD

*For more information, refer to *T'hillah: The Center for Prayer and Spiritual Growth* on pages 31-32.

Searchers Groups

Searchers is the ultimate in Jewish learning as spiritual practice. In a Searchers group, sacred text becomes the vehicle for exploring your own spirituality, for making new friends, and for sharing new ideas and contemplating life's experiences in the safety of a caring community. Groups are lay led and meet on a monthly basis.

CONTACT: Beth Kon
msbkon@aol.com

Learners' Circles

Learners' Circles are the hottest new thing in 21st century adult study. Gather your own group of 7-10 friends, pick a Jewish topic you're interested in studying, and one of our clergy will teach 3-4 sessions at a time and place that is convenient for you.

CONTACT: Andrew Abrams
andrewjabrams@gmail.com

*For more information about the Center for Adult Learning,
contact Andrew Abrams at andrewjabrams@gmail.com.

CHINUCH: RELIGIOUS EDUCATION FOR CHILDREN

חינוך

Our religious education revolves around the Five Core Values of our temple: *Torah* (study), *Avodah* (prayer and spiritual practice), *G'milut Chasadim* (acts of loving kindness), *Community* (creating and nurturing friendships and comfort zones within the temple), and *Israel* (the State and peoplehood).

These core values are reflected in every one of our educational programs each day that our students come together to learn and to grow.

EARLY CHILDHOOD PROGRAM AT THE CHAVA CENTER

Pre-School, Summer Camp, Tot-Adult Programs

Our Chava Center provides a safe, nurturing, and stimulating environment, thoughtfully designed to facilitate the social, emotional, physical, intellectual, and Judaic growth and development of learners from two to five years old. With a professional staff of lifelong learners who structure play-based learning opportunities based on research and best practices in early childhood education, we believe in a partnership with individual families, creating personalized experiences to best meet the unique needs of every child. At each age level, we offer options for attendance. Children can extend their experience by enrolling in our lunch bunch program. Additional on-site enrichment opportunities deepen children's explorations.

Tot-Adult Programs provide an opportunity for our youngest learners to explore while sharing time with the adults who love them. Programs are designed to meet the developmental needs of young children with opportunities for socialization and motor skill development within a fun, safe, and nurturing environment. New programs are added often. Contact Susie Wexler for a schedule of existing classes or to propose an idea for a class we should offer.

For an updated list of programs offered throughout the year, please visit the Early Childhood Center page on the BJBE web site at www.bjbe.org.

CONTACT: Susie Wexler, Early Childhood Director
swexler@bjbe.org

CHAVA CENTER SPECIAL PROGRAMS

Young Family Sukkot Celebration

Sunday, October 16, 2016, 4:00 p.m.

Join our ECC community for crafts, activities, and a snack as we decorate the BJBE sukkah and experience the mitzvot of shaking the lulav and eating in the sukkah.

Havdalah in Pajamas

Saturday, January 21, 2017, 4:30 p.m.

Wear your pajamas and join us as we celebrate Havdalah with a special story and snack.

“Nurture the Wow: Finding Spirituality in the Frustration, Boredom, Tears, Poop, Desperation, Wonder, and Radical Amazement of Parenting”

Tuesday, January 24, 2017, 7:30 p.m.

Wine, Cheese & Book Discussion with Author Rabbi Danya Ruttenberg. Described as “deeply affecting, funny, and insightful,” this book by a Chicago rabbi and parent of young children teaches us that, if we can learn to approach the demanding and draining work of parenting with a different mindset, then perhaps parenting itself can satisfy our inner spiritual longings and provide the solace we seek. Rabbi Ruttenberg will join us for an evening of thoughtful conversation about raising children, maintaining our sanity, and finding inner balance.

JEWISH LEARNING CENTER (JLC)

JLC Sunday

Sundays: September 11, 2016 – May 7, 2017

Kindergarten through 6th grade, 9:30 a.m.-12:00 p.m.

The JLC is an integrated Judaic/Hebrew program which focuses on the way students learn by imparting information through engaging and meaningful learning opportunities, transforming our students' Jewish identity through thought-provoking and relevant activities, and creating and sustaining community through shared experiences. Parents are invited to learn with their children throughout the school year.

CONTACT: Sandy Robbins, Director of Education
srobbins@bjbe.org

JLC AfterSchool

Tuesdays: September 13, 2016 – May 2, 2017, 4:30-6:30 p.m.

- OR -

Wednesdays: September 14, 2016 – May 3, 2017, 4:30-6:30 p.m.

JLC AfterSchool is for our students in 3rd-6th grades. The curriculum is the product of our work with the **B'nai Mitzvah Revolution (BMR)**, a national initiative with the goal of providing meaningful and long-lasting opportunities for our students as they grow into learned and engaged Jewish adults. Students select between three portals of learning: *My Personal Prayer Journey* focuses on creating a personalized Bar/Bat Mitzvah experience; *Team Tzedek* focuses on social action projects with other temple families; and *My Israel Journey* for those families who choose for their child to become B'nai Mitzvah in our Jewish homeland. Students attend school on either Tuesday or Wednesday afternoons.

CONTACT: Sandy Robbins, Director of Education
srobbins@bjbe.org

Chai School

Sundays: September 18, 2016 – May 7, 2017, 12:00 -1:30 p.m.

As they journey to high school, college, and beyond, Chai School provides a pivotal forum for our teens to explore their Jewish identities and solidify their Jewish foundations. Our 7th-10th graders gather on Sundays to enjoy lunch as a community, followed by learning with their peers, led by teams of master teachers and our clergy in small and large group settings. In 7th grade, students explore the question: *What do I learn from the Shoah (Holocaust) about my responsibility to the Jewish community, the global community, and Israel our home?* In 8th and 9th grades, teens learn about seven topics in three-week cycles, as they delve into the question: *As a Jewish young adult, how do I navigate my relationships and life choices?* The seven topics they'll study this year are: 2016 Presidential Election/Politics; How to Manage Stress and How to Rejuvenate Yourself; Gender in America; Relationships; Inclusion/Exclusion; Privilege/Money; Social Activism. 10th grade is Confirmation at BJBE, when the teens declare I am a Jew because...as they answer the question: *Are you a Jew by birth or a Jew by choice?*

CONTACT: Kelly Goldberg, Chai School Principal
kgoldberg@bjbe.org

Jewish Life Fellowship (JLF)

September 2016 – May 2017

Time and Day TBD

The Jewish Life Fellowship is an exciting opportunity for 11th and 12th grade students to learn individually and in small groups with one of our rabbis or cantors. We are instituting this exciting new program in an effort to help our older high school students effectively consider the question: *How does Judaism inform the adult I am becoming?* In monthly meetings throughout the school year, each student and his/her clergy mentor will explore together what it means to live, study, and practice as a Jew. With the guidance of clergy and staff, each Jewish Life Fellow will determine the topic, scope, and schedule of the experience. Jewish Life Fellows will also have the option to take an **internship** that will provide leadership opportunities, engaging with members and programs at BJBE, or in a local organization or business. Jewish Life Fellows are invited to enjoy lunch with the other Chai School students on Sundays.

CONTACT: Kelly Goldberg, Chai School Principal & Jewish Life Fellowship Facilitator
kgoldberg@bjbe.org

Machonik Teaching Assistant Program

8th to 12th graders comprise our nationally recognized Machonik teaching assistant program. Upon completion of a semester class in 7th grade that includes developing an understanding of the different ways students learn, as well as lesson planning and instruction, Machonikim are then qualified to assist teachers in JLC Sunday and JLC AfterSchool classes. During the school year, Machonikim meet with Kelly Goldberg once a month to discuss challenges and successes in the classroom. This program exemplifies our mission to create life-long Jewish learners and perhaps future teachers.

CONTACT: Kelly Goldberg, Chai School Principal
kgoldberg@bjbe.org

Kol Simchah Junior Choir

Director: Cantor Rayna Green, rgreen@bjbe.org

Our Kol Simchah Junior Choir is for students in grades 2-6

*For more information, refer to *The Center For Artistic Expression* on page 35.

Cultivating True Self-Esteem in a Social Media World

Sundays, October 23 & 30, 2016, 9:45-10:45 a.m.

Weinberg Community Location

Defining the Line Between Parenthood & Friendship

Sundays, February 26 & March 5, 2017, 9:45-10:45 a.m.

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 7.

“Nurture the Wow: Finding Spirituality in the Frustration, Boredom, Tears, Poop, Desperation, Wonder, and Radical Amazement of Parenting”

*For more information, refer to *Chinuch* on page 13.

*For more information about the Center for Religious Education for Children, please contact Sandy Robbins, Director of Education at srobbins@bjbe.org

THE JEWISH SCENE FOR TEENS AND TWEENS
And the old shall dream dreams, and the youth shall see vision.
—Joel 3:1

BJBE is committed to meeting the needs of our children of all ages. To keep our tweens and teens engaged with Judaism throughout their middle and high school years, we offer opportunities for sacred friendship, connection, learning, social action, leadership, and fun. While our young adults enjoy these activities with their friends, they strengthen the Jewish identities that will carry them to college and beyond.

CONTACT: Cantor Rayna Green
rgreen@bjbe.org

YOUTH GROUPS

SYG (Senior Youth Group) for grades 9-12

CONTACT: Eddie Simon, SYG Advisor
esimon@bjbe.org

SYG 2016-2017 SCHEDULE

Board Shul-In

*August 26-27, 2016
7:30 p.m. Friday – 9:00 a.m.
Saturday at BJBE*

First Lounge Night of the Year

*Wednesday, September 14, 2016
6:30-8:30 p.m. at BJBE
Free Dinner from Chipotle!*

Kick-off Ice Cream Social

*Sunday, September 18, 2016
1:30-3:30 p.m. at BJBE*

Board Meeting

*Wednesday, September 21, 2016
6:30-7:30 p.m. at BJBE*

Mystery Event

*Saturday, October 15, 2016
5:00-9:00 p.m. – Location TBD*

Lounge Night & Board Meeting

*Wednesday, October 19, 2016
6:30-8:30 p.m. at BJBE
Free Dinner Included!*

**SYG/JYG PADS Cooking
(Grades 6-12)**

*Sunday, October 23, 2016
2:00-5:00 p.m. at BJBE*

Lounge Night

*Wednesday, November 2, 2016
6:30-8:30 p.m. at BJBE
Free Dinner Included!*

SYG Shul-In

*November 11-12, 2016
7:30 p.m. Friday – 9:00 a.m.
Saturday at BJBE*

All Youth Groups Bulls Game

*Saturday, November 12, 2016
Time TBD - Meet at BJBE*

Board Meeting

*Wednesday, November 16, 2016
6:30-7:30 p.m. at BJBE*

SYG/JYG PADS Volunteering (Grades 8-12)

*Sunday, November 20, 2016
5:00-9:00 p.m.
at First Presbyterian Church
824 Waukegan Road, Deerfield
RSVP ASAP – spots are limited!*

L'Taken RAC (Religious Action Center) Social Justice Trip

*December 2-5, 2016
in Washington, D.C.*

All Youth Groups Hanukkah Mitzvah Day

*Sunday, December 4, 2016
1:30-3:00 p.m. at BJBE*

Lounge Night

*Wednesday, December 7, 2016
6:30-8:30 p.m. at BJBE
Free Dinner Included!*

SYG Chopped/Kolin-Israel Fundraiser

*Sunday, December 11, 2016
4:00-7:30 p.m. at BJBE*

SYG Alumni Lounge Night

*Wednesday, January 4, 2017
6:30-8:30 p.m. at BJBE
Free Dinner Included!*

Board Meeting

*Wednesday, January 18, 2017
6:30-7:30 p.m. at BJBE*

SYG 24-Hour Retreat at BJBE

*January 20-21, 2017
7:30 p.m. Friday – 7:30 p.m. Saturday*

SYG/JYG PADS Cooking (Grades 6-12)

*Sunday, January 22, 2017
2:00-5:00 p.m. at BJBE*

Lounge Night

*Wednesday, February 1, 2017
6:30-8:30 p.m. at BJBE
Free Dinner Included!*

ETGAR 36 Teen Civil Rights Journey

February 2-5, 2017

Board Meeting

*Wednesday, February 15, 2017
6:30-7:30 p.m. at BJBE*

Lounge Night

*Wednesday, March 1, 2017
6:30-8:30 p.m. at BJBE
Free Dinner Included!*

Board Meeting

*Wednesday, March 15, 2017
6:30-7:30 p.m. at BJBE*

Lounge Night

*Wednesday, April 5, 2017
6:30-8:30 p.m. at BJBE
Free Dinner Included!*

All Youth Groups Chocolate Seder

*Sunday, April 9, 2017
2:00-3:30 p.m. at BJBE*

Board Meeting

*Wednesday, April 19, 2017
6:30-7:30 p.m. at BJBE*

**SYG/JYG PADS Volunteering
(Grades 8-12)**

*Sunday, April 23, 2017
5:00-9:00 p.m.
at First Presbyterian Church
824 Waukegan Road, Deerfield
RSVP ASAP – spots are limited!*

Lounge Night

*Wednesday, May 3, 2017
6:30-8:30 p.m. at BJBE
Free Dinner Included!*

Comedy Sportz

*Saturday, May 6, 2017
5:00-10:30 p.m. in Chicago*

**Shul-In and Elections/Senior
Graduation Party**

*May 12-13, 2017 at BJBE
7:30 p.m. Friday – 9:00 a.m. Saturday*

Board Meeting

*Wednesday, May 17, 2017
6:30-7:30 p.m. at BJBE*

JYG (Junior Youth Group) for grades 6-8

CONTACT: Eddie Simon, JYG Advisor
esimon@bjbe.org

JYG 2016-2017 SCHEDULE

Kick-off Ice Cream Social

*Sunday, September 18, 2016
1:30-3:30 p.m. at BJBE*

Top Chef

*Sunday, September 25, 2016
2:00-5:00 p.m. at BJBE*

**JYG/SYG PADS Cooking
(Grades 6-12)**

*Sunday, October 23, 2016
2:00-5:00 p.m. at BJBE*

All Youth Groups Bulls Game

*Saturday, November 12, 2016
Time TBD - Meet at BJBE*

**JYG/SYG PADS Volunteering
(Grades 8-12)**

*Sunday, November 20, 2016
5:00-9:00 p.m.
at First Presbyterian Church
824 Waukegan Road, Deerfield
RSVP ASAP – spots are limited!*

**All Youth Groups Hanukkah
Mitzvah Day**

*Sunday, December 4, 2016
1:30-3:00 p.m. at BJBE*

**JYG/SYG PADS Cooking
(Grades 6-12)**

*Sunday, January 22, 2017
2:00-5:00 p.m. at BJBE*

JYG Shul-In

*February 3-4, 2017
9:00 p.m. Friday – 9:00 a.m.
Saturday at BJBE*

**Volunteer at A Just Harvest &
Dinner at Cheesie's**

*Sunday, March 5, 2017
5:00-9:00 p.m.
7649 N Paulina St., Chicago*

All Youth Groups Chocolate Seder

*Sunday, April 9, 2017
2:00-3:30 p.m. at BJBE*

**JYG/SYG PADS Volunteering
(Grades 8-12)**

*Sunday, April 23, 2017
5:00-9:00 p.m.
at First Presbyterian Church
824 Waukegan Road, Deerfield
RSVP ASAP – spots are limited!*

KYG (K'tanim Youth Groups) for grades 3-5

CONTACT: Lauren Sandoval, KYG Advisor
lsandoval@bjbe.org

KYG 2016-2017 SCHEDULE

Pie Baking for 5777

*Sunday, September 18, 2016
2:00-4:00 p.m. at BJBE*

**Matzah Ball Shabbat & Social
Action Undernighter**

*Friday, October 21, 2016
5:15-10:00 p.m. at BJBE*

All Youth Groups Bulls Game

*Saturday, November 12, 2016
Time TBD - Meet at BJBE*

**All Youth Group Hanukkah
Mitzvah Day**

*Sunday, December 4, 2016
1:30-3:00 p.m. at BJBE*

Feed My Starving Children

*Saturday, January 14, 2017
2:00-4:00 p.m.
742 East Park Avenue, Libertyville*

Rockin' Jump

*Sunday, February 19, 2017
4:00-6:30 p.m.
950 Busch Pkwy, Buffalo Grove*

**Purim Social Action Event for
The ARK**

*Sunday, March 5, 2017
Time & Location TBD*

**Matzah Ball Shabbat &
Undershtet**

*Friday, May 19, 2017
5:15-10:00 p.m. at BJBE*

NFTY CAR (National Federation for Temple Youth in the Chicago Area Region)

NFTY, The National Federation of Temple Youth, is the Reform Jewish religious youth movement that fosters leadership at the national, regional and congregational levels. NFTY-CAR brings together Reform Jewish high schoolers from the suburbs and surrounding cities of Chicago, as well as northwestern Indiana.

Summer Kallah at OSRUI

August 17-21, 2016

NFTY Convention in Chicago

February 17-20, 2017

NFTY Kick-off

*October 22, 2016
Time & Location TBD*

**NFTY Middle School Kallah
at OSRUI**

February 24-26, 2017

NFTY Leadership Training Institute

*November 20, 2016
Time & Location TBD*

NFTY Elections

*March 19, 2017
Time & Location TBD*

Winter Kallah at OSRUI

December 16-18, 2016

NFTY Kolbo Retreat at Temple Chai

April 21-23, 2017

YOUTH TRIPS

BJBE provides its youth with a variety of youth trip options. Each reflects experiential education at its finest, giving teens a unique new perspective of their Judaism and strengthening their identity as Jews.

L'Taken RAC (Religious Action Center) Trip

Friday, December 2 – Monday, December 5, 2016

Every year nearly 2,000 high school-age students participate in the Union for Reform Judaism Religious Action Center's L'Taken Seminar in Washington, D.C. The program is designed to expose students to a variety of public policy issues, explore the Jewish values surrounding these issues and to teach the skills of an effective advocate. We will be sending a delegation of students along with Cantor Frost and Eddie Simon.

Family Kallah (Retreat) at OSRUI

Friday, January 27 – Sunday, January 29, 2017

Spend a fun and spiritual weekend at OSRUI with your family along with Rabbi Stoller and his family. This is a great opportunity to be together with your family, experience Jewish community, and make new friends.

CONTACT: Rabbi Stoller
bstoller@bjbe.org

ETGAR 36 Teen Civil Rights Journey

Thursday, February 2 – Sunday, February 5, 2017

Join Cantor Green and 9th, 10th, and 11th graders from BJBE, North Shore Congregation Israel, Temple Beth El, and Congregation Sukkat Shalom for this once in a lifetime experience. Together, you'll journey to the Rosa Parks Museum, Voter Rights Museum, Edmund Pettus Bridge, Southern Poverty Law Center, Freedom Park, The Civil Rights Institute, and the Names/Project AIDS Quilt. You will learn about the struggles of African Americans in the 1950's-60's, and discover how the Jewish community helped to shape the Civil Rights Movement.

CONTACT: Cantor Rayna Green
rgreen@bjbe.org

INFORMATION SESSION: *Sunday, September 25, 2016, 1:30 p.m.*

REGISTRATION DEADLINE: *Monday, October 17, 2016*

Jewish Life and G'milut Chasadim Trip to New Orleans

Thursday, March 23 – Sunday, March 26, 2017

*For more information, refer to *G'milut Chasadim: The Social Action Network* on page 43.

G'MILUT CHASADIM

While social action is a part of every youth group event, the temple provides other opportunities for our tweens and teens to be of service to others.

High School Service Hours

When our teens participate in social action, they feel a sense of accomplishment, and at the same time they can enjoy the added benefit of completing required high school service hours.

4th Annual MLK Day of Service

Monday, January 16, 2017

*For more information, refer to *G'milut Chasadim: The Social Action Network* on page 42.

TEEN LEADERSHIP

Besides having fun leading their friends in SYG and NFTY elected positions or in social action leadership roles, kids who participate in BJBE activities gain a valuable addition to college application forms. Additionally, impressive and meaningful opportunities are available for our teens to develop their leadership skills as teacher assistants (Machonikim) or as mentors.

Machonik Teaching Assistant Program

*For more information, refer to *Chinuch: Religious Education for Children* on page 15.

Matzah Ball Shabbat Family Service

Third Friday of the Month (September – May)

5:15-6:00 p.m. – Matzah Ball Soup and Challah

6:00-7:00 p.m. – Service

Join the BJBE community for a bowl of matzah ball soup and challah followed by an uplifting, inspiring multi-generational service featuring our Kol Simchah Youth Choir and a story for children.

High Holy Day Torah Readers

Teens who have had their B'nai Mitzvah are eligible to read Torah on the High Holy Days.

Kol Shabbat Torah Readers

Every Shabbat morning, congregants of all ages chant Torah during our 9:30 a.m. Kol Shabbat service. Anyone can learn to chant, and our cantors are available to help you prepare. Chanting Torah is a beautiful way to participate in the life of our community. If you are interested in giving it a try, contact Rabbi Stoller at bstoller@bjbe.org.

Kol Simchah Junior Choir

Our Kol Simchah Junior Choir is for students in Grades 2-6. These students help lead our Matzah Ball Shabbat services and sing for BJBE and the community throughout the school year.

*For more information, refer to *The Center For Artistic Expression* on page 35.

Parents Supporting Youth

Aligned with the URJ's Campaign for Youth Engagement, this new task force has been established to maximize the possibilities of adult congregants serving as mentors, friends and informal teachers to our youth. The group will help maintain tween/teen engagement through consulting with our youth advisors, working with Cantor Rayna Green, and supporting BJBE's youth programs.



Avodah

We affirm the goodness in life when we offer a daily prayer of gratitude. When life is difficult, and still we find the spiritual fortitude to offer a prayer of gratitude, then we declare possibility, optimism, hope.

— *Rabbi Karyn D. Kedar*



SERVICES

FRIDAY NIGHT

Mizmor L'Shabbat Service

First Friday of the Month (September – June), 7:30 p.m.

A joyous, musical service featuring Shakshuka and our amazing T'filah Band.

<i>September 2, 2016</i>	<i>January 6, 2017</i>	<i>April 7, 2017</i>
<i>November 4, 2016</i>	<i>February 3, 2017</i>	<i>May 5, 2017</i>
<i>December 2, 2016</i>	<i>March 3, 2017</i>	<i>June 2, 2017</i>

Kabbalat Shabbat Service

Second, Fourth & Fifth Fridays of the Month (September – June), 7:30 p.m.

A soulful service featuring contemplative music and sermons in the traditional BJBE style.

<i>September 9, 23, 30, 2016</i>	<i>January 13, 27, 2017</i>	<i>April 14, 28, 2017</i>
<i>October 7, 14, 28, 2016</i>	<i>February 10, 24, 2017</i>	<i>May 12, 26, 2017</i>
<i>November 11, 25, 2016</i>	<i>March 10, 24, 31, 2017</i>	<i>June 9, 2017</i>
<i>December 9, 23, 30, 2016</i>		

Matzah Ball Shabbat Family Service

Third Friday of the Month (September – May)

5:15-6:00 p.m. – Matzah Ball Soup and Challah

6:00-7:00 p.m. – Service

Join the BJBE community for a bowl of matzah ball soup and challah followed by an uplifting, inspiring multi-generational service featuring our Kol Simchah Youth Choir and a story for children.

<i>September 16, 2016</i>	<i>December 16, 2016</i>	<i>March 17, 2017</i>
<i>October 21, 2016</i>	<i>January 20, 2017</i>	<i>April 21, 2017</i>
<i>November 18, 2016</i>	<i>February 17, 2017</i>	<i>May 19, 2017</i>

Summer Kabbalat Shabbat Service

Every Friday, June 16–August 11, 2017, 6:00 p.m.

SATURDAY MORNING

Kol Shabbat Musical Service

9:30 a.m.

Celebrate Shabbat in a relaxed and informal environment with beautiful music and spirited singing, Torah reading, and an inspiring D'var Torah.

Tot Shabbat

Second Saturday of the Month (September –June)

9:30-10:00 a.m. – Service

10:00-10:30 a.m. – Kiddush and Family Art Project

Celebrate Shabbat with your toddlers in this fun and energetic service which includes joyous music and a Shabbat story for children. Then join us immediately following the service for challah, grape juice, and a creative family art project.

September 10, 2016

January 14, 2017

April 8, 2017

October 8, 2016

February 11, 2017

May 13, 2017

November 12, 2016

March 11, 2017

June 10, 2017

December 10, 2016

Morning B'nai Mitzvah Service

10:45 a.m.

Celebrate with BJBE teens and their families as they take on the obligation of becoming bar or bat mitzvah. The bar/bat mitzvah students lead the entire service along with the clergy, chant Torah, and deliver inspiring D'verei Torah (sermons).

Havdalah B'nai Mitzvah Service

5:00 p.m.

Celebrate with BJBE teens and their families, as they take on the obligation of becoming bar or bat mitzvah. The bar/bat mitzvah students lead the entire service along with the clergy, chant Torah, deliver inspiring D'verei Torah (sermons), and lead us in the Havdalah ceremony marking the transition from Shabbat to the new week.

Wednesday Morning Minyan

Wednesdays, 6:45 a.m.

BJBE offers a convenient mid-week opportunity for prayer on Wednesday mornings. Stop in on your way to work to give your spirit a workout, find friendship in community, and be present for fellow congregants who need to say Kaddish for a loved one.

HOLIDAYS & SPECIAL SERVICES

Selichot Service/Study Session

*Saturday, September 24, 2016
7:30 p.m.*

Erev Rosh Hashanah

*Sunday, October 2, 2016
6:00 p.m. or 8:30 p.m.*

Rosh Hashanah Day

*Monday, October 3, 2016
L'Dor Vador & Traditional Services
9:00 a.m. or 12:00 p.m.*

*Tinok (pre-reader) Service
2:30 p.m.*

*Tashlich at Wood Oaks Green Park,
Northbrook
4:00 p.m.*

Erev Yom Kippur

*Tuesday, October 11, 2016
6:00 p.m. or 8:30 p.m.*

Yom Kippur Day

*Wednesday, October 12, 2016
L'Dor Vador & Traditional Services
9:00 a.m. or 12:00 p.m.*

*Tinok (pre-reader) Service
2:30 p.m.*

*Torah Study
2:30 p.m.*

*Contemplation and Reflection,
Yizkor (Memorial) &
Neilah (Concluding) Services
4:00 p.m.*

Sukkot Service

*Monday, October 17, 2016
9:30 a.m.*

Shabbat Sukkot Service

*Friday, October 21, 2016
6:00 p.m.*

Erev Simchat Torah/Consecration/ Teacher Appreciation Service

*Sunday, October 23, 2016
6:30 p.m.*

Simchat Torah/ Shemini Atzeret Service

*Monday, October 24, 2016
9:30 a.m.*

Community Interfaith Thanksgiving Service

*Sunday, November 20, 2016
7:00 p.m.
Location TBD*

Shabbat Hanukkah Service

*Friday, December 30, 2016
7:30 p.m.*

Shabbat Shirah/Sermon in Song

*Friday, February 10, 2017
7:30 p.m.*

**For more information, refer to
The Center For Artistic Expression
on page 35.*

Passover, First Day Service

*Tuesday, April 11, 2017
9:30 a.m.*

Passover, Seventh Day/Yizkor Service

*Monday, April 17, 2017
9:30 a.m.*

Erev Yom HaShoah (Holocaust Memorial Day)

*Sunday, April 23, 2017
4:00 p.m.*

Yom Ha'atzmaut Shabbat Service: Celebrating Israel's Independence

*Friday, May 5, 2017
7:30 p.m.*

Shavuot Service

*Wednesday, May 31, 2017
9:30 a.m.*

Leadership Shabbat

*Friday, June 9, 2017
7:30 p.m.*

We invite you to share this special Shabbat as we celebrate the annual installation of our Board of Trustees, Sisterhood, and SYG Boards for the coming year.

Tisha B'Av

*Monday, July 31, 2017
8:00 p.m.*

FESTIVALS & SPECIAL EVENTS

Tu BiShevat Community Celebration at Rochelle Zell Jewish High School (RZJHS)

*Sunday, February 12, 2017
1:00-3:00 p.m.*

Purim Potluck Dinner & Social Action Oneg

*Friday, March 10, 2017
Time TBD*

Adult Purim Masquerade Ball

Saturday evening, March 11, 2017

Family Purim Shpiel & Carnival

*Sunday, March 12, 2017
9:30 a.m.*

Sisterhood Women's Seder

*Monday, April 3, 2017
5:30 – 8:00 p.m.*

BJBE Community Seder

*Tuesday, April 11, 2017
5:30 p.m.*

Tikkun Leil Shavuot Evening of Study

*Tuesday, May 30, 2017
7:00 – 11:00 p.m.*

SPIRITUAL STUDY & EDUCATION

Adult B'nai Mitzvah/Confirmation

New class begins January 2017

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 1.

Kol Shabbat Torah Readers

Every Shabbat morning congregants of all ages chant Torah during our 9:30 a.m. Kol Shabbat service. Anyone can learn to chant, and our cantors are available to help you prepare. Chanting Torah is a beautiful way to participate in the life of our community. If you are interested in giving it a try, contact Rabbi Stoller, bstoller@bjbe.org.

High Holy Day Torah Readers

Adults and teens who have had their B'nai Mitzvah are eligible to read Torah on the High Holy Days. If you are interested, contact Cantor Frost, jfrost@bjbe.org.

Preparing Our Hearts for the High Holy Days

Sundays, September 18 & 25, 2016, 9:45-10:45 a.m.

Weinberg Community Location

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 4.

BODY AND SPIRIT

Mindfulness Jewish Meditation

Wednesdays, 1:00 p.m.-2:00 p.m.

Join us and learn about developing a personal Jewish mindfulness meditation practice that can truly enhance the quality of our life. Each session will explore a different foundational element of this practice (e.g teshuvah/returning, cultivating joy, mindful walking). Led each week by clergy or skilled lay leaders, we will draw upon the richness of Jewish wisdom and practice, and learn about the stress and health benefits of mindfulness meditation. This course is offered in partnership with the Center for Jewish Mindfulness/Orot. Those who are experienced as well as those who are new to meditation are welcome.

CONTACT: Margot Andersen
847-525-1710

Jewish Spirituality & Mindfulness

Sunday, January 15, 2017, 9:45-10:45 a.m.

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 5.

Spiritual Seekers Discussion Group

Date & Time TBD

This welcoming and open self-led group invites you to join as they select books and topics to discuss with themes related to the Jewish calendar, life cycle, and spiritual contemporary living.

CONTACT: Stellie Friedman
stelliefriedman@gmail.com, 847-912-9627

Omer Study Group

Spring 2017 Dates TBD

Spiritual seekers will meet weekly during the period known as the Omer to count the 49 days between Passover and Shavuot. We will explore the Jewish principles involved in preparing to receive Torah. *Omer, A Counting* by Rabbi Karyn Kedar will be used as one of the texts for discussion, as well as other sources. Join us as we make these 49 days count!

CONTACT: Stellie Friedman
stelliefriedman@gmail.com, 847-912-9627

Tai Chi Chu'an

Thursdays, 7:30-8:30 a.m.

Instructor: Dr. Andrew Serlin

Enhance the energy of your mind, body and spirit and gain sensitivity, focus and balance for your life. This class is perfect for older members of BJBE but open to all and is offered at no charge. For more information, please contact the temple office at 847-940-7575.

Wise Aging – Living with Joy, Resilience & Spirit

7-Week Session: Dates TBD

In Fall and Winter 2016, trained BJBE lay leaders will facilitate small peer groups on a thought-provoking, seven-session journey to discern the unique opportunities for personal and spiritual growth in the years beyond mid-life. Developed by the Institute for Jewish Spirituality, the program is geared to those in their 50s through active aging. The series will focus on topics including becoming your authentic self, cultivating spiritual qualities for well-being, changing bodies and body images, revitalizing relationships, leaving a legacy, and living with loss, change and death. Wise Aging will be offered at no charge to BJBE members, and space in each group is limited.

CONTACT: Julie Webb
jwebb@mstinnovations.com

Jewish Wisdom for Growing Older

Sunday, March 19, 2017, 9:45-10:45 a.m.

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 7.

Nechama: Coping with Grief & Mourning

*For more information, refer to *K'hilat Shalom: BJBE Caring Community* on page 49.

SPIRITUAL LIFE TRIPS

Family Mission to Israel

*For more information, refer to *Yisrael v'Ivrit: The Center for Israel and the Hebrew Language* on page 63.

Jewish Life and G'milut Chasadim Trip to New Orleans

*For more information, refer to *G'milut Chasadim: The Social Action Network* on page 43.

Emergency Disaster Relief Trips

*For more information, refer to *G'milut Chasadim: The Social Action Network* on page 43.

*For more information about the Center for Prayer and Spiritual Growth,
please contact Doris Schyman at dschyman@gmail.com.

MUSICAL CONCERTS & CINEMA

Chicago Festival of Israeli Cinema

Sunday, November 13, 2016, 6:00 p.m.

BJBE is proud to sponsor the Festival's closing night film, "Mr. Gaga" by Tomer Heymann at the ArcLight Glenview. This is the Chicago premiere and the only festival showing of this acclaimed film about the Batsheva Dance Company's Artistic Director Ohad Naharin. Tickets will be available at BJBE.

CONTACT: Arlene Mayzel
amayzel@bjbe.org

Bright Star Church Gospel Concert at BJBE

Date & Time TBD

CONTACT: Cantor Jennifer Frost
jfrost@bjbe.org

BJBE ADULT CHOIR

DIRECTOR: Stephen Edwards
singingstephen@gmail.com

The BJBE Adult Choir is an important addition to our High Holiday services and other musical experiences at BJBE. Members who participate in the choir have a unique opportunity to enrich the heart and soul of our congregation.

REHEARSALS

The Adult Choir rehearses on Tuesday evenings from 7:30-9:30 p.m. (at various times of the year) in advance of performances.

SERVICES

Shabbat Shirah/Sermon in Song

Friday, February 10, 2017, 7:30 p.m.

Premiere performance of “*Ladorot Habaim* - For Generations To Come, Music for a Sabbath Eve” by Cantor Frost, Cantor Green and the BJBE Adult Choir, led by Choir Director Stephen Edwards. The music for this program was co-commissioned by Congregation BJBE and 22 congregations from around the country. It was composed and produced by Michael Isaacson, a renowned composer, conductor, producer, author, and educator with over 600 Jewish and secular musical compositions. Congregation BJBE is proud to make this music available on CD at the Judaica Shop. All proceeds support the BJBE Choir Fund.

KOL SIMCHAH JUNIOR CHOIR

DIRECTOR: Cantor Rayna Green
rgreen@bjbe.org

Our Kol Simchah Junior Choir is for students in grades 2-6.

REHEARSALS

The Kol Simchah Junior Choir rehearses on most Sundays when religious school is in session from 8:45-9:25 a.m. at BJBE. Rehearsals include a focus on the music, as well as the text, expression, and fun!

ANNUAL JUNIOR CHOIR RETREAT AT OSRUI

Friday, April 21 – Sunday, April 23, 2017

The retreat brings together junior choirs from synagogues around our area. On Sunday, April 23, the group will perform at a Chicago-area senior home.

SERVICES AND PERFORMANCES

Matzah Ball Shabbat

Third Friday of the Month (September-May)

5:15-6:00 p.m. – Matzah Ball Soup and Challah

6:00-7:00 p.m. – Service

Gidwitz Place and Glenview Terrace Holiday Concert

Saturday, December 10, 2016, Afternoon performance

Shabbat Hanukkah Service

Friday, December 30, 2016, 7:30 p.m.

**Tu BiShevat Community Celebration at Rochelle Zell
Jewish High School (RZJHS)**

Sunday, February 12, 2017, 1:00-3:00 p.m.

Purim Sing-Along

Sunday, March 12, 2017, 9:30 a.m.

The Junior Choir will help kick off the Purim Carnival with joyous singing in the Sanctuary.

BJBE MULTI-GENERATIONAL CHOIR

Our BJBE Multi-Generational Choir is comprised of the Adult Choir, Teen Choir, and Kol Simchah Junior Choir, who come together during services and special events throughout the year to enhance the worship experience.

*For more information about the Center for Artistic Expression,
please contact Cantor Jennifer Frost at jfrost@bjbe.org.



G'milut Chasadim

To be in service to something larger
than ourselves is true greatness.

It is the work of our lives.

— Rabbi Karyn D. Kedar



BJBE

To get involved with The Social Action Network, please contact Susie Selbst at sselbst1@comcast.net or Alison Bloom at ajsbloom@comcast.net.

ONGOING EFFORTS

Ongoing Collections

Each time you come to BJBE, bring something to donate to the Tzedakah Niche in the Village Center outside of our sanctuary. We have ongoing collections for eyeglasses, hearing aids, cell phones, batteries, printer cartridges, and travel-sized toiletries.

MONTHLY EFFORTS

Nurturing our North Shore Neighbors

Once per month during the school year

Drop-off to: Moraine Township Food Pantry, 777 Central Avenue in Highland Park

BJBE joins with other neighborhood synagogues, churches and community groups to provide bags of groceries for families in need. Moraine Township students who might benefit from this support are identified by their school leaders, and their families are able to pick up the groceries at their child's school. Our efforts are critical for families who need to supplement their income or for whom food stamps do not stretch the full month. Moraine Township Food Pantry provides a shopping list and BJBE volunteers sign up to purchase groceries for five families. Expect to make one shopping trip and spend approximately \$125 to cover the cost of groceries for all five families. Groceries are then dropped off at the Food Pantry for distribution.

This is a great program for groups of families and a valuable mitzvah project for B'nai Mitzvah students.

CONTACT: Laurie Egert Weissler
lweissler@senecastrategy.com

PADS Homeless Shelter

Fourth Sunday of each Month (October 2016-April 2017)

First Presbyterian Church of Deerfield, 824 Waukegan Road, Deerfield, IL

BJBE provides meals and volunteers to support residents of Lake County who are homeless through PADS, Providing Advocacy, Dignity and Shelter. The Deerfield shelter is a joint initiative of houses of worship in our area. BJBE provides volunteers from 6:00 p.m. to 7:00 a.m. in addition to dinner, breakfast and a bag lunch for up to 50 guests. Volunteers are needed for set up, meal preparation, and caring for/ assisting our guests. PADS is the first point of contact for residents of Lake County who are homeless and often the only hope for someone facing a long night in the cold. PADS serves individuals, families with children, the mentally ill, and veterans by providing vital services, such as emergency shelter, permanent supportive housing, street outreach, and social services.

CONTACT: Ruth Miller
oogyot@comcast.net

Project Nourish

Fourth Sunday of each Month, 9:00-10:00 a.m.

Once a month volunteers gather in BJBE's kitchen to pack and deliver lunches to help feed people who need extra food. Lunches are distributed to neighborhood residents at a church near the United Center, at PADS in Lake County, and Staben House in Waukegan.

CONTACT: Merrilee Waldron
memi660@aol.com

Baking Cookies for Project Nourish

This is a wonderful Tikkun Olam opportunity for all congregants in partnership with the Young Families Social Action Network. Bake a batch of home-made cookies (no nuts or nut products please) and bag by two's in Ziploc bags to be added to Project Nourish lunches which are delivered to people who are in need of food. Please label your outer bag "Project Nourish" and put it in the far right freezer. We will include the cookies the next time we prepare lunches.

Social Advocacy Team (SAT)

Quarterly Meetings

BJBE is a member of UPAJ (United Power for Action and Justice), a non-partisan community organization composed of 35 religious congregations, not-for-profit groups, hospitals, health centers, and civic organizations in the Chicago metropolitan area. The SAT team's goal is to build relationships with congregants to identify mutual shared values and concerns and then share the stories behind them. SAT builds relational power for collective actions in the name of justice and the common good.

CONTACT: Susan Drucker
sdrucker@gemguide.com

Inspiration Café

Select Saturday & Sunday evenings throughout 2016-2017, 4:00-7:15 p.m.

Congregants and B'nai Mitzvah students have the opportunity to plan a menu, shop for groceries, and prepare and serve a nutritious dinner in a restaurant-style setting for up to 40 individuals who are on their journey toward self-sufficiency. This is a wonderful and gratifying group activity that requires 5-7 volunteers. Inspiration Café is located at 4554 N. Broadway on Chicago's north side.

CONTACT: Gil Bathgate
gilb@specialtyprintcomm.com

SPECIAL EVENTS

Annual High Holy Day Food Drive

Every year at this time of year we join other area Reform congregations to collect food for those in our community who are hungry. Food and paper products are donated to The Ark.

Maot Chitim: Feeding the Hungry

Rosh Hashanah Packing Day – Sunday, September 18, 2016 at 10:30-11:15 a.m.

Rosh Hashanah Delivery Day – Sunday, September 25, 2016 at 6:00-8:30 a.m.

perishable item packing; recipient deliveries begin at 9:00 a.m.

Packing and Delivery Location: 8260 North Austin Avenue, Morton Grove

Twice a year, at Rosh Hashanah and Pesach, we join with this organization to pack and deliver boxes of food to people in the Chicago area who are in need. Participants must be at least 12 years old to participate in warehouse activities.

CONTACT: Brian Aronson
briana@aronsonassociates.com

Social Action Oneg Shabbat

Friday, January 13, 2017

After Shabbat Services, 9:00 p.m.

As we celebrate Shabbat leading into MLK Day weekend, we join together after the service to work on projects to help our community. Open to all members and non-members.

CONTACT: Susie Selbst
sselbst1@comcast.net

4th Annual MLK Day of Service

Monday, January 16, 2017

Make Martin Luther King's Day a day on instead of a day off. We provide various off-and on-site social action opportunities to honor the legacy of Martin Luther King Jr. In addition to participating, opportunities for planning and "day-of" leadership are available.

CONTACT: Anne Robbin
arobbin@bjbe.org

Spring Blood Drive

Date & Time TBD

The Social Action Network coordinates a blood drive for LifeSource to help those Chicagoans in need of blood and blood products. Committee members and donors are always needed.

CONTACTS: Rachel Tzinberg
rptzin@gmail.com

Richard Goldberg
richagoldberg@gmail.com

**Due to construction of the JLC, we will not be hosting a Fall blood drive. We hope that you will still go to one of the LifeSource centers to donate blood. For a list of locations, go to: www.lifesource.org.

G'milut Chasadim Programs for Young Families

Getting our children involved in Tikkun Olam (repairing the world) and G'milut Chasadim (acts of kindness) at a young age is a primary goal of our programming. Making connections and growing friendships with other young families is another. Join us once or on an ongoing basis as we bake cookies for Project Nourish, collect food for the Ark, create craft bags for children in the hospital and much more.

CONTACTS: Melanie Berkowitz
berger.home@yahoo.com

Carrie Cohan
ckrivit@gmail.com

Sisterhood Social Action

Sisterhood organizes social action projects throughout the year such as collections for the Deerfield Food Pantry, creating Pillows for Breast Cancer Survivors, and sending notes to the Lone Soldiers in the Israeli Army.

CONTACTS: Jeannie Pearlman
theschwartzbewithyou@comcast.net

Linda Rukin
lmlsklr@yahoo.com

BJBE is certified as a Safer Synagogue by Jewish Community Abuse Resources, Education & Solutions (JCARES), a coalition dedicated to addressing abuse across the Jewish community and perpetuating healthy, peaceful, Jewish homes, families, and relationships. Our leadership has been trained in understanding the impact of abuse across the lifespan and improving access to support for congregants experiencing abusive situations. Please call the temple office or email the following contacts for *confidential* assistance.

CONTACTS: Sherry Rundell
sherry.rundell@gmail.com

Margot Andersen
margotandersen@aol.com

G'MILUT CHASADIM TRIPS

Jewish Life and G'milut Chasadim Trip to New Orleans

Thursday, March 23 – Sunday, March 26, 2017

Join fellow BJBE congregants in our ninth annual social action mission to New Orleans. We will continue to strengthen interfaith relationships with Christian and Jewish groups in the Crescent City, form new friendships within our BJBE community, and help rebuild communities in need. Together, we will also explore and enjoy the unique city of New Orleans.

CONTACT: Mike Goldberg
mikegoldberg@mac.com

Emergency Disaster Relief Trips

Make lasting connections, learn about Jewish life and culture and lend your hands to help in communities that experience devastation through natural disaster. Together we will have the opportunity to travel to rebuild and support the affected communities with the hope of revisiting whenever necessary. Previous trips have included Joplin, MO, Moore, OK, and Washington, IL. If you would like to get involved contact Susie Selbst, sselbst1@comcast.net.

*For more information about the Social Action Network, please contact Susie Selbst at sselbst1@comcast.net or Alison Bloom at ajsbloom@comcast.net

K'HILAT SHALOM:
BJBE CARING COMMUNITY...
OUR EXTENDED FAMILY

קהילת שלום

As BJBE's Extended Family, Caring Community provides spiritual, emotional, and healing support to our member families in times of joy and in times of need. Our goal is for all members to feel valued, included, and welcome.

CLERGY SUPPORT FOR MEMBERS IN NEED

Clergy Pastoral Care

The Rabbis and Cantors want to know when your family or loved ones experience illness or death so that they can support you in your times of need. Contact the temple office at 847-940-7575 to speak with one of the clergy's assistants. Be sure to provide all relevant information and where you can be reached.

JCARES Partnership for Safer Synagogues

*For more information, refer to *G'milut Chasadim: The Social Action Network* on page 43.



Virtual Food Pantry

In emergency situations when a member has no other source of obtaining food, short-term food assistance can be provided. Only the clergy handles this concern confidentially. Contact the temple office at 847-940-7575 to speak with one of the clergy's assistants.

VOLUNTEER SUPPORT FOR MEMBERS IN NEED

Primary Contact for All Volunteer Services

When we learn that a member is in need, a skilled volunteer will make contact to provide support and to assess that person's needs confidentially. We invite you to let us know when you or a loved one could use support so that our Caring Community can reach out and provide any of the services listed below.

CONTACT: Gloria Kaiz
847-945-3741, gloria@kaizs.com

Bikkur Cholim: Visiting the Sick

Chairperson: Michael Erdman

When a member needs emotional support, a phone call and/or visit will be provided at home, hospital, rehab center, or nursing home by a trained volunteer. In addition, there is a new partnership between BJBE and Gidwitz that involves synagogue volunteers providing support to groups of residents.

Meal Delivery

Co-Chairs: Karyn Benson & Stephanie Engelman

When we learn that a member would benefit from receiving a prepared meal, volunteers will make all of the arrangements.

Transportation Assistance

Chairperson: Dolly DeCaro

When a member requires either a ride to/from temple or to/from medical appointments, a volunteer will arrange for transportation.

Self-Help Guides to Family Issues

There are self-help brochures covering a wide-range of topics available in the Tzedakah Niche in the Village Center for members to take as needed.

LIFE CYCLE: CELEBRATION AND COMFORT

Bags of Hope

Co-Chairs: Renee Busch & Rachel Tzinberg

During the High Holy Days, a bereavement memorial bag is delivered to all members who have lost a loved one during the past year.

Grief Support Phone Calls

Chairperson: Sharon Krivitzky

Volunteers will call newly bereaved family members within the first few months of a loss.

Volunteer Shiva Minyan Corps

Chairperson: Irwin Goldfine

When requested, a volunteer Shiva Minyan leader will be provided to members who have lost a loved one.

Gift for New Parents and Grandparents

A gift and note are sent out when a member has a new child or grandchild.

CONTACT: Elaine Wexler in the temple office
847-940-7575

Caring Note Cards

Co-Chairs: Dolly DeCaro & Jeanie Pearlman

A personal note is sent to members who are celebrating a special event or to provide support during a difficult time.

High Holy Day Calls

Chairperson: Gail Ostach

During the High Holy Day season, volunteers will call every member of the congregation to wish them a “Shanah Tovah” from their BJBE family.

PROGRAMS FOR SENIORS AND THEIR LOVED ONES

BJBE is pleased to welcome residents of Sedgebrook and Gidwitz Senior Living facilities to our first Friday night service of every month to pray with us and enjoy the music of our T’filah Band and Singers.

Navigating Medicare

Tuesday, November 1, 2016, 7:30 p.m.

It’s time to submit your Medicare choices for next year. This seminar will inform you of the latest updates from Medicare, and provide you with the tools to help choose the plan to best suit your needs. Presented by Esther Craven, Resource Specialist with over 25 years of experience at CJE SeniorLife, a trained Senior Health Insurance Advocate.

Individual appointments with Esther Craven at BJBE are available at no charge.

CONTACT: Elaine Wexler in the temple office
847-940-7575

Caregiving 101 For The Un-Initiated: What You Need To Know

Monday, December 12, 2016, 7:30 p.m.

Are you ready to assume a caregiving role for your loved one? This presentation will touch on basics such as getting organized, addressing legal issues, and building a care team. Learn to plan, and take care of you and your loved one. Sheryl Rubel, MSW, LSW is a Resource Specialist at CJE SeniorLife providing services to older adults and their families with the goal of assisting elders in sustaining their independence, counseling clients to empower them in their decision-making process, and advocating for seniors with limited support networks or capabilities.

Resolving Fears About The Future

Monday, March 27, 2017, 7:30 p.m.

This talk is intended to truly help audience members understand the big *Why*. Why is it so important to plan for the future instead of just reacting to it? Learn how to have these often-difficult conversations with tips including generational communication differences to using humor and stories to convey concerns.

Presented by Erin Marcus, who has spent more than 15 years working with families as they navigate the different aspects and unique challenges faced by aging loved ones. She is the author of *Talking about the End is Only the Beginning. Conversations Every Child Must Have With Their Aging Parents*, and her business, Caring Transitions, has assisted families with senior relocation and estate liquidation.

CREATING HEALTHY RELATIONSHIPS

Cultivating True Self-Esteem in a Social Media World

Sundays, October 23 & 30, 2016, 9:45-10:45 a.m.,

Weinberg Community Location

Saying “No” to Abusive Relationships, and “Yes” to Healthy Ones

Sundays, November 6, 13 & 20, 2016, 9:45-10:45 a.m.,

Weinberg Community Location

Defining the Line Between Parenthood & Friendship

Sundays, February 26 & March 5, 2017, 9:45-10:45 a.m.

*For more information, refer to *Haskalah: The Center for Adult Learning* on pages 4-7.

SUPPORT GROUPS

Inclusion Committee

In connection with our Jewish values and Congregation BJB's mission, the newly formed inclusion committee is dedicated to creating a welcoming and accessible community for people with disabilities and their families. The purpose of this group is to provide an inclusive worship, educational, and social experience in a supportive environment. The committee is open to all who are interested.

CONTACT: Dr. Jennifer Gendel
gendeljennifer@gmail.com

“In God’s Image”: Including People with Disabilities in Jewish Life

Sunday, February 12, 2017, 9:45-10:45 a.m.

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 6.

BJB hosts the following support group in our building. Although not sponsored by our congregation, it is open and available to our members.

PFLAG

Second Thursday of the Month, 7:15-9:10 p.m.

PFLAG promotes the well-being of gay, lesbian, bisexual, and transgender persons, and their families and friends. All meetings are confidential; PFLAG is a safe place to talk, listen and learn. Membership is not required and there is no charge to attend. Walk-ins are always welcome.

CONTACT: Sue Ginsburg, PFLAG President Deerfield Chapter
pflagdeerfield@pflagillinois.org, 630-415-0622

Nechama: Coping with Grief & Mourning

Wednesday, December 14, 2016, 7:30 p.m.

Nechama is a class for the bereaved who have experienced a loss over the past six months. Participants will receive an education on the grief and mourning process, learning ways to better cope. We will focus on how Judaism offers rituals that enable mourners many ways to join the community to receive support and comfort. This class is presented by the Jewish Healing Network in partnership with the Lauri S. Bauer Foundation for Sudden Loss.

CONTACT: Dale Busch
dalegbusch66@gmail.com

Jewish Wisdom for Growing Older

Sunday, March 19, 2017, 9:45-10:45 a.m.

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 7.

Wise Aging—Living with Joy, Resilience & Spirit

7-Week Session: Dates TBD

*For more information, refer to *T'hillah: The Center for Prayer and Spiritual Growth* on page 32.

*For more information about the Caring Community...Our Extended Family,
please contact Dale Busch at dalebusch66@gmail.com
or Ted Busch at htetdbusch@gmail.com.

Community

We sit in community:
Elbow to elbow, eye to eye.
So close, perhaps, we brush against each
other as we move in prayer.
Ears filled with the voices of friends,
teachers, fellow travelers – who pray with us
from the next seat, from across the room.
We come to silence.
Rhythm of words, shared melody, hushed.

— *Mishkan T'filah*



COMMUNITY AT THE CENTER

קהילה במרכז

MEMBERSHIP CIRCLE FOR COMMUNITY BUILDING

Community is BJBE's central value. Membership Services finds and welcomes new members, creating opportunities for them to meet other members of the BJBE community and form lasting friendships.

Membership Circle

Working on an event or a program is a great way to get involved in the temple and to get to know new people in a small group setting. Volunteer for an event, for particular programs, or help out with ongoing initiatives. Small commitments are welcome!

CONTACT: Abby Agnew
abby.agnew@sbcglobal.net

ANNUAL MEMBERSHIP EVENTS

Sisterhood Membership Event

Wednesday, September 22, 2016, 6:00 p.m.

*For more information, refer to *Kol Isha: BJBE Sisterhood* on page 56.

Recent Member Shabbat Dinner

Friday, October 28, 2016, 5:30 p.m.

This Shabbat dinner is an opportunity for members who have joined BJBE in the last two years to get to know each other, meet our lay leadership, and feel the warmth of their new extended family. Want to help?

CONTACTS: Leah Kieffer
lhkieffer@yahoo.com

Kathy Kramer
dancn6@aol.com

Prospective Member Open Houses

Several times a year, we host gatherings in congregants' homes for prospective members. This is an excellent opportunity for your friends and family who are searching for a spiritual home to meet BJBE clergy, our Education Director, lay leadership, and other temple members in a casual and intimate setting.

CONTACT: Abby Agnew
abby.agnew@sbcglobal.net

Dessert Under the Stars

While prospective members are welcome to attend BJBE services any time, several times a year we hold special Prospective Member outreach services, where people who are searching for a spiritual home can get a taste of BJBE.

COMMUNITY GROUPS

Chavurot: Friendship Groups

A Chavurah is a group of BJBE member families who gather regularly throughout the year to enrich their lives by socializing, learning, and celebrating Jewish life together. Meet other temple members in a smaller, more personal setting, and build new relationships and friendships within the congregation.

CONTACT: Sarah Duffin in the temple office
847-940-7575

Sisterhood

BJBE Sisterhood, with a membership of over 300 women, provides religious, educational, community and social action activities for women of all ages. We believe strongly in giving back to our Temple and community. Please see the Sisterhood section of this booklet for a detailed schedule of programs and events.

CONTACT: Carol Berger
ponderer4552@sbcglobal.net

Youth Groups

BJBE offers three youth groups:

KYG (K'tanim Youth Group) for grades 3-5

JYG (Junior Youth Group) for grades 6-8

SYG (Senior Youth Group) for grades 9-12. An elected board of teenagers runs SYG with guidance from the advisor and clergy. SYG is also active in NFTY-CAR, and encourages members to participate in NFTY.

These groups provide children of all ages with incredible opportunities to build lasting friendships, develop a lifelong love for Jewish culture and tradition, and find their unique Jewish selves. Events include social, cultural, and religious opportunities. All events have a social action component as well. Youth groups empower our younger people to become leaders both at BJBE and in their communities.

*For more information, refer to the *Youth Engagement* section on page 17.

BJBE Stars for Business: Professional Development Group

*Mondays, September 12, 2016; December 5, 2016; February 6, 2017; May 8, 2017
Time and Location TBD*

You work hard, and you're good at what you do. Want to be even better? Learn how to be better in business and expand your network with BJBE Stars for Business, the temple's hub for professional growth and connections. We bring in expert speakers and involve everyone in activities designed to help you perform better in your professional life. With nearly 200 active members, every event is an opportunity to network, meet new people, and share your business story—and every event is FREE to all BJBE members. Plus, the BJBE Stars for Business directory is the first resource for finding other BJBE members with whom to do business. Whether you're a business owner or a hard-working employee, a retiree or in transition, BJBE Stars for Business can help you gain new strengths, meet new connections, and be better at whatever you do.

CONTACTS: Dave Kaufman

dave@dkworldwide.com

Jeff Segal

jeff@messagetherapist.net

Ira Singer

ira@mosaicconstruction.net

Carpe Dream: A Lesson in Executing Your Vision

Monday, September 12, 2016, 7:30 p.m.

BJBE After Hours

BJBE After Hours is a social group for parents of school-age children and younger to connect on an adult level. Past events have included "Snacks in the Sukkah" celebrating Sukkot, and dinner and drinks at Boston Blackies. We could all use a night out, so leave the kids at home and join us!

CONTACTS: Beth Sattler

sattler.beth@yahoo.com

Maureen Wener

wenerm@yahoo.com

Celebration in the Sukkah

Saturday, October 15, 2016, 7:30-10:00 p.m.

Join your *After Hours* friends for a celebration in the Sukkah.

Post-Carpool Club

The BJBE Post Carpool Club, also known as PCP, is a group of fun-loving empty nesters. We enjoy a variety of activities together including speakers, theater, Shabbat dinners, and outings as a community of BJBE friends. Ideas for future programs always welcome!

CONTACT: Carol Berger
ponderer4552@sbcglobal.net

The Joys of Yiddish

Sunday, November 20, 2016, 4:30 p.m.

Love Yiddish? You won't want to miss this wonderful program featuring Yiddish songs performed by Cantor David Berger (KAM Isaiah Israel) as well as delightful Yiddish stories shared by our Rabbi Emeritus Mark Shapiro and his brother Ben Shapiro. Relive the beauty of the songs and stories of our heritage. Join us for a welcome reception followed by program and dinner. *There will be a cost associated with this program.*

The Divine Miss M!

Sunday, March 19, 2017, 4:30 p.m.

Join us as we learn about the life of Bette Midler, the dazzling, exciting, outrageous, shocking, and supremely talented performer. She has starred in movies, television, stage, and recordings for almost fifty years, winning every major award given in the performing arts. We welcome back one of our favorite presenters, *Hy Speck*, who has delighted us with his informative programs. Included in this new presentation are clips of her movies, television, and stage appearances. You will hear and see her sing and dance on Broadway, the Johnny Carson Show, and perform her Grammy and Oscar Award-winning record, "The Wind Beneath My Wings." Join us for a welcome reception followed by the program and dinner. *There will be a cost associated with this program.*

Brunch & a Movie

Sunday, June 25, 2017, 11:00 a.m.

We invite you to join us for a delicious brunch and a movie. Our own Dick Adler will facilitate the discussion. Movie choice to follow. Enjoy good food, a lively discussion, and community. *There will be a cost associated with this program.*

INTERFAITH PROGRAMMING

We recognize interfaith families to include Jews by choice, other-faith partners, and/or the extended other-faith family who love them. To stay current with interfaith programs, events, resources, and articles of interest, please visit our Interfaith Community page on the BJBE website. If you have any questions or want to get involved, contact: Kathy Leonard, kathyleonard2015@gmail.com.

Community Interfaith Thanksgiving Service

Sunday, November 20, 2016, 7:00 p.m.

Location TBD

The annual Interfaith Community Thanksgiving Observance is sponsored by the Southeast Lake County Interreligious Council. This service is a back-to-basics celebration of the holiday in which worship congregations throughout Deerfield and Highland Park, including members of BJBE's adult choir, are invited to join in prayer as a greater community.

CONTACT: Elaine Wexler
ewexler@bjbe.org

Festivals of Lights: The Common Roots of Hanukkah & Christmas

Sundays, December 4 & 11, 2016, 9:45-10:45 a.m.

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 5.

Understanding Islam: An Introduction to Basic Beliefs & Practices

Sunday, January 29, 2017, 9:45-10:45 a.m.

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 6.

Sisterhood Interfaith Program

Wednesday, February 22, 2017, 7:30 p.m.

*For more information, refer to *Kol Isha: BJBE Sisterhood* on page 56.

Passover & Easter: Two Stories of Redemption

Sunday, April 9, 2017, 9:45-10:45 a.m.

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 7.

ANNUAL EVENTS

Sisterhood Membership Event

Wednesday, September 22, 2016, 6:00 p.m.

We welcome our paid members to enjoy a wonderful dinner and program, "Estee Lauder: A Historical Portrayal" by Leslie Goddard PhD, scholar, and award-winning actress.

CONTACT: Susi Goldstein, Administration & Membership V.P.
sue@adglaw.com

Adult Bingo Night

Saturday, February 4, 2017, 6:30 p.m.

Join us for a fun Saturday night out at BJBE including dinner and Bingo.

CONTACT: Bonnie Koss
kossarms@comcast.net

Interfaith Program

Wednesday, February 22, 2017, 7:30 p.m.

This is an opportunity to heighten our awareness and expand our knowledge of the teachings, practices, and beliefs of other faiths in our society.

CONTACT: Leslie Outten
lho4art@aol.com

Fashion Show

Sunday, March 5, 2017, 2:00-5:00 p.m.

Join us for this new multigenerational Fashion Show Event.

CONTACTS: Marilyn Friedman
m.friedman@comcast.net

Kimberly Friedman
kimberlyfriedman@comcast.net

Games Galore

Wednesday, May 10, 2017, 5:30-9:30 p.m.

We promise you a delicious dinner, Mah Jongg, your favorite board and card games, raffles, and a silent auction, along with laughter and fun.

CONTACTS: Elaine Kupfer

KUP12@comcast.net

Midge Colman

midge2565@gmail.com

Lois Stiglitz

lostiglitz@att.net

Sharon Balfour

bal004@gmail.com

YES Fund Event

Sunday, May 21, 2017, 10:00-11:30 a.m.

This is our annual brunch to raise funds for the Women of Reform Judaism's YES Fund. This fund supports our youth, the education of our clergy and Jewish professionals, and worldwide special projects.

CONTACT: Carol Berger

ponderer4552@sbcglobal.net

Volunteer Thank You Event

June 2017, Time TBD

Join us as we show our appreciation to everyone who helped Sisterhood achieve its goals this year.

CONTACTS: Lois Perlman

lillo5@comcast.net

Marcia Resnick

mrjr@me.com

Resale

Drop Off: Saturday, August 5, 2017

Sale Dates: Sunday, August 6 and Monday, August 7, 2017

Clean out your closets and donate your housewares, knick-knacks, or whatever else you no longer want or need. We do not accept computers or large furniture. Children's toys and clothing are greatly appreciated.

CONTACT: Diane Sachs

tripmom22@aol.com

HOLIDAY EVENTS AND SHABBATOT

Hanukkah Boutique

Sunday, December 4, 2016, 9:00 a.m.-3:00 p.m.

You won't want to miss this opportunity for a one-stop shopping experience, just in time for Hanukkah. Find a variety of gifts as well as items for yourself in our room full of vendors, selected for the quality of their merchandise.

CONTACTS: Jennifer Kaiz

Jefner75@yahoo.com

Bonnie Litch

baselitch@aol.com

Women's Seder

Monday, April 3, 2017, 5:30 – 8:00 p.m.

Come join Sisterhood for a lovely and meaningful evening as we enjoy a Women's Seder and share a Passover meal. This event is for women as well as for girls of religious school age.

CONTACTS: Debby Dubow

debby.dubow@gmail.com

Judy Marcus

judy@memorylady.com

Oneg Shabbat Sponsorship

Sponsoring an Oneg Shabbat is a lovely way to celebrate a simcha, such as the birth of a child or grandchild, a wedding, a birthday or anniversary, a promotion, or to honor someone special.

CONTACT: Sharon Silver

sharonsilver@comcast.net

ONGOING EVENTS

Monthly Speakers and Programs

Wednesdays, November 14, 2016; January 11, February 8 and March 8, 2017, 7:30 p.m.

A variety of programs throughout the year include timely topics addressed by knowledgeable speakers as well as evenings set aside just for entertainment.

CONTACT: Gloria Marron, Program V.P.

gloria.r.marron@gmail.com

Afternoon Book Club

Tuesdays, September 27 and December 6, 2016; March 28, 2017, 12:00 p.m.

Read the book and then join in a lively review and discussion.

CONTACT: Teri Ruby

mcruteri@hotmail.com

Evening Book Club

Wednesdays, November 2, 2016; January 4 and March 1, 2017, 7:30 p.m.

If evenings are more convenient, here is an opportunity for you to read and discuss new titles.

CONTACTS: Hedda Schless
schless@comcast.net

Natalie Cohen
ncsc6@aol.com

SPECIAL EVENTS FOR FAMILIES AND SENIORS

80s-Plus Luncheon

Monday, October 26, 2016, 11:30 a.m.

Sisterhood organizes an annual event especially for senior members of BJB.E.

CONTACTS: Ethel Schmall Joan Schorr Janet Swig
hspiwak123@gmail.com joanschorr@gmail.com janetswig@aol.com

Board Games Bonanza

Sunday, February 26, 2017, 4:00-7:00 p.m.

An evening of unplugged family fun for families with kids of all ages.

CONTACTS: Carrie Cohan Marci Cohen
ckrivit@gmail.com marciscohen@yahoo.com

BJBE Kids Club – Messploration!

Sunday, April 9, 2017, 9:45-10:45 a.m.

Calling all children up to age 5. Grab an adult and join us to have fun and get messy!

CONTACTS: Jackie Berk Marni Cooper
pandjberk@comcast.net marnicooper@me.com

COMMUNITY IN-REACH AND VOLUNTEER OPPORTUNITIES

College Boxes

Sisterhood members send holiday greetings and gifts to young adults at college. Be sure to include your own college student in this project.

CONTACTS: Cheryl Kahn Shelley Wax
kahncm@gmail.com waxclan@aol.com

JUDAICA SHOP

Do your special shopping at Sisterhood's Judaica Shop, where you'll find a wonderful collection of religious items such as tallitot for B'nai Mitzvah students as well as jewelry and gift ideas for weddings and other occasions. Shop during the hours listed below or by appointment.

CONTACT: Lynne Kleiman
lynne.kleiman@sbcglobal.net

Winter Hours: Tuesdays & Wednesdays, 4:30-6:30 p.m.
(when JLC is in session)
Fridays after Shabbat Services
Sundays, 9:30-11:30 a.m.
(when JLC is in session)

Summer Hours: Wednesdays, 12:00-2:00 p.m.
Fridays after Shabbat Services

Sisterhood Executive Committee 2016-2017

President: Carol Berger

Co-Executive Vice Presidents: Molly Hershenhouse & Lara Kunz

Administration & Membership VP: Susi Goldstein

Fundraising VP: Dolly DeCaro

Program & Human Services VP: Gloria Marron

Religion & Education VP: Jackie Edelson

Past President's Council Chairs: Jennifer Cramer & Susan Jones

Secretary: Lynn Bernstein

Financial Secretary: Jennifer Kaiz

Treasurer: Bobbie Piell

Immediate Past President: Sherri Wolff

*For more information about Sisterhood, please contact Carol Berger, Sisterhood President, ponderer4552@sbcglobal.net or visit: www.bjbe.org and click on the Sisterhood tab.

Israel

I think that to be a Zionist is to be in love – passionately, irrationally, eternally, and to be in Love with Israel is to hear at once the voices of a child’s song, of our ancient past, and of the dangers of the present.

— *Rabbi Karyn D. Kedar*



YISRAEL V'IVRIT:
THE CENTER FOR ISRAEL
AND THE HEBREW LANGUAGE

ישראל ועברית

The Israel Center works to enhance the connection between BJBE members and the people, culture, and language of the Jewish state. If you would like to join in their work, contact Marla Goldberg at: auntiemar@msn.com.

ISRAEL EDUCATION

Who is a Jew? Israel's Unfinished Saga of Religion, Law, and Politics

Monday, September 12, 2016, 7:30 – 9:00 p.m.

*For more information, refer to *Haskalah: The Center for Adult Learning* on page 3.

ISRAEL TRIPS

Family Mission to Israel

December 2017

What a wonderful opportunity to build memories. Under the guidance of Rabbi Karyn and Ezra Kedar you will see Israel through not just your own eyes, but also through the eyes of your children and grandchildren. This trip is designed for first-time visitors to Israel as well as children. Special activities will be planned for the younger children when a particular visit is not appropriate.

CELEBRATING ISRAELI CULTURE

Chicago Festival of Israeli Cinema

Sunday, November 13, 2016, 6:00 p.m.

*For more information, refer to *The Center for Artistic Expression* on page 34.

Clergy

Rabbi Karyn D. Kedar

kkedar@bjbe.org

Cantor Jennifer L. Frost

jfrost@bjbe.org

Rabbi A. Brian Stoller

bstoller@bjbe.org

Cantor Rayna Green

rgreen@bjbe.org

Rabbi Emeritus

Rabbi Mark S. Shapiro

Cantor Emeritus

Cory B. Winter

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Chai School Principal

Kelly Goldberg

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Hebrew School Principal

Steven Sacks

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2016 - 2017

EXECUTIVE BOARD & COMMITTEES

Temple President. Gary Schaffel

Executive Vice Presidents Lisa Wilson
Tracy Friend

Vice President/Treasurer Ted Belinky

Vice Presidents Michael DiCocco
Marti Greenberg
Brian Tenner

Recording Secretary. Kim Gordon

Immediate Past President Bonnie Litch

Sisterhood President Carol Berger

Senior Youth Group President. . . Benjamin Bluman

Adult Education Andrew Abrams

Budget/Finance. Rich Goldberg

Building and Grounds. Beth Chaitman

Caring Community. Dale Busch
Ted Busch, off-board

Communications. Jennifer Schencker
Joe Goldstein, off-board

Constitution/Parliamentarian Dan Perlin

Education Maureen Miller

Financial Development. Jenn Dubinsky

Israel Marla Goldberg

Leadership Development. Barry Metzger

Membership Abby Agnew

Ritual Doris Schyman

Social Action. Susie Selbst
Alison Bloom, off-board



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